

Sport and Recreation Resources Listing

Provincial and Regional Sport Organizations

Find contact information for these organizations by doing an internet search.

1. Cruisers Sports
 - Competitive and recreational sport listings focused on wheelchair sports in the Peel Region.
2. ONPara:
 - Competitive and recreational sport listings focused on Ontario wheelchair sports.
3. Paralympian Search
 - PARALYMPIAN SEARCH is a one-day athlete identification event designed to test participant skill sets with various Paralympic sports.
4. ParaSport Ontario:
 - Competitive and recreational adapted sport listings in Ontario for people of different abilities.
5. Spinal Cord Injury Ontario - Ski and Snowboard Day – mid February – yearly basis
 - SCIO offers a yearly one-day introduction to snow sit skiing with the support of CADS Ontario and Track3.
6. Toronto Accessible Sports Council
 - To increase awareness and participation in sport and recreation within the disabled community of Toronto through partnerships of existing programs.

Other Recreation and Sport Organizations

1. Freedom's Wings Gliding – Inspirational Glider Flight
 - Introduction to gliding through inspirational glider flights and flight training.
2. Handcycling Club of Canada:
 - Provides handcycling information on membership, resources and buy/sell opportunities.
3. Waterski Wakeboard Ontario (WSWO) - Adaptive
 - Hosts and educates those interested in adaptive waterski clinics (all levels).

Contact your Recreation Therapist for more information.

Community

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4. Easter Seals Canada – Access 2 Entertainment Card
 - For individuals with permanent disabilities who would benefit from a support persons' assistance when attending participating theatre/attraction venues throughout Canada. This card grants the support persons free or discounted admission.
5. Easter Seals Canada – Disability Travel Card
 - For individuals with permanent disabilities who would benefit from a support persons' assistance when travelling in Canada by VIA Rail Canada or Coach Canada. This card grants the support persons a discounted fee.
6. Ontario Accessible Trails
 - Wheelchair accessible trail listing in Ontario.
7. Parks Canada – Accessible Activities
 - Wheelchair accessible national parks and historic sites in Canada.
8. Parks Canada - Accessible Camping
 - Wheelchair accessible camping listing in Canada.
9. Parks Canada - Accessible Trails
 - Wheelchair accessible trail listing in Canada.

This is not a full list of organizations or vendors. UHN does not recommend one organization over another and is not responsible for the care and services provided. Contact organizations directly to make sure the information is correct or to find out more about their services.

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