# INDEPENDENCE AT HOME COMMUNITY OUTREACH TEAM

# CLINICIAN FACT SHEET

# WHO WE ARE

The Independence at Home Community Outreach Team consists of a Nurse, Social Worker, Pharmacist, Home and Community Care Support Services Coordinator, Geriatrician, and Geriatric Psychiatrist.

Other professionals may be accessed as is required through our partnering organizations or the Home and Community Care Support Services.

We always work in partnership with your patient's primary care team and circle of care.

# WHAT WE DO FOR YOUR PATIENT

Assess and provide individualized care for older adults which may include:



#### OUTPATIENT & INPATIENT REHABILITATION OPTIONS

Link with the right in-home, outpatient or inpatient rehabilitation options (i.e. community exercise programs, Geriatric Day Hospital).



#### HOME & COMMUNITY SUPPORT SERVICES

Link with the best mix of home care and community support services and activities to stay independent (i.e. call companions, extreme cleaning).

# C.

#### GERIATRIC SERVICES

Provide or refer your patient to a range of specialized geriatric services (i.e. geriatrician consultation, mental health resources, Advanced Care Planning).



#### CARE NAVIGATION AND CAREGIVER SUPPORT

Assist your patient with care navigation and provide caregiver support (maximizing financial entitlements, spousal bereavement).



# HealthLink



## Sinai Health System

HEALTHY AGEING AND GERIATRICS



# WHO WE SERVE

Older adults residing in the community who are 65 years of age and older and:

- Have experienced a recent functional decline and have potential to regain function.
- Would benefit from increased supports at home or in the community to remain independent.
- Find it difficult to go outside and would benefit from specialized short term geriatric care in the home.
- Reside in our Service Area: South of St. Clair Ave., West of the Don River, and East of Keele St./Parkside Dr. (See Map for Details).
- Do not live in a long-term care home.

### HOW YOU CAN REFER TO US:

Please fax a completed Referral Form indicating the IAH Service and supporting documents to:



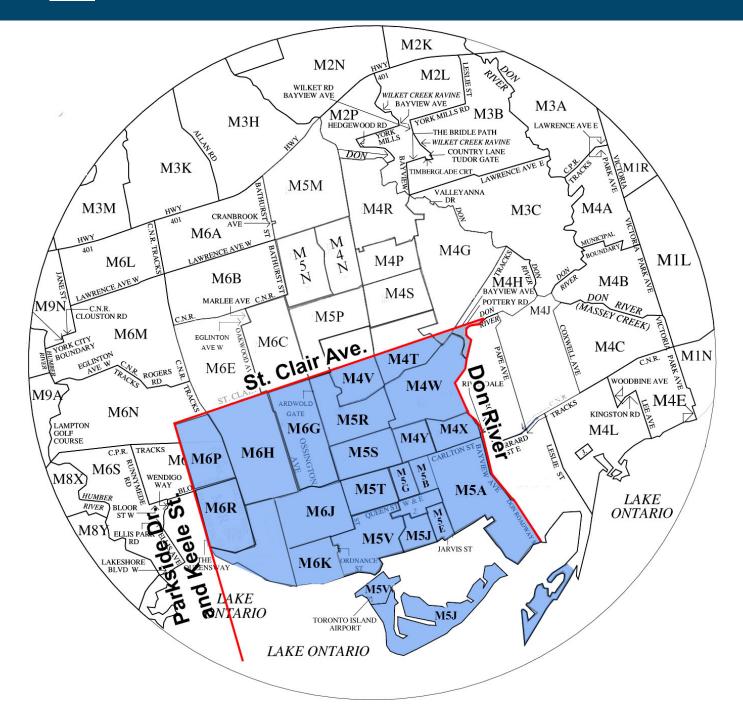
Referral Form can be accessed at: http://www.uhn.ca/TorontoRehab/ PatientsFamilies/Clinics Tests/Home Community\_Outreach Team

Questions/Inquiries Always Welcome by Calling Us at:

P: 416-597-3422 x 3830



HOME AND COMMUNITY CARE SUPPORT SERVICES Toronto Central INDEPENDENCE AT HOME COMMUNITY OUTREACH TEAM CATCHMENT AREA:











Circle of Care Sinai Health System

HOME AND COMMUNITY CARE SUPPORT SERVICES Toronto Central