



Toronto
Rehab

Everything Humanly Possible

Complex Injury Outpatient Rehab

Integrated, evidence-based rehab that supports
a timely return to home, life, work or school

Toronto Rehabilitation Institute

At Toronto Rehab, our goal is to advance rehabilitation and enhance quality of life by pushing the frontiers of rehabilitation science. As a fully accredited facility, affiliated and specialized teaching and research hospital of the University of Toronto, we do everything humanly possible to generate new knowledge, put it into practice and share our discoveries with others.

As Canada's largest academic hospital specializing in adult rehabilitation, complex continuing care and long-term care, our focus is to help those who experience disabling injury or illness to rebuild their lives. We also strive to advance the practice of rehabilitation science through research, education and knowledge sharing.

Our developing iDAPT facility in the heart of downtown Toronto will be the most advanced rehabilitation research facility of its kind in the world bringing together the brightest research minds and state-of-the-art technology to improve the lives of individuals living with disabling injury and illness and age-related conditions.



Complex Injury Outpatient Rehab

On the leading edge of complex injury management

When your clients have serious injuries, early intervention by the right highly skilled health care professionals can make all the difference in the world to their overall recovery and quality of life.

Toronto Rehab's Complex Injury Outpatient Rehab service has everything you're looking for to help your clients quickly return to active, independent living at home, work or school:

- a collaborative interprofessional team of rehabilitation professionals who excel in the timely assessment, treatment and follow-up care for people with complex injuries and illness
- ongoing access to the latest developments in rehabilitation science
- evidence-based, outcome-focused services tailored to your clients' care needs.

Whether your clients have experienced serious injuries or illness as the result of a motor vehicle accident, work-related injury or stroke, we can help with the optimal balance of on-site treatment and community re-integration.

Complex Injury Outpatient Rehab.

Timely, cost-effective, evidence-based, outcome-focused rehab that generates results.

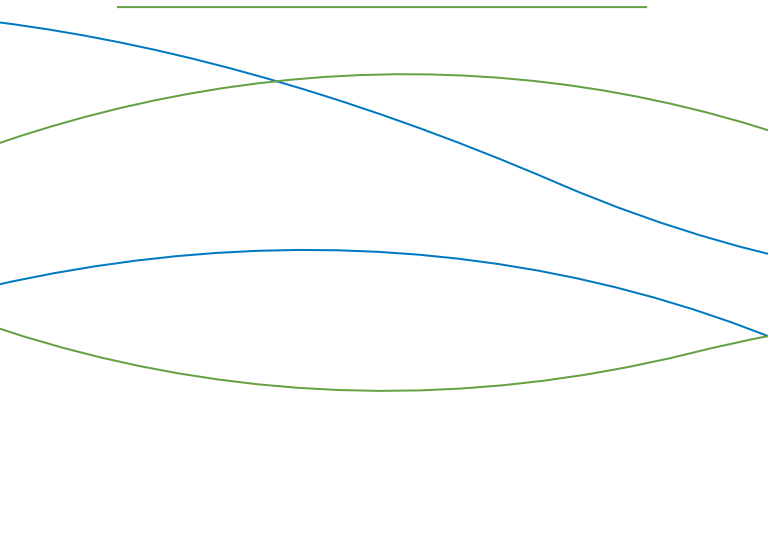


Who our services benefit

We provide timely assessment, treatment and follow-up for adults who are recovering from serious injuries or illness including:

- Moderate to severe acquired brain injuries
 - Multiple fractures
 - Multiple system injuries
 - Stroke
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Your clients may be referred from:

- Toronto Rehab's inpatient Neuro Rehabilitation Program
 - Toronto Rehab's inpatient Musculoskeletal Rehabilitation Program
 - an inpatient acute care hospital unit
 - another rehabilitation hospital
 - the community (if they have prolonged goals related to independence, meaningful daily activity or return to work or school)
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What our services offer

- Comprehensive interprofessional assessments
 - Diagnosis and treatment
 - Attendant care needs
 - Activities of daily living
 - Ergonomic assessments
 - Functional capacity evaluation
 - Job site analysis
- Customized, goal-oriented treatment plans
- Integrated, evidence-based, outcome-focused rehabilitation by an interprofessional team
- Individual and/or group programs onsite or in the community
- Interprofessional team meetings with clients and families which may include case managers, lawyers and/or insurers
- Client and care-giver support and education
- Vocational intervention
- Return to work and school coordination
- Outreach services for clients with brain injuries living outside the GTA
- Timely, comprehensive communication to all stakeholders

Working closely with families, employers, educators and professionals, we help your clients regain the confidence and ability to quickly and safely return to active living.



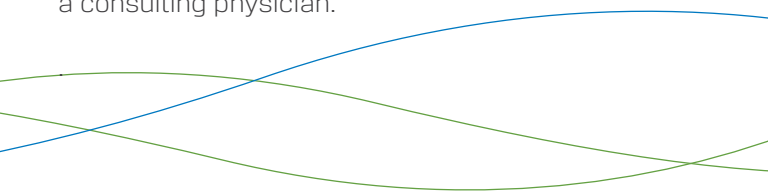
Proven expertise in neurological and musculoskeletal rehabilitation

Our progressive approach to complex injury management is based on years of experience immersed in an environment dedicated to advancing patient care, education and research in rehabilitation science.

Our interprofessional team of regulated and other health care professionals with proven expertise in neurological and musculoskeletal rehabilitation includes:

- Neuropsychologists
- Nurses
- Occupational therapists
- Physiatrists
- Physicians
- Physiotherapists
- Psychologists
- Rehabilitation therapists
- Social workers
- Speech language pathologists
- Massage therapists

Located within Toronto Rehab, and affiliated with the University of Toronto, we access and use the expertise of other specialists as needed. All services and therapies are delivered under the supervision of a consulting physician.



The right rehab choice for your clients

- **Timely access** to comprehensive assessment and treatment
- **Faster return** to home life, work or school
- Convenient, **one-stop service** in one of two Toronto locations
- **Customized** treatment plans
- Cost effective, **evidence-based** care applying leading best practices
- **Integrated, coordinated** care in both outpatient and community-based settings
- The collaborative support of a **highly skilled interprofessional team** of rehabilitation professionals
- **Long track record** for clinical excellence in adult rehabilitation
- Ongoing **access to the latest research** and advancements in rehabilitation science
- **Access to specialty clinics** including Physiatry, EMG and Spasticity Clinics



Convenient, one-stop service

We coordinate our services around the needs of your clients. The onsite component of each customized treatment plan is delivered in one of two convenient Toronto locations so that your clients need only visit one location for all their therapy and treatment needs:

Toronto Rehab – University Centre
(downtown Toronto)

For individuals with acquired brain injuries
or stroke

Toronto Rehab – Hillcrest Centre
(near Casa Loma)

For individuals with multiple fractures or
multiple system injuries





The right program.

The right place.

The desired results.

A referral to Complex Injury Outpatient Rehab means your client will have timely access to:

- Neurological and musculoskeletal rehab expertise
- A customized treatment plan based on the latest advancements in rehabilitation sciences
- Intensive, evidence-based care that applies leading best practices to achieve the best possible health outcomes
- Integrated, coordinated care by an experienced interprofessional team that offers the optimal balance of treatment and community re-integration to help your clients quickly return to active, independent living
- Cost-effective rehabilitation that generates results

Achieving client and family satisfaction (with our services) is a top priority.

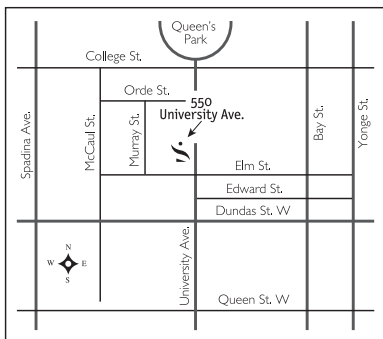
To make a referral

To make a referral to Toronto Rehab's Complex Injury Outpatient service, please contact complexinjury@torontorehab.on.ca or download a referral form at www.torontorehab.com and fax it to 416-597-7164.

For more information about Complex Injury Outpatient Rehab, please contact the Referral Coordinator at 416-597-3422, ext. 3486.

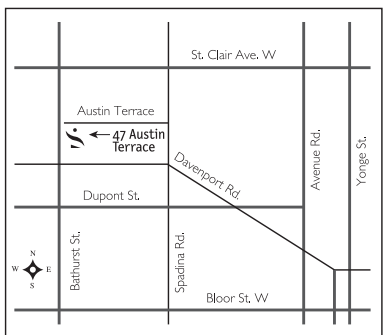
Complex Injury Outpatient Rehab - Neuro Toronto Rehab – University Centre

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Complex Injury Outpatient Rehab - MSK Toronto Rehab – Hillcrest Centre

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