

Young

# LEADERS



# About the Program

The Young Leaders in Cancer Program provides a structured opportunity for professionals specializing in cancer care to come together to explore important topics in leadership, networking and building capacity within our communities to lead. Princess Margaret Cancer Centre is dedicated to fostering the next generation of Leaders in Cancer Care. The program is nomination-based and is open to those:

- In formal leadership roles, and to those in informal leadership roles responsible for leading significant projects
- Who are staff at Princess Margaret
- Are 40 and under

Members do not have to graduate the program once they are 40 years old. Members elect to graduate when they feel they are ready.



## Young Leaders Coffee Breaks

To better suit the busy schedules of members of the Young Leaders, the breakfast schedule will now alternate between breakfast and afternoon coffee breaks. Please see the schedule below. Updated calendar invites will be sent soon.

- February 20, 2:00 pm - 3:00 pm
- March 13, 2:00 pm - 3:00 pm
- April 16, 2:00 pm - 3:00 pm
- May 21, 8:00 am - 9:00 am

All sessions are held in the OPG 7th Floor Hive (Café Area).



# Leadership Advancement Opportunities

Many formal leadership training opportunities are available both through UHN and external organizations. To help you determine which opportunities may be most beneficial to you, the Young Leaders Advisory Committee has cultivated a list of top leadership training opportunities including reviews from members who have completed these programs. In each newsletter, a new program will be highlighted.

If you have completed leadership training that you would like to share with other members of Young Leaders, please contact Sarah Storer, [Sarah.Storer@uhnresearch.ca](mailto:Sarah.Storer@uhnresearch.ca).

# Harvard Medical School - Career Advancement and Leadership Skills for Women in Healthcare

<https://womensleadership.hmscme.com>

**\$995 USD**

+ \$245 USD (optional advanced workshop)



**Laura Mitchell**

RN, MN, CON(C)

Clinical Nurse Specialist,  
Adolescent and Young Adult  
(AYA) Program

Adjunct Lecturer, University  
of Toronto

In November I was fortunate enough to have the opportunity to visit Harvard University and attend a three-day course titled "Career Advancement and Leadership Skills for Women in Healthcare". As with many other young leaders, I have taken on leadership responsibilities without any formal leadership training outside of my Master's program. In my case, my leadership role is with the implementation of our Adolescent and Young Adult Program.

Since becoming involved in the Young Leaders Program at Princess Margaret, I have felt inspired to attend intensive courses to further develop leadership skills and to learn how to navigate through some of the challenges we face in leadership roles. This three-day course at Harvard was attended by close to 1,000 women from around the world. The attendees were primarily physicians in their first few years of practice, but I did meet a variety of professionals from nursing, law and health care administration. Many topics were covered during the course including: leadership style and skills, strategic planning, communication, negotiation, leading people and fiscal responsibility. Since I have had the opportunity to attend many of the workshops offered through the Young Leaders Program, and have identified excellent mentors in our hospital community, I actually had a strong foundation in topics such as leadership style, effective communication and strategic planning. This permitted me to focus on the lectures and workshops related to negotiation, fiscal responsibility and performance outcomes.

The course was definitely an information-packed three days where I left feeling inspired by the accomplishments of others and motivated to expand the work currently being done in the Adolescent and Young Adult Program. If you are a young female leader at Princess Margaret, I highly recommend attending this course, especially if you are in the field of medicine. Not only for the lectures and workshops, but for the networking opportunities; as there are many other young women navigating through career advancement and women with extensive experience in health care leadership roles willing to provide mentorship and guidance.

## PROGRAM HIGHLIGHT

# Collaborative Change Leadership

<http://collaborativechangeleadership.ca>

\$5,000 CDN



**Nazek Abdelmutti**

MSc

Manager, Cancer Strategy  
Stewardship, Princess  
Margaret Cancer Centre

The Collaborative Change Leadership (CCL) Program offers a unique opportunity for leaders looking to harness their ability to lead health system transformation and enable social accountability. The structure and curriculum developed by the faculty were carefully designed to reorient our thinking in how we approach complex environments and potentially challenging change. I found CCL to have an effective mix of exploring relevant theories and frameworks, while allowing ample opportunities for self-reflection, knowledge application and engaging discussions. The one-on-one and group-based coaching by the faculty was immensely enriching and a key distinguishing factor of the program. CCL has had a lasting impact on my leadership journey and has fundamentally shifted how I approach emerging change, strengthened my ability to thrive amidst uncertainty, and deepened my understanding of the true meaning of collaborative change.

# NEAL

New and Evolving Academic Leaders

<https://cfp.utoronto.ca/neal>

\$12,000 CDN

The NEAL program was a unique opportunity to develop a greater understanding of how one's personal style impacts them as a leader and how to become a more effective leader through collaboration. The three modules were packed with outstanding lectures and interactive educational activities. There was a vibrant energy in the room each day and my fellow participants each brought unique perspectives. This was a truly safe environment to wrestle with complex leadership topics such as negotiation and difficult conversations. Drs. Lief and Creede are tremendous mentors and created an outstanding educational program and also an alumni support network of emerging leaders. I highly recommend this program.



**Meredith Giuliani**

MBBS, Med, FRCPC

Medical Director, Cancer Education, Princess Margaret Cancer Centre

Director, Undergraduate Medical Education, UTDRO

Associate Director, Postgraduate Medical Education, UTDRO

Radiation Oncologist, Princess Margaret Cancer Centre



# Upcoming Events



INTENSIVE SESSION #2

## Networking

This workshop will focus on the role of networking in a leadership context. This interactive session is based on a highly regarded session within the New and Emerging Academic Leaders (NEAL) program.

### DATE & TIME:

March 25th 2019, 4:30pm - 6 pm

### PRESENTER:

Dr. Susan Lieff, Professor and the Vice-Chair, Education in the Dept of Psychiatry at the University of Toronto (UT). She is currently the Director of the New and Emerging Academic Leaders Program

### LOCATION:

TGH, ELLICSR Centre

## Register in Cancer Campus

1. Go to: <https://pmcancercampus.ca>
2. Login with your email address and password
3. Access **Young Leaders Program 2018** > **Events Registration**



Contact Abel Cheng if you have any login issues: [Abel.Cheng@uhnresearch.ca](mailto:Abel.Cheng@uhnresearch.ca)



ADDITIONAL TRAINING

## Healthcare Philanthropy 20/20 – Advancement Resources

This 2.5 hour workshop is for healthcare professionals who are part of a department, team, or unit. Participants experience this workshop as a team, together exploring the concepts of meaningful philanthropy and how to appropriately and effectively engage patients and family members. The workshop also provides an understanding of donor motivation and the importance of accepting patient/family member gratitude and addresses ethical issues.

**DATE & TIME:**

February 26th, 2019, 7:30am - 10:00am

**PRESENTER:**

Ben Golding, President and Chief Operating Officer, Advancement Resources

**LOCATION:**

TGH, ELLICSR Centre

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**Events Registration**



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ADDITIONAL TRAINING

## Presentation Skills Workshop

Developing a presentation is a deeply personal matter. We've all found ways to prepare that work for us. Presentations Skills provides a practical learning experience that allows you to confirm what's working for you today and identify where and how to make improvements. You will be challenged, stimulated and supported.

### DATE & TIME:

April 24th 2019, 8:30am - 5:00pm

### PRESENTER:

Jill Hooper, President, Jill Hooper Consulting

### LOCATION:

TGH, ELLICSR Centre

**Seats limited to 8 per workshop.**

This session will be offered once every quarter.

“ Jill Hooper’s presentation skills workshop was one of the best, if not the best, workshop that I have ever attended. It has helped me rethink how to deliver presentations. I would strongly recommend that the YL program recruit her back to provide more workshops

“ [Jill’s] session is the best course I have had the opportunity to attend at UHN!

“ Best use of time at a course/conference in a long time

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ADDITIONAL TRAINING

## Insights to Discovery™

Insights to Discovery™ is a session that allows you to explore your personal leadership style. In this session you will:

1. Review your personal profile regarding effective communication and barriers to effective communication
2. Understand the communication process and the barriers to effective communication
3. Practice active listening and reflection skills

### DATE & TIME:

May 23rd, 2019, 4:30pm - 6:30pm

### PRESENTER:

Dr. Barbara-Ann Millar, MBChB, MRCP, FRCR, FRCPC

### LOCATION:

TGH, ELLICSR Centre

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## Young Leaders Collection in the Princess Margaret Cancer Centre Medical Library

Since the program started two years ago, several leaders and peers have recommended books that have had an impact on their leadership development. A collection of these books is now available to members of the Young Leaders program in the PM medical Library.

**Location:** Princess Margaret Cancer Centre, 5th floor

### Available titles include:

[Leadership from Within](#)

PETER URS BENDER

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[Just Listen: Discover the Secret to Getting Through to Absolutely Anyone](#)

MARK GOULSTON

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[No One Understands You and What to Do About It](#)

HEIDI GRANT-HALVORSON

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[Change your Questions, Change your Life](#)

MARILEE ADAMS

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[Multipliers – How the Best Leaders Make Everyone Smarter](#)

LIZ WISEMAN

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## The Speed of Trust

STEPHEN M R COVEY

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## Dealing with People you Can't Stand

RICK KIRSCHNER, RICK BRINKMAN

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## Building the Bridge as You Walk On It: A Guide for Leading Change

ROBERT E QUINN

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## Finding the Space to Lead: A Practice Guide to Mindful Leadership

JANICE MARTURANO

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## Getting to Yes

ROBERT FISHER, WILLIAM URY

If you have a book you would like to be considered for addition to the Young Leaders Collection, contact Sarah Storer, Cancer Education, [Sarah.Storer@uhnresearch.ca](mailto:Sarah.Storer@uhnresearch.ca).



## Welcome Katherine Karakasis to the Young Leaders Advisory Committee

The Young Leaders Advisory Committee steers the program on behalf of members. If you have ideas, questions or concerns, contact any member of the Advisory. Interested in joining the Advisory, contact Tina Papadakos, [Tina.Papadakos@uhnresearch.ca](mailto:Tina.Papadakos@uhnresearch.ca).

The program welcomes Katherine Karakasis to the Advisory Committee. The full advisory committee membership can be viewed at [https://www.uhn.ca/PrincessMargaret/Education/Cancer\\_Campus/Young\\_Leaders/Pages/advisory.aspx](https://www.uhn.ca/PrincessMargaret/Education/Cancer_Campus/Young_Leaders/Pages/advisory.aspx)



**Katherine Karakasis** MSc

Manager, Research Program Development & Administration for Amit Oza, University Health Network

