

Prepare for your stay in hospital (Unit 14B)

Welcome to Unit 14B. Read below to know what to expect while staying in hospital, and how you can prepare. Speak to your nurse, unit clerk or transplant coordinator if you have any questions.

What can I expect while staying in hospital?

- Visiting hours are flexible, but visitors are not allowed to stay overnight. Speak with your nurse for details.
- Children under the age of 9 are not allowed on the unit in order to help prevent and control infections.
- All patient rooms are private and include bathrooms.
- Visitors are not allowed to use patient bathrooms. This helps protect patients from infections. Visitor bathrooms can be found on the 14th Floor near the front elevators.
- Due to hospital safety and fire code, patients can have no more than 2 visitors per room at a time. There is a patient and visitor lounge on 14B for all patients and visitors to enjoy.
- Fresh flowers and potted plants are not allowed on the unit because they can spread bacterial infections. Tell visitors not to bring you flowers or potted plants.
- To protect your privacy and confidentiality, no patient details are given out over the phone.

What should I bring with me?

- Bring your own toiletries (e.g. toothbrush, toothpaste, shampoo, conditioner). The hospital does not provide toiletries. There is only a small amount of space for toiletries so do not bring many.
- Bring your own non-slip footwear so that you can walk around the Unit (e.g. slippers, shoes). Doing physical activity is very important. You are encouraged to walk around the Unit every day.
- You may bring pillows and blankets from home, if you wish.
- You may bring food from home. Speak to a staff member at the nursing station before bringing food into your room.
- You may bring personal electronics (e.g. laptop, cellphone, e-reader, etc.). Note that hospital staff are not responsible for lost or stolen items.
- If you have a CPAP machine (pumps air to help you sleep), bring it with you. When you begin your stay, hospital staff will need to check the machine before it is used. This is done for fire safety reasons.
- Electronic devices (e.g. coffee makers, TV, mini-fridges etc.) are not allowed in patient rooms due to fire safety, and to control the spread of infection.

What support and services can I get?

- You can get free support from many programs at the Princess Margaret: Social Work, Spiritual Care, Physiotherapy, Occupational Therapy, Nutrition, Relaxation and Music Therapy, as needed. Ask your nurse, unit clerk or patient coordinator for details.
- You have access to free Wi-Fi.
- You can access TV and phone services in all patient rooms. These are paid services supplied by an outside provider. You must buy these services over the phone from the patient room if you want them. You can get support for these services on Monday, Wednesday and Friday between 11 a.m. and 1 p.m. Speak to the unit clerk for more details.