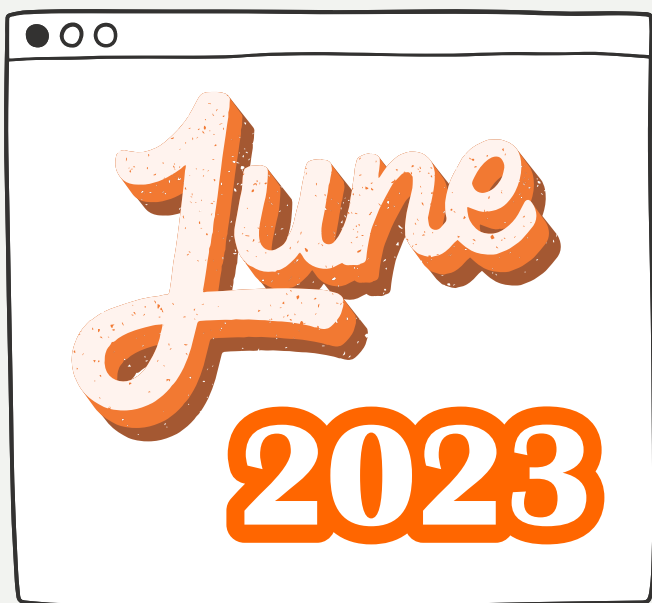




AYA Newsletter



JUNE

2023

WEDNESDAY 7

CANCER & FERTILITY UNFILTERED



THURSDAY 15

AYA ART THERAPY



THURSDAY 15

AYA VIRTUAL YOGA



THURSDAY 22

AYA VIRTUAL MEET-UP



Cancer & Fertility: Unfiltered

Hosted by Mount Sinai Fertility, Princess Margaret Cancer Centre's Adolescent and Young Adult and Psychosocial Oncology programs

[Enrollment is required via aya@uhn.ca](mailto:aya@uhn.ca)



- A virtual event for individuals (all age/sexual orientation/gender identity) who have questions regarding impact of cancer treatment on FERTILITY
- An open question and answer forum mediated by panel of health care professionals

JUNE 7TH 6-7:30PM



UHN Princess Margaret Cancer Centre



Sinai Health

AYA Book Club Read

July

Verity By Colleen Hoover



**second-chance
romance**

comedy

self-growth

Book Club Save The Date: July 13th 6–7pm



A Y A

Y O G A

VIRTUAL SESSIONS

June 15 12:30-1pm
Virtual Recorded
Session



ENJOY YOGA IN THE COMFORT OF YOUR HOME

INTERESTED? EMAIL US AT

aya@uhn.ca





ACROSS THE WIRES

Virtual Podcast Club

Weekly from May 11 – June 15
4:30 – 6:00 p.m.
via Zoom

Pink Pearl Canada's Across The Wires Podcast Club is a time for us to connect, reflect, grow and support each other – as individuals and as a community. In the comfort of your own home, join us to chat about podcasts on different topics that give you pause and push reflection on your experience as a young person with a cancer experience. Think of this like a virtual book club, where you have the opportunity to listen to some great podcasts.

Weekly from May 11 – June 15 from 4:30 – 6:00 p.m. via Zoom
RSVP to programs@pinkpearlcanada.org by May 8

Sessions are open to self-identifying young women ages 18-40 who have an experience of any type of cancer diagnosis, at any stage and at any point in treatment/post-treatment.

Share your experience. Become a Peer Navigator.

Are you a young lymphoma, sarcoma, breast or testicular cancer survivor?

We are looking for 18-44 year old cancer survivors to join a study on peer navigation and help other young Canadians navigate their cancer journey.



CONTACT BOJANA.PETROVIC@UHN.CA FOR MORE
INFO AND TO APPLY.

Scan the QR code below to email.



Want to be a **Queer cancer change-maker?**

We are looking for 2SLGBTQIA+ patients and caregivers at the Princess Margaret to provide feedback which will shape our Sexual and Gender Diversity in Cancer Program (SGDc).

We would like to discuss some questions about your thoughts, experiences, and preferences in receiving care at the Princess Margaret. We want to hear from 2SLGBTQIA+ patients and caregivers, to better understand what the best support and services would be.

What is involved:

- Participate in a one hour discussion
- Complete a 15 minute electronic survey

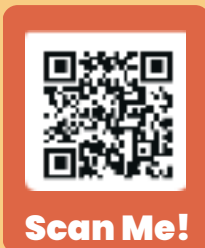


Your valuable input will have an impact on changing cancer care

**If you are interested,
please contact us for
more information at:**

Phone: (416)-946-4501

Email: x4728 SGDc@uhn.ca



\$10 Tim Hortons Gift Card provided to all who participate

All participants will be entered into a draw for a \$100 Amazon gift card



Check us out on twitter and
instagram @PMChosenFamily



@PMChosenFamily
Sexual and Gender Diversity in Cancer Care

YACC

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CA



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WATERLOO | MAY 12TH AT 5:30 P.M.

Starbucks | 590 Weber Street, Waterloo

BOWMANVILLE | MAY 24TH AT 4:30 P.M.

Starbucks | 2348 Highway 2, Bowmanville

HALIFAX | MAY 24TH AT 4:30 P.M.

The Garden | 1446 Queen Street, Halifax

SO
CIA
LS



Local Socials are a time for you to meet other self-identifying young women facing any type of cancer and simply chat, ask questions and learn from each other. Hosted by our Ambassadors, this program is designed for participants to feel supported during any moment of your journey.

Next AYA Meet-Up

Join us every 4th
Thursday of the
month to chat and
connect with
other AYAs!

June 22 @6pm

Want To
Register?



aya@uhn.ca

Check Out Our
Social Media Pages



[@ayaprogram](https://www.instagram.com/ayaprogram)



[@ayaprogram](https://twitter.com/ayaprogram)



[ayaprogram](https://www.facebook.com/ayaprogram)

Please email aya@uhn.ca
for registration and to
receive the Meeting Link
for MSTeams!

IMPORTANT NOTE:
MS Teams link will be
sent out a few days prior
to the meet-up