

1. Log in to the myUHN patient portal.



2. Select the 'Menu' button at the top of the screen.

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😝 Menu 🔁 Visits 🖾 Messages 🎯 To Do 🏽 View Care Team	Nahid -
Welcome!	
✓ 1 task left for today	
Completed 1 questionnaire task	Viewtasks
Stay up to date on your COVID-19 status with test results and more.	View status
	Dismiss
I After Visit Summary	
Mon 月 TG-Transplant Lung Clinic	
Oct R with Nurse Nurse T	View summary
1 past task to review.	View past tasks
You can access your records from all your healthcare organizations. Organizations where you receive care may have been recently added. To link accounts, try searching for clinics or hospitals you have visited.	
	Learn more
	Dismiss

3. Scroll down the menu and select the '**Patient Education**' button. It should be located under the '**Resources**' section.

Menu		MyCharl	
Q Search the menu			
T Insurance Summary	🔒 its 🖾 Messages 🧭 To Do 🛞 View Care Team	Nahid 🗸	
🔂 Referrals			
Sharing			
🔁 Sharing Hub	oday		
🚑 Request Proxy Access	2 1 questionnaire task		
😵 Share Everywhere		View tasks	
ℓ Link My Accounts	- Card		
Resources	n your COVID-19 status with test results and more.	View status	
Search Medical Library		Dismiss	
Research Studies		Distilliss	
Patient Education	Imary		
Account Settings			
2 Personal Information	isplant Lung Clinic		
Security Settings	rse Nurse T	View summary	
🞸 Personalize			
🚖 Change Your Shortcuts	iew.	View past tasks	
📮 Linked Apps and Devices			
Communication Preferences	our records from all your healthcare organizations. Organizations where you receive care may have been recently added.		
Other Preferences	try searching for clinics of hospitals you have visited.		
Back to the Home Page		Learn more	
		Dismiss	

4. Under 'Lung Transplant Resource Library', select the 'Open Education' button.

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5. You are now able to view each page in the patient education library. Select on a page to view it.

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Menu 🗔 Visits 🖾 Messages 🎯 To Do 🛞 View Care Team	N Nahid -
Back to all education Lung Transplant Resource Library Elitrary Elitrary D of 82 pages O of 82 pages reviewed	
Video Library Spages	
Health Complications Following Transplantation	>
Infection after Transplantation	>
Lifestyle Adaptations for Transplant Patients	>
Rejection Following Transplantation	>
COPD: Exercises for Easier Breathing	>
 Getting the Call to Come for Transplant Spages 	
Physiotherapy: Outpatient Exercise Videos 8 pages	
The Lung Transplant Surgery 1 page	
✓ The Hospital Stay After Transplant 8 pages	
✓ The Spirometer Spages	
Physiotherapy: Guide to Exercising After Your Transplant	

6. Once you have finished reading a page, select the '**Next page**' button to go to the next page. Select the '**Previous page**' button to go back a page. Select the '**Back to the home page**' button if you would like to exit the patient education library and return to the myUHN home page.

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Lifestyle Adaptations for Transplant Patients		
Watch Watch this video to learn about potential lifestyle changes you will need to make as a transplant patient		
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