# **Readings about Tourette Syndrome & Related Disorders:**

## **Tourette Syndrome:**

- 1. "A Mind of Its Own" (Tourette Syndrome: A Story and a Guide). Ruth Bruun and Betel Bruun, Oxford University Press, New York, 1994).
- "Children with Tourette Syndrome: A parent's Guide". Tracy Haerle (ed). (A practical manual for parents).
- 3. "Hi! I'm Adam"/ "Adam and the Magic Marble" (set of two). Adam Buehrens, Hope Press. Duarte, 1991.

### **ADHD:**

- 4. "Driven to Distraction". (Recognizing and Coping with Attention-Deficit Disorder from Childhood to Adulthood). Edward Hallowell and John J. Ratey, Patheon Book, New York, 1994.
- 5. "Teaching the Tiger". Marilyn P. Dornbush and Sheryl K. Pruitt.

### OCD:

- 6. "Brain Lock". Jeffrey Schwartz. New York: Harper Collins. 1996. (Behavioural intervention for OCD; self-administered).
- 7. "Freeing Your Child from Obsessive Compulsive Disorder". Tamar Chansky, New York: Three Rivers Press, 2000. (How parents help their child with OCD symptoms).
- 8. "A Boy Who Couldn't Stop Washing" (The Experience and treatment of obsessive-compulsive disorder). Judy L. Rapoport. Plume Book/Penguin Book, 1990.

#### Other:

- 9. "The Explosive Child" (Understanding and dealing with rage and aggressive behaviour). Ross W. Greene. Harper Collins, New York, 1998.
- 10. "Understanding Tourette Syndrome A Handbook for Educators", published by the Tourette Syndrome Foundation of Canada; available at <a href="http://www.Tourette.ca">http://www.Tourette.ca</a>
- 11. Parentbooks Bookstore, Address: 201 Harbord Street, Toronto. ON. M5S 1H6, Tel. 416-537-8334 or <a href="http://www.parentbooks.ca/">http://www.parentbooks.ca/</a>