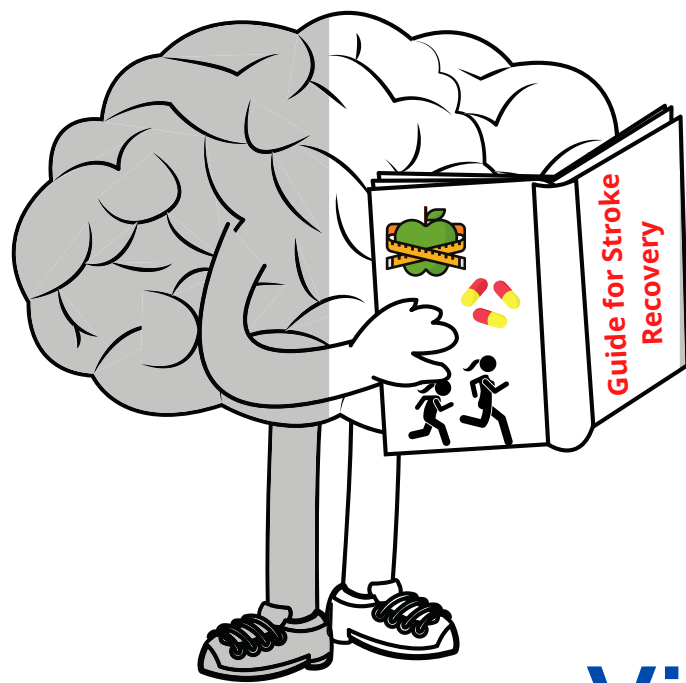


# Secondary Stroke Prevention

The following resources are available to help with your health and recovery.



## Monthly Risk Factor Education Classes

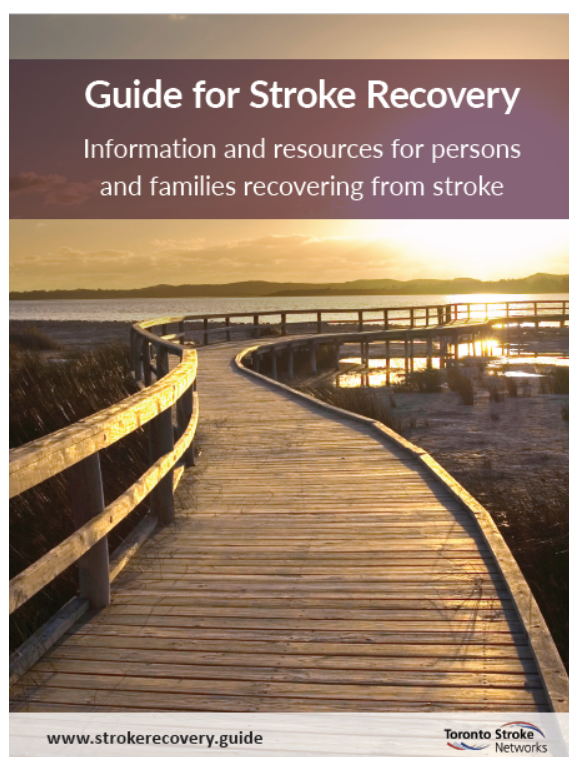
Investing in patients' health and well-being

Click [HERE](#) for the brochure or ask your healthcare provider

## Virtual Nutrition Education Series

Your recipe for stroke prevention!

Click [HERE](#) for the brochure or ask your healthcare provider



The Guide for Stroke Recovery was developed by healthcare professionals, persons who experienced a stroke and caregivers. This resource can help you gain knowledge, skills and confidence to take an active role in your health and recovery.

Click [HERE](#) to watch what persons with stroke say about the Guide for Stroke Recovery.

Ask for your copy or download your electronic copy available in:

English



Italiano



Português



ਪੰਜਾਬੀ



简体中文



## Toronto Stroke Networks' Patient and Family Experience Questionnaire

We would like to hear about your overall stroke experience.

This questionnaire is voluntary and will be used to help improve the care and services provided to persons with stroke and their families/caregivers in Toronto.

Click [HERE](#) to access the questionnaire or scan the QR code with your iPad or mobile device



Toronto Stroke Networks  
Toronto Stroke Networks  
PATIENT AND FAMILY  
EXPERIENCE QUESTIONNAIRE

