

## Movement Disorder Clinic

### Welcome

The Edmond J. Safra Program in Parkinson's disease and the Morton and Gloria Shulman Movement Disorders Clinic at Toronto Western Hospital is the largest Clinic of its kind in Canada with over 9000 patient visits annually.

Our priority is to provide excellent care for patients and their care partners. Parkinson's disease is treatable and while modifications and adjustments to daily routines will be necessary, quality of life can be maintained especially for the newly diagnosed. We treat all of the symptoms of Parkinson's, motor and non-motor, with compassion, care and expertise. This package contains information about the disease, its symptoms and their management. A list of online resources is provided in the pages that follow.

You can also find us at [https://www.uhn.ca/KNC/Clinics/Movement\\_Disorders#about](https://www.uhn.ca/KNC/Clinics/Movement_Disorders#about)

### Our Clinic, Who We Are

Our clinic has grown to 10 full-time neurologists, 6 nurses, and one of the largest fellowship programs to train the future generation of movement disorders neurologists. We are an internationally recognized leader in patient care, research, and education, and have held a designation of a Parkinson's Foundation Center of Excellence since 2009. We have one of the largest programs for the surgical treatment of Parkinson's disease. We also have an active chemodenervation clinic for the use of botulinum toxin to treat dystonia, essential tremor and other symptoms.

### Your Health Care Team

Your neurologist at the Movement Disorder clinic is a specialist in Parkinson's and other movement disorders. We work with you, your care partner, local physicians and community organizations to support you on your journey. For our patients who live a long distance from the Toronto clinic, your family doctor can arrange for you to see a local neurologist. We are able to provide ongoing care and advice to a local neurologist who manages your needs on a regular basis.

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**Research Program**

We are committed to discovering causes of, and better treatments for, Parkinson's disease and other movement disorders through our extensive research program. Patients at our centre have the opportunity to participate in research and feel part of the process of finding answers. The participation of our patients and their families helps us to make progress in our understanding of the disease so that we can improve treatments or find cures. We have many studies going on at any one time. In this package you will find a consent form allowing us to ask you about your interest in research. By signing this form, you aren't committing to participate, just agreeing to be contacted about potential participation. You make the final decision once fully informed about an individual research study. The TV screen in our waiting room highlights current research studies. Please feel free to use the contact information shown on the TV screen and inquire with your doctor if you would like to learn more.

On behalf of the faculty and physicians of the Morton and Gloria Shulman Movement Disorders Clinic and the Edmond J. Safra Program in Parkinson's Disease we hope that you have had a positive experience in our clinic and we welcome your feedback.

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Dr. Connie Marras  
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