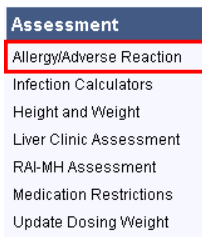


DIET ORDER ENTRY TIP-SHEET FOR TR PHYSICIANS

FOOD ALLERGY ASSESSMENT

- Allergy assessment **MUST** be entered **PRIOR** to placing a diet order.
Note: If a diet order is entered without having done the allergy assessment first, a mandatory alert will come up. It is important that you **do not bypass the alerts** (which is done by clicking on the Return button) but instead close the task.

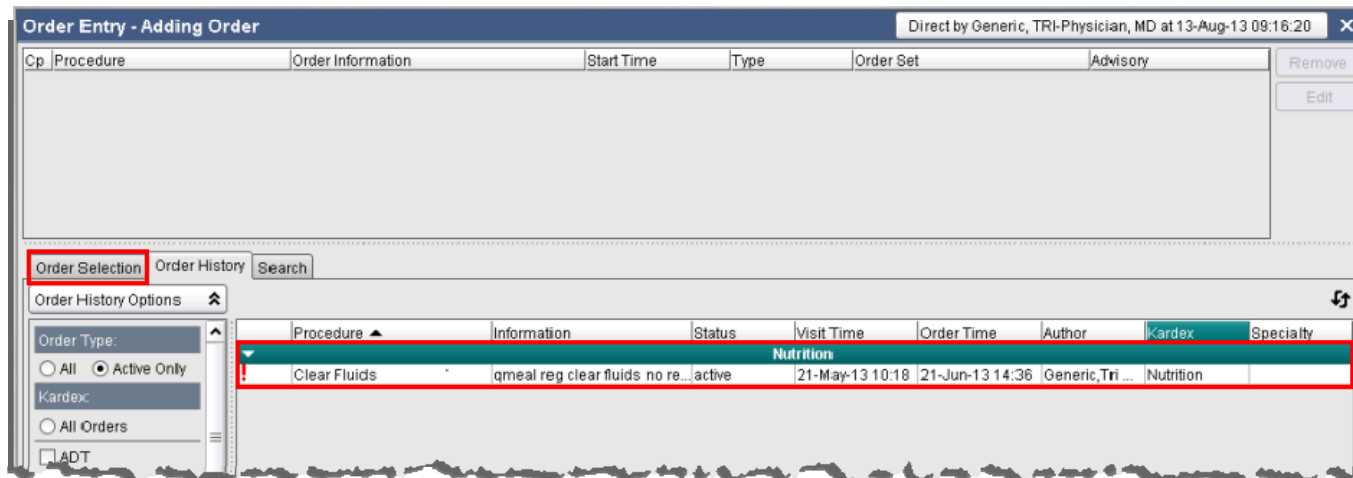
- Under the Assessments block **{select}** Food Allergy/Adverse Reaction.



- Enter** the **date and time** that the assessment was done
- Choose the **source** the information came from.
- The next screen will allow you to **{choose}** to **Document a Food Allergy/Adverse Reaction**.
Note: If the patient does not have food allergies, choose **No Known Food Allergy/Adverse Reaction**.
- You can only document one food allergy at a time.**
- {Select}** one **food allergen** from the list of foods and **{click}** **OK**.
Note: If there is not a food allergen to select from the common list, a partial search should be done to see if there is an existing allergen available in EPR. Free texted allergies are not checked for compliances and therefore must be used as a last option to document allergies.
- The next mandatory field requires you to **{select}** one **most severe symptom** that the patient presents and **{click}** **OK**.
- {Select}** any **additional symptoms** the patient may present in the **Add'tnl Symptom** field. Here you can document multiple symptoms. **{Click}** **OK**.
- You now have the opportunity to document another food allergy. To do this, follow steps 1-7.
If there are no other food allergens, **{click}** **OK** twice.

DIET ORDER ENTRY

- From the Patient Shortcuts, **{select}** **Order Entry**.
- Once in the order entry screen, you will see the current diet order.
- In order to change the diet you will need to **{select}** the **Order Selection** tab to proceed with changing the diet order.



DIET ORDER ENTRY (CONT'D)

3. {Click} on the **All Nutrition** folder.

The screenshot shows the 'Diet Types' block with the following options:

- ☐ Regular
- ☐ Clear Fluids
- ☐ Diabetic Clear Fluids
- ☐ Full Fluids
- ☐ Diabetic Full Fluids
- ☐ Enteral Feeding
- ☒ Therapeutic
- ☒ NPO

Below these are 'Common Diet Orders' with various checkboxes like CAPD Diet, Diabetic, Early Renal Insufficiency Diet, etc.

4. {Select} the appropriate **diet** from the **Diet Types** block.
Note: Common Diet Orders will allow you quick access to commonly used diet orders (i.e. CAPD diet has been built to include: 80g Protein, No Added Salt, 40 mmol phosphorous)
5. Once you select the diet order {click} **Add Order**.
6. The next screen will bring you to the **Typical Orders** screen. {Select} the appropriate **consistency**.

The screenshot shows the 'Typical Orders' screen with the following options:

- ☒ Regular full qmeal starts now
- ☐ Regular dental soft qmeal starts now
- ☐ Regular pureed qmeal starts now
- ☐ Regular minced qmeal starts now
- ☐ Dysphagia Pureed, Honey Consistency
- ☐ Dysphagia Pureed, Nectar Consistency
- ☐ Dysphagia Minced, Honey Consistency
- ☐ Dysphagia Minced, Nectar Consistency
- ☐ Dysphagia Soft, Honey Consistency
- ☐ Dysphagia Soft, Nectar Consistency
- ☐ Dysphagia Pureed, Regular Liquids
- ☐ Dysphagia Minced, Regular Liquids
- ☐ Dysphagia Soft, Regular Liquids

7. {Click} on **Order Summary**.
8. {Click} on **Accept Order**.

ORDERING SUPPLEMENTS

1. Within the Order Profile tab {select} the **Supplement Feeding** field.

#	Supplementary Diet Options
1	house: ensure ____ ctns per day (flavor ____)
2	pudding: ensure ____ cans per day (flavor ____)
3	1.5 cal/ml ensure plus ____ ctns per day (flavor ____)
4	2.0 cal/ml resource 2.0 ____ cans per day
5	protein beverage: Boost Fruit Drink ____ ctns (237ml) per day (flavor ____)
6	protein powder: Resource Baneprotein ____ pkgs (7gm) per day
7	renal beverage: novasource renal ____ cans per day
8	Honey thick ensure ____ ctns per day (flavor ____)
9	Honey thick ensure plus ____ ctns per day (flavor ____)
10	nectar thick ensure ____ ctns per day (flavor ____)
11	nectar thick ensure plus ____ ctns per day (flavor ____)

2. {Select} the appropriate **feeding** and {enter} the number of **cans and flavor** and proceed with the steps to accept the order.

ORDERING A THERAPEUTIC DIET AND NPO

1. Follow steps 1-6 in the Diet Order Entry workflow.
2. On the Diet Types block {select} **Therapeutic** and **NPO** and {click} on **Add Order**.

The screenshot shows the 'Dietary Department Procedure Options' screen with the following options:

- ☐ Regular
- ☐ Clear Fluids
- ☐ Diabetic Clear Fluids
- ☐ Full Fluids
- ☐ Diabetic Full Fluids
- ☐ Enteral Feeding
- ☒ Therapeutic
- ☒ NPO

3. Unless your therapeutic diet order is available on the Typical Orders tab, you will {click} on the **Order Profile** tab.

The screenshot shows the 'Order Profile' tab with the following information:

Food Allergies: **Egg causing: anaphylaxis /asthma /hives /itching**
 *** Please call Food/Nutrition Services when ordering ***
 *** after 0630 for lunch same day, 0915 for dinner same day and ***
 *** 1215 for breakfast next day to ensure immediate meal ***

4. {Select} the appropriate frequency. In most cases it is always "qmeal".
5. {Select} the consistency of the food.
6. {Select} an option for any modifications that need to be made to the patient diet. Use no restriction if there are no modifiers necessary.
7. From the Therapeutic options select the diet order(s). The example below diabetic; controlled fat; GI Surgery; Dairy Free/Milk Allergy has been selected.

The screenshot shows the 'Therapeutic Diet Type Options' screen with the following options:

- ☒ 1 diabetic
- ☐ 2 no added sugar
- ☐ 3 Hi energy/Hi protein
- ☒ 4 controlled fat
- ☐ 5 controlled electrolytes
- ☐ 6 controlled fluid ____ per day
- ☐ 7 controlled protein ____ per day
- ☒ 8 GI Surgery
- ☐ 9 progressive diarrhea
- ☐ 10 bowel obstruction
- ☐ 11 low fibre diet
- ☐ 12 low oxalate
- ☐ 13 MAOI free
- ☐ 14 low lactose
- ☒ 15 Dairy Free/Milk Allergy

Select therapeutic type(s): 1,4,8,15

8. {Select} the appropriate choices for each diet you have ordered.

The screenshot shows the 'Therapeutic' screen with the following information:

1) When: with each meal

2) Consistency: full;

3) Modifier: no restriction;

4) Therapeutic Type: diabetic 1800kcal/250 g CHO; controlled fat Healthy Heart (low cholesterol, low saturated fat, NAS); GI SurgDiet: high fibre; Dairy Free/Milk Allergy;

9. {Click} **OK**
10. {Select} appropriate selection for **NPO** and {click} on **Add Order**.
11. {Click} on **Order Summary** and then **Accept Order**.

Copying/Future Diet Order In the event that food allergies are updated or reverified, the existing diet must be re-entered. The 'Copy' feature can be used for this purpose

1. In order entry under the Order History tab, **{select}** the **diet order** you want to copy.

2. **{Select}** the **diet** from the Order Preview (shopping cart) and **{click}** on **Edit**.

3. **{Select}** the **Order Profile** tab.

4. **{Select}** the **When** field.

In this example we are going order a future diet to take place 2 days from now so that when the NPO is lifted the patient will receive a diet order with a consistency change. Here we are going to **{select}** **qmeal** and **start at** and **{click}** **OK**.

5. In the "enter start date/time field **{enter}** the **future date**. In this example we are going to order the diet to change 2 days from now at breakfast so the format used here is **t+2 0700** and **{click}** **OK**


6. The patient in this example will need a new consistency added to the diet order. **{Select}** the **consistency** field and select the appropriate texture modification. In this example we will **{select}** **dysphagia** and **{click}** **OK**.

7. **{Select}** the **appropriate consistency** (here we selected Pureed,honey consistency).

Note:
Remember that you must change the consistency of the supplements if you change the consistency of fluids in a diet.

All **free-text allergies** need to be entered into the comment section.

HELP

- If you are having any computer problems, please contact the **HelpDesk**, Ext: 4357 (HELP) or Email: Help@uhn.ca
- **Nursing EPR eManual:** Click this icon  to be taken directly to the eManual for EPR step-by-step instructions
- **Diet Order Entry Chart:** http://documents.uhn.ca/sites/uhn/nutrition/epr/appendixa_quick_reference.pdf
- **Diet Order Entry Manual:** http://documents.uhn.ca/sites/uhn/Nutrition/EPR/UHN_EPR_DietOrderEntryManual.pdf
- **Diet Order Entry Downtime Procedures:** Refer to downtime procedures in the binder on your unit.