

# Empiric Management of Common Infections in Solid Organ Transplant Patients



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### 1. Approach to Fever and Infections in a Solid Organ Transplant Patient

Eligible patients for this set of guidelines:

Solid organ transplant r	recipients and patients	awaiting transplant
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As clinically indicated

1	Key quest	ions to as	k regard	ing pati	ient
_	history				

Has the patient received organ transplant? Which type of transplant and how long ago? Was there any mismatch in transplant serology? Was there a history of rejection? Did patient receive T-cell depleting therapy for induction or treatment of rejection? Are there any recent changes to patient's immunosuppressive therapy? Any recent sick contact, new sexual contact or exposure to animals? Any travel in the last 3 months? Did patient receive antibiotics in the last 3 months? Is the patient on antimicrobial prophylaxis?

Is the patient on dialysis?

- **2** Risk factors common to all SOT patients
- ► Technical or anatomical abnormalities
- ► Implanted devices, e.g. ventricular assistive device
- ► Environmental exposure: community and hospital-associated
- ► Instrumentation, e.g. drainage catheters, stents, or endotracheal tubes

Reasonable to wait for results before starting treatment if patient:

is hemodynamically stable AND has fever as the only symptom AND does not have identifiable source or focus of infection

- 3 Initial investigations and tests for all patients with suspected infections
  - In addition to routine investigations on admission, e.g Complete Blood Count:
- Blood cultures one from CVC lumen(s) if present and one from a peripheral site
- Blood CMV PCR (exception: D-neg/R-neg history)

Kidney transplant patients with stent in place

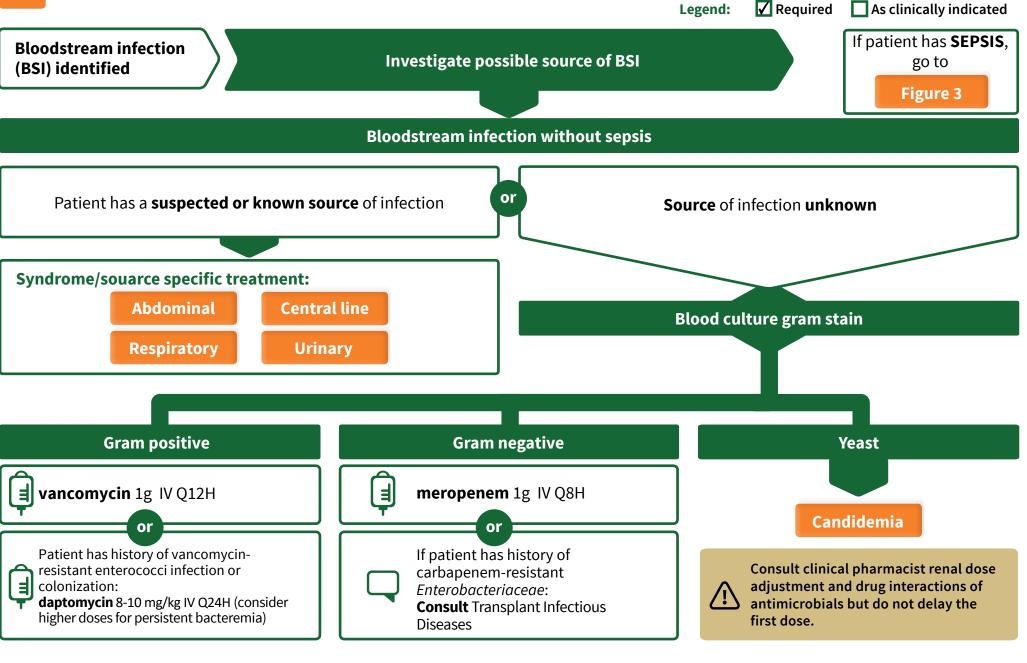
☐ Include urine culture in routine investigations

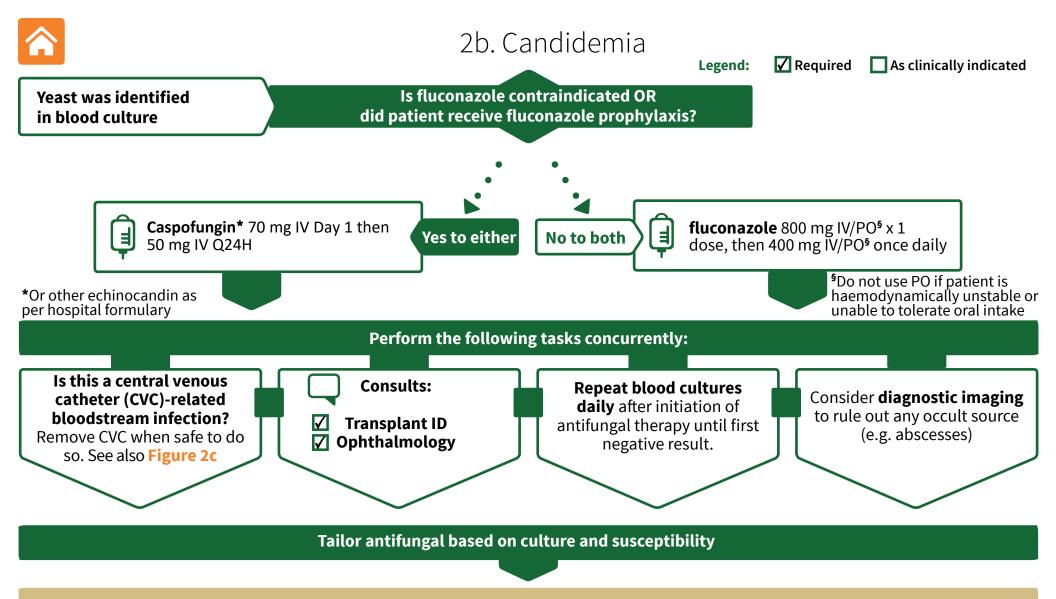
## Syndrome / symptom-specific investigations:

- **▼** Respiratory tract infection
  - ► Chest X-ray
  - ► Consider chest CT if chest X-ray is abnormal
  - ► Nasopharyngeal swab for respiratory viruses
  - ► Legionella urinary antigen
- **✓** Intraabdominal infection
  - ► Abdominal ultrasound or CT
  - ► C.difficile toxin gene PCR as appropriate
- **✓** Urinary tract infection (UTI): concurrently order
  - ► Urine culture AND
  - ▶ Urinalysis



### 2a. Bloodstream Infection





**Duration of therapy:** Minimum 14 days after documented clearance of *Candida spp*. from bloodstream, in the absence of complications or dissemination attributable to candidemia.



Consult clinical pharmacist renal dose adjustment and drug interactions of antimicrobials but do not delay the first dose.



### 2c. Management for Central Line Infections

Obtain blood cultures **before** initiation of antimicrobials: Paired specimens from central venous catheters + peripheral vein

Culture exudates at exit sites, insertion sites, tunnel catheter tract, or pocket of implanted cardiovascular device if present

Legend:

Empiric therapy for suspected central line infections: **vancomycin** 1g IV Q12H

As clinically indicated

**✓** Required

4 Cultures are:



**Positive** 

Negative at 72h

Definitive diagnosis:

Discontinue vancomycin

Bloodstream infection with no other source except central line

Concordant organism from central **and** peripheral specimens

**DTP\*** (differential time to positivity): organism growth detected in central line specimen at least 2h before peripheral specimen

\*DTP contact microbiology lab for this information

Remove central line if no longer needed.
Infectious indications for removing central line:

- ▶ **Bloodstream infections** due to *Candida spp.*, *Mycobacteria spp.*, *Staphylococcus aureus*, *S. lugdenesis*, *Pseudomonas aeruginosa*, and other Gram-negative organisms
- ▶ Persistent **positive blood culture 72h after initiation of antimicrobials** irrespective of pathogens isolated (e.g. coagulase negative staphylococci, enterococci, viridans group Streptococcus, *Corynebacterium spp.*, *Bacillus spp.*) with no other source of infections identified
- ▶ Ongoing or worsening **signs of infection due to suspected central line infections** despite 48-72h of appropriate antimicrobials
- ▶ **Complications** (septic thrombophlebitis, endocarditis, possible metastatic seeding e.g. osteomyelitis)
- ► Extensive **cellulitis** around IV sites (greater than 2 cm), from catheter exit site, along the subcutaneous tract of tunneled catheter
- ▶ Relapse or recurrent central line infections **after antimicrobial course** is completed

Follow Figure 2a for recommendations on specific antimicrobial based on gram stain

Repeat blood cultures if patient has ongoing signs of infections despite therapy

#### Persistent bacteremia/fungemia or ongoing signs of infection:

Reassess antimicrobials and organism susceptibilities to ensure there is no mismatch

Rule out complications (e.g. with echocardiogram), and metastatic infections

Remove central line if not already done

**Consult** Transplant Infectious Diseases



**Duration of therapy:** Depends on the organism and whether the suspected source of infection, i.e. central line, is removed. Consult Transplant Infectious Diseases as needed.



3. Sepsis

	Legend: Required As clinically indicated			
<b>1</b> Assess sepsis criteria	2 If patient meets criteria for sepsis			
Definition:  Suspected infection AND organ dysfunction  Consider sepsis if patient meets 2 or more of the following "quick SOFA" (qSOFA) criteria:  Respiratory rate ≥ 22 breaths/minute  Altered mental status  Systolic BP ≤ 100 mmgHg	Consult Intensive Care or Critical Care Response Team Consult Transplant Infectious Diseases Initiate empiric therapy while awaiting consultation			
3 Initiate en	mpiric therapy			
Patient has a <b>suspected or known source</b> of infection	Source of infection unknown			
Syndrome/source specific treatment:  Abdominal Central line	meropenem 1g IV Q8H  1g IV Q12H			
Despiratory	or			
Respiratory Urinary	If patient has history of vancomycin-resistant enterococci infection or colonization:			
Consult clinical pharmacist for renal dose adjustment and drug interactions of antimicrobials but do not delay the first dose	meropenem 1g IV Q8H  https://decomposition.com/daptomycin 8-10 mg/kg IV Q24H (consider higher doses for persistent bacteremia)			
	<b>Tailor antimicrobial therapy</b> based on investigations, culture and susceptibility results			



### 4. Pneumonia in Solid Organ Transplant

Legend:

3 Previous infection or colonization with multidrug resistant organisms

**✓** Required

As clinically indicated

#### **Pneumonia suspected**

1 Complete investigations from Figure 1

2 Admit or treat as outpatient?

Patient has had an increase in oxygen

▶ Respiratory rate ≥ 22 breaths/minute

Patient meets 2 or more of qSOFA criteria, indicating possible sepsis

Consider admitting patient if...

At least one of the following applies:

Patient is a heart and/or lung transplant recipient

If patient has had infection or colonization in the previous 90 days or is a lung transpalnt recipient

**Initiate empirical antimicrobials** which must be active against previously isolated organism(s) from respiratory specimens

Consider history of *S. aureus* (incl. MRSA), *Pseudomonas spp.*, *Stenotrophomonas spp.*, other multidrug resistant gram negative organisms, mycobacterial infections (tuberculosis and non-tuberculosis), *Aspergillus spp.* and other molds

or

If patient has **NO** history of infection or colonization in the previous **90** days

Consider if patient has any of the following:

- Admission ≥ 48 hours prior to symptoms

  Medical care (hemodialysis, wound care, chemotherapy) within the previous 30 days
- Hospitalization in an acute care hospital ≥ 2 days within the prior 90 days

Treat as an outpatient ONLY IF...

All of the following apply:

► Altered mental status

► Systolic BP ≤100 mmHg

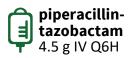
requirement

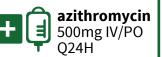
- patient is NOT a heart and/or lung transplant recipient
- does not meet any of the clinical criteria



These guidelines do not replace clinician's judgement to admit patient

If yes to any of the above





If none of the above applies

ceftriaxone 1g IV Q24H



\*azithromycin 500mg IV/PO Q24H

Routine coverage for atypical bacteria has not proven to be of benefit. In Ontario, June to October is the highest risk when azithromycin should be considered.



### 4. Pneumonia in Solid Organ Transplant Recipients

#### 1 Chest Imaging

Hover mouse over image to enlarge Consolidation Lung cavity Halo sign Air crescent sign Lung nodules Tree in bud GGO Interstitial infultrates **Consult** Transplant Infectious Diseases for complicated pneumonia (e.g. empyema), fungal pneumonia and mycobacterial infections **Consult** Respirology for bronchoscopy

**2** Modifications

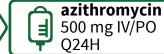
Modify empiric regimen based on specific culture and susceptibility results, and other investigations:

If positive for **Influenza**:

or



If positive for *Legionella* 



or

If positive for Respiratory Syncytial Virus (RSV) or Cytomegalovirus (CMV)



or



Tailor antimicrobial therapy when culture and susceptibility results become available

**Consider** IV to PO switch when appropriate to complete course of treatment

**Duration of therapy:** Bacterial: 7 days or as per Transplant Infectious Diseases

Fungal: As per Transplant Infectious Diseases

Influenza and RSV: 5 days and consult Transplant Infectious

Diseases



 Consult Transplant Infectious Diseases if patient may be allergic to the recommended antimicrobials
 Consult clinical pharmacist for renal dose

adjustment and drug interactions



### 5a. Intra-abdominal Infections

Legend:

**✓** Required

As clinically indicated

Heart/lung transplant: Go to Figure 5b.

Early (within 1 month) post liver / kidney / pancreas transplant:

Go to Figure 5c.

Late (>1 month) post liver / kidney / pancreas transplant:

Go to Figure 5d.

### Patient is pre-liver transplant

If possible etiology is spontaneous bacterial peritonitis (SBP) following upper GI bleed:

or

If possible etiology is acute liver failure:

**1** Empiric therapy:

If patient does NOT have history of multidrugresistant gram negative organisms:



ceftriaxone 1g IV Q24H and reassess on Day 3





ertapenem 1g IV Q24H and reassess on Day 3

Assess if ongoing prophylaxis is necessary

▶ Widespread use of guinolones to prevent SBP in high-risk subgroups of patients, frequent hospitalizations and exposure to broad-spectrum antibiotics are associated with more grampositives and extended spectrum beta-lactamase producing Enterobacteriaceae in SBP

**Investigation:** 

✓ Blood culture

☑ Urine culture

☑ Ascitic fluid for culture, susceptibility, and cell count

✓ Stool for *C. difficile* toxin gene PCR

**Empiric therapy:** 

If patient fails to respond to piperacillin-tazobactam alone:



piperacillin-tazobactam 4.5 g IV Q6H



add \*vancomycin 1g IV Q12H

\*If patient has history of vancomycin-resistant enterococci infection or colonization, instead of vancomycin:



add daptomycin 8-10 mg/kg IV Q24H



Consult Transplant **Infectious Diseases** 

Tailor antimicrobial therapy based on microbiology results



Consult clinical pharmacist for renal dose adjustment and drug interactions of antimicrobials but do not delay the first dose.



### 5b. Intra-abdominal Infections

**✓** Required Legend: As clinically indicated Early (within 1 month) post liver / Late (>1 month) post liver / Go to Figure 5a. Go to Figure 5c. Pre-liver transplant: Go to Figure 5d. kidney / pancreas transplant: kidney / pancreas transplant: Patient received heart and/or lung transplant Possible etiologies are: **Investigations:** ► Cholecystitis ► Pancreatitis Abdominal CT ► C.difficile infection ► Perforation CBC Stool for C.difficile PCR toxin gene **2** Empiric therapy: Empiric therapy for other etiologies: Patient has **pancreatitis**: C.difficile: or or if symptoms ceftriaxone metronidazole vancomycin **Do not** initiate prophylactic are severe add 1g IV Q24H 500mg IV Q12H antibiotics 125mg PO Q6H metronidazole 500mg IV Q8H If patient has history of vancomycindaptomycin resistant enterococci infection or 8-10 mg/kg IV colonization, consider adding: O24H **✓ Consult** Transplant Infectious Diseases ✓ Consult Surgery as indicated for source control C.difficile First ✓ Tailor antimicrobial therapy based on microbiology results **Episode Algorithm** ✓ **Consult** *C. difficile* First Episode Algorithm as applicable

 $\triangle$ 

Consult clinical pharmacist for renal dose adjustment and drug interactions of antimicrobials but do not delay the first dose.



### 5c. Intra-abdominal Infections

Legend:

**✓** Required

As clinically indicated

Pre-liver transplant:

Go to Figure 5a.

Heart/lung transplant:

Go to Figure 5b.

Late (>1 month) post liver / kidney / pancreas transplant:

Go to Figure 5d.

#### Early (within 1 month) post-liver, kidney, pancreas transplant

Possible etiologies are:

- ► Surgical site infection
- ► Abdominal wall abscess
- ► Retroperitoneal abscess
- ▶ Appendicitis

- **▶** Diverticulitis
- ▶ Peritonitis
- ► C.difficile infection

### **1** Investigations:

- Diagnostic imaging:

  ✓ Abdominal ultrasound
- ✓ Abdominal CT if ultrasound is abnormal
- **✓** Laboratory: CBC

#### Microbiology:

- ☑ Blood culture
- ☑ Collection (drainage) specimen for culture and sensitivity
- ✓ Stool for *C.difficile* PCR toxin gene

#### **2** Empiric therapy:

History of infections due to P. aeruginosa:

meropenem ∔ 1g IV Q8H





or

**No history** of pseudomonal infections:





\*vancomycin '1g IV Q12H

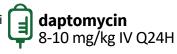
or

C.difficile infection:

**Ovancomycin** 125mg PO 06H



\*If patient has history of vancomycin-resistant enterococci infection or colonization, instead of vancomycin IV:



**✓ Consult** Transplant Infectious Diseases

✓ Consult Surgery as indicated for source control

✓ Tailor antimicrobial therapy based on microbiology results

Consult C. difficile First Episode Algorithm as applicable

C.difficile First **Episode Algorithm** 



Consult clinical pharmacist for renal dose adjustment and drug interactions of antimicrobials but do not delay the first dose.



### 5d. Intra-abdominal Infections

Legend:

**✓** Required

As clinically indicated

Pre-liver transplant:

Go to Figure 5a.

Heart/lung transplant:

Go to Figure 5b.

Early (within 1 month) post liver / kidney / pancreas transplant:

Go to Figure 5c.

#### Late (>1month) Liver, kidney and/or pancreas transplant

#### Possible etiologies are:

- ► Common bile duct strictures or dilation
- ► Hepatic abscess
- ► Hepatic artery thrombosis
- ► Cholangitis

- ► Appendicitis
- ► Diverticulitis
- ▶C. difficile infection

or

### **1** Investigations:

#### **Diagnostic imaging:**

- ✓ Abdominal ultrasound
- ✓ Abdominal CT if ultrasound is abnormal

#### **Laboratory:**

**✓** CBC

#### Microbiology:

- ☑ Blood culture
- ✓ Stool for *C. difficile* PCR toxin gene

#### **2** Empiric therapy:

History of infection due to multidrugresistant gram negative bacilli including P. aeruginosa:



meropenem 1g IV Q8H

History of infection due to extended spectrum beta-lactamases gram negative bacilli but not P. aeruginosa:



\*If patient has history of vancomycin-resistant enterococci

ertapenem

1g IV Q24H

daptomycin aptomych 8-10 mg/kg IV Q24H

No history infection from multidrugresistant gram negative bacilli:

> piperacillin-tazobactam 4.5 g IV Q6H

**✓ Consult** Transplant Infectious Diseases

✓ Consult Surgery as indicated for source control

✓ Tailor antimicrobial therapy based on microbiology results

✓ Follow C. difficile First Episode Algorithm as applicable

C.difficile First **Episode Algorithm** 



infection or colonization, consider adding:

Consult clinical pharmacist renal dose adjustment and drug interactions of antimicrobials but do not delay the first dose.



## 6a. Urinary Tract Infection (UTI)

#### **Urinary tract infection suspected**

**Patient** has symptoms Patient had kidney transplant within past 2 months, OR a stent is in place



ertapenem 1g IV Q24H

\*If patient has history of vancomycin-resistant enterococci infection or colonization, consider adding:



daptomycin 8-10 mg/kg IV Q24H Patient did **not** have kidney transplant within past 2 months, AND does **not** have a stent in place



ceftriaxone 1g IV Q24H

Treat for 7 - 14 d or consult Transplant Infectious Diseases

or

**Patient does NOT** have symptoms

Patient had kidney transplant within the past 2 months, OR has stent in place



Select antibiotic based on urine culture and susceptibility results, for 5 - 7d of treatment. Patient did **not** have kidney transplant within past 2 months, AND does **not** have a stent in place

Asymptomatic bacteriuria: No treatment

For Candiduria, go to Figure 6b

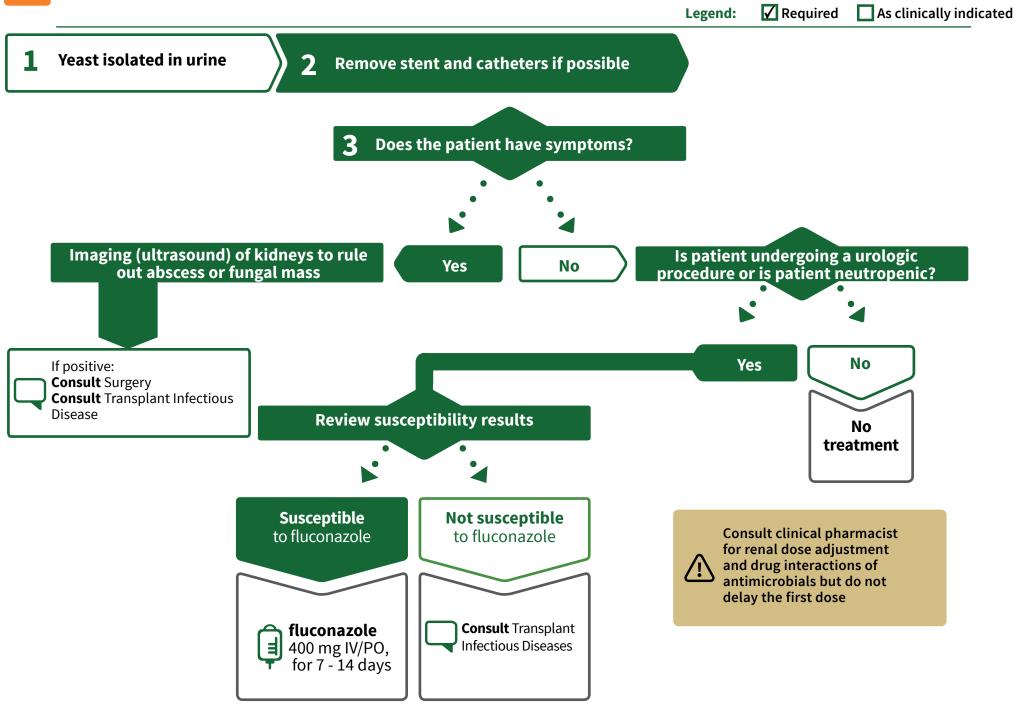
#### Tailor antimicrobial based on culture and susceptibility results

or



Consult clinical pharmacist for renal dose adjustment and drug interactions of antimicrobials but do not delay the first dose

**Definition:** Neutropenia = absolute neutrophil count less than or equal to 0.5x10<sup>9</sup> cells/L





Complete the following assessments and

### 7a. Diabetic Foot Infections

investigations:	2 Assess severity of foot wound		
Laboratory investigations:  ☐ CBC ☐ C-reactive protein OR ☐ Erythrocyte sedimentation rate  Microbiology: ☐ Tissue specimen from a cleansed infected wound for culture and sensitivity (do not send superficial swabs)	If patient has:	Patient has <b>mild infection</b>	
<ul> <li>□ Purulent secretions or aspirate for culture and sensitivity</li> <li>□ Screening for multidrug resistant organisms as per Infection Prevention and Control policies</li> <li>□ Diagnostic imaging studies:</li> <li>□ Lower extremity X-ray to rule in osteomyelitis</li> <li>□ Lower extremity CT if X-ray inconclusive</li> <li>□ MRI or bone / gallium scan if needed</li> </ul>	If patient has:	Patient has moderate infection	
Vascular study: ☐ Assess vascularity of affected extremity ☐ Consult Vascular Surgery	If patient has:  ➤ extensive or rapidly progressing cellulitis  ➤ infection involves deeper structure, plus necrosis, gangrene, ecchymoses, petechiae, or new anesthesia  ➤ sepsis or haemodynamic compromise	Patient has severe infection	

3 Follow the appropriate path for empiric therapy management based on severity assessment

Go to Figure 7b for recommended antimicrobials

✓ Required

Legend:

As clinically indicated



### 7b. Diabetic Foot Infections

✓ Required Legend: ☐ As clinically indicated 3 Initiate empiric therapy based on severity assessment **4** Modifications Patient is colonized with MRSA ✓ Add vancomycin 1g IV Q12H cefazolin cephalexin Patient has 1-2g IV Q8H or 500mg PO QID mild infection Patient is colonized with other multi-drug resistant (MDR) organism(s): or ☑ Empiric therapy should be active against previously isolated MDR organism(s) metronidazole Consult Transplant ID ceftriaxone Patient has 1g IV Q24H **■** 500mg IV/PO moderate infection Q12H **Osteomyelitis suspected:** ▼ Consult Transplant ID or Duration of antimicrobial therapy minimum of 6 wks or as per Transplant ID piperacillintazobactam **Poor vascularity:** 4.5 g IV Q6H **✓ Consult** Vascular Surgery if not already done vancomycin Patient has ✓ Consult Transplant ID 1g IV Q12H or ☑ IV route for antimicrobials preferred severe infection meropenem 1g IV O8H

#### **5** Other actions

Consult wound care

Tailor empiric therapy based on microbiology results

Duration of therapy: 7-14 days (exception: min. 6 wks for osteomyelitis) or as per Transplant ID Switch from IV to PO route if appropriate to complete course of therapy

<u>(i)</u>

Consult clinical pharmacist for renal dose adjustment and drug interactions of antimicrobials but do not delay the first dose



### 8. Frequently Asked Questions and Bibliography

#### 1. How were these guidelines created?

Development of the guidelines were led by Dr. Shahid Husain (Transplant Infectious Diseases and SHS-UHN ASP) and Miranda So, PharmD (SHS-UHN ASP Pharmacotherapy Specialist). The recommendations are based on microbiology data from UHN's SOT patients, current literature and published guidelines. Earlier versions of this document were reviewed by clinicians from Multi-Organ Transplant (MOT), Transplant Infectious Diseases, Critical Care, General Infectious Diseases and SHS-UHN ASP. We incorporated their feedback where applicable. The final version is reviewed by MOT Pharmacy and Therapeutics (P&T) Subcommittee, and the institution's P&T.

#### 2. Why are carbapenems and daptomycin recommended in the guidelines?

We reviewed historical SOT data from 2007-2012, and SOT antibiograms from 2013-2016 (courtesy of Dr. Sue Poutanen, Microbiologist and Infectious Diseases Specialist). We noticed an increase multidrug resistant gramnegative rods (e.g. *E. coli, Enterobacter cloacae complex* and *Serratia marcescens*), and vancomycin-resistant enterococci. Our recommendations aim to provide optimal spectrum of activities against most likely causative pathogens while investigations are being aggressively pursued. We emphasize tailoring therapy based on those results to minimize prolonged and unnecessary broad-spectrum antibiotics. We also encourage consultation with Transplant Infectious Diseases team where appropriate.

#### 3. Why do you use qSOFA to assess if a patient may have sepsis?

The Sepsis-3 Consensus Guidelines recommend the use of Quick Sequential Organ Failure Assessment (qSOFA) as a bedside prompt to identify patients with suspected or documented infections and are at risk of poor outcomes outside the intensive care unit. It has been validated in a multi-centre study in 879 patients presenting to the emergency department. Compared with SIRS and severe sepsis criteria, qSOFA performed better at predicting inhospital mortality. The hazard ratio of qSOFA score for death was 6.2 (95% CI, 3.8-10.3) vs 3.5 (95% CI, 2.2-5.5) for severe sepsis. We acknowledge that it has not been validated in the immunocompromised population.

#### 4. Why are the guidelines formatted this way?

From our previous work with UHN's HealthCare Human Factors Engineering team, we learned that complex algorithms require designs that account for the interface with end-users to optimize usability. The design of the guidelines include use of hyperlinks and images, rather than simply text, boxes and arrows. Hyperlinks are embedded in all the orange buttons,

#### Go to Figure 5a.

which allow the end-user to self-direct to the most relevant sections at point of decision making. This format was used for several algorithms created by SHS-UHN ASP, including the High-Risk Febrile Neutropenia Protocol, Solid Tumor Febrile Neutropenia Protocol and *C. difficile* infection (First Episode) Algorithm. They are available at www.antimicrobialstewardship.com under "Best Practices". We gratefully acknowledge the assistance of Ms. Rhea Pavan in formatting the guidelines.



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