

Warning Signs

The following signs indicate a deterioration in your condition. This may require treatment and therefore should be reported to your health care professional.

- An unusual change in sputum
 - An unusual increase in the amount of sputum
 - An unusual increase in the consistency and stickiness of the sputum
 - A change in the colour of the sputum to either brown, yellow, or green
- The presence of blood in the sputum
- An unusual increase in the severity of breathlessness
- The development of swelling of the ankles
- The development of a feeling of general ill health
- An unaccountable increase or decrease in weight
- An increase in the number of pillows you need in order to sleep in comfort
- The development of increasingly frequent morning headaches, dizzy spells, restlessness, loss of libido or insomnia
- Fever or chills

If you have any of the above signs see your health care professional.