

Travelling with Oxygen

Many people travel using supplemental oxygen. Early planning with your health care professional and home oxygen company is recommended. Below are some suggestions:

Give yourself enough time.

- Up to a month ahead of your trip, plan and gather required documents

Travelling with oxygen in your car:

- Always secure and position the oxygen device appropriately
- Always store the oxygen device in a well-ventilated area, NEVER in your trunk

Travelling with oxygen in a train:

- Provide advance notice of your oxygen requirements to the train line
- Keep in mind there is a weight limit for luggage
- Carry along enough batteries for at least 4 hours in case of a power outage

Travelling with oxygen in a plane:

- Notify airline in advance of your oxygen requirements and ask for their specific medical form and oxygen policy
- Obtain a letter from your family doctor to approve you for airline travel and obtain an oxygen prescription
- Be aware of possible fees associated with delivery/set up of oxygen at your travel destination