

## Inpatient Rehab/CCC Referral Form\*

The ***Inpatient Rehab/CCC Referral Form*** is to be used for referrals to inpatient rehabilitation or Complex Continuing Care (CCC) offered by the GTA Rehab Network member organizations.

This referral package is to be used for all rehab and CCC referrals **except:**

- Elective Total Joint Replacements and uncomplicated Elective Cardiac Bypass/Valve Surgery (Streamlined referral process already in place)
- Palliative Care
- E-Stroke - Referrals are to be made through the electronic E-Stroke Rehab Referral System. For those organizations that do not have access to the E-Stroke Rehab Referral System, please download the PDF version of the E-Stroke Rehab Referral form from the GTA Rehab Network's website at: <http://www.gtarehabnetwork.ca/inpatient-rehab-ccc> .
- Referrals for Geriatric Psychiatry at Toronto Rehab are to be made using Toronto Rehab's existing application form.

**IMPORTANT:** For each referral, please complete the following and **FAX DIRECTLY TO THE PROGRAMS/ORGANIZATIONS YOU ARE REQUESTING**. Do not fax your referral to the GTA Rehab Network.

**EXCEPTION:** All ABI referrals should be faxed directly to the Toronto ABI Network (416) 597-7021.

**For each referral, please complete the following and fax directly to the programs you are requesting:**

1. *Acute Care to Inpatient Referral Form*: (includes Demographic, Referral, Social, Acute Care Medical Assessment, Care Requirements and Consent sections)
2. A *functional form* relevant to the rehab population being referred. Please use your clinical judgment to determine which functional would be most appropriate to give the best clinical picture of the patient. For example, the geriatric functional may be more appropriate to describe the functional needs of an older patient referred for MSK rehab.
3. For CCC referrals (other than referrals for Low Tolerance Long Duration / slow stream rehab), please complete the *CCC functional form*.

**Attachments required:**

- ✓ Medication list
- ✓ Abnormal CT Scan results
- ✓ Chemotherapy protocol, lab monitoring requirements, clinical impacts (oncology patients only)

**Optional attachments:**

- ✓ Social Work report
- ✓ Behavioural supplemental information

**Sending of Updates:**

For the majority of referrals, the sending of updates is not needed. However, in the event that there is any *significant* change/deterioration in the patient's status (i.e. medical, functional, infection status and or equipment needs), notify the inpatient rehab/CCC facility via telephone and/or by faxing medical notes and/or OT/PT/SLP notes.

**Discharge/Transfer Checklist:**

Upon transfer of patient, please refer to the ***Discharge/Transfer Checklist*** regarding the information that is to be sent with the patient to the post-acute destination.

\*Copies of the Inpatient Rehab/CCC Referral Form can be downloaded from the GTA Rehab Network's website at <http://www.gtarehabnetwork.ca/inpatient-rehab-ccc>.

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## ACUTE CARE TO INPATIENT REHAB/CCC REFERRAL FORM

### SECTION 1: DEMOGRAPHIC INFORMATION

To be completed by Social Worker/Discharge Planner/Case Manager

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### INPATIENT REHAB/CCC REFERRAL

Please complete the Inpatient Rehab/CCC Referral Form **and** a population-specific functional form. Send the completed copies via fax to the program requested.

#### PATIENT REGISTRATION

Patient's first name

Last name

Sex  M  F

DOB (YYYY-MM-DD)

Health Card Number

Version

Expiry Date (if available)

Province/Territory issuing Health Card

Ontario  Other (Specify)

#### DEMOGRAPHICS

Home Address

Postal Code

Home Telephone Number

Family Physician's name

Family Physician's contact information (phone or fax)

Primary language spoken

Speaks, understands English  Yes  No  Minimal

Interpreter Needed?  Yes  No

Speaks, understands another language (list)

Other relevant cultural considerations (specify)

#### EMERGENCY CONTACT

Relationship to patient:  Spouse  Partner  Son/Daughter  Sibling  Parent  Relative  Friend  Other (specify): \_\_\_\_\_

Is the Emergency Contact a substitute decision-maker?  Yes  No

Name:

Address:

City/Prov:

Postal Code:

Daytime Phone:

Evening Phone:

#### RESPONSIBILITY FOR PAYMENT Source: CIHI NRS

OHIP

Federal Government

IFH (Interim Federal Health Grant)

Inter-provincial Insurance Plan

Insured/Self Pay

Other Payment Sources

WSIB

Uninsured/Self Pay

Unknown

#### If insurance payment

Name of insurer \_\_\_\_\_ Claim # \_\_\_\_\_ Certificate # \_\_\_\_\_

Group Number \_\_\_\_\_ Policy # \_\_\_\_\_

Completed by:

Phone:

Date:

## ACUTE CARE TO INPATIENT REHAB/CCC REFERRAL FORM

### SECTION 2: REFERRAL INFORMATION

To be completed by Social Worker/Discharge Planner/Case Manager

<b>Patient's Name</b>	
<b>Patient's admission date to this facility (YYYY-MM-DD)</b>	<b>Attending Physician</b>
<b>Referring facility</b>	
<b>Program Name and Service</b>	
<b>Bed Offer Contact (name and number/pager)</b>	<b>Fax number</b>
<b>Primary Contact</b> <input type="checkbox"/> Same as above. If different, specify name, number/pager and fax number.	
<b>Date Referral Completed (YYYY-MM-DD)</b>	
<b>Anticipated date ready for rehab<sup>1</sup> or ready for transfer to rehab/CCC (YYYY-MM-DD)</b>	
<b>If early referral (e.g., patient to be weaned off of NG tube, IV to be taken out) specify if special needs are expected to resolve.</b>	
<b>Comment</b>	
<b>Inpatient setting type requested</b> <input type="checkbox"/> Rehab: High Tolerance/Regular stream <input type="checkbox"/> Rehab: Low Tolerance Long Duration (LTLD/slowstream) <input type="checkbox"/> Complex Continuing Care (CCC)	<b>Rehab/CCC population requested</b> <input type="checkbox"/> ABI <input type="checkbox"/> Amputee <input type="checkbox"/> Burns <input type="checkbox"/> Cardiac <input type="checkbox"/> Chronic Ventilation <input type="checkbox"/> General/Medical <input type="checkbox"/> Geriatric <input type="checkbox"/> MSK <input type="checkbox"/> Neuro <input type="checkbox"/> Oncology <input type="checkbox"/> Respiratory Rehab <input type="checkbox"/> Spinal Cord <input type="checkbox"/> Trauma <input type="checkbox"/> Transplant <input type="checkbox"/> Other _____
<b>Organizations referred to: (Rank client preference in check boxes)</b> <input type="checkbox"/> Baycrest <input type="checkbox"/> Markham Stouffville Hospital <input type="checkbox"/> St. John's Rehab Hospital <input type="checkbox"/> West Park Healthcare Centre <input type="checkbox"/> Bridgepoint Health <input type="checkbox"/> Providence Healthcare <input type="checkbox"/> Toronto East General Hospital <input type="checkbox"/> William Osler Health Centre <input type="checkbox"/> Credit Valley Hospital <input type="checkbox"/> Rouge Valley Health System <input type="checkbox"/> Toronto Grace Health Centre <input type="checkbox"/> York Central Hospital <input type="checkbox"/> Halton Healthcare Services <input type="checkbox"/> Runnymede Healthcare Centre <input type="checkbox"/> Toronto Rehab <input type="checkbox"/> Other (specify): _____ <input type="checkbox"/> Lakeridge Health <input type="checkbox"/> Southlake Regional Health Centre <input type="checkbox"/> Trillium Health Centre	
<b>Preferred accommodation</b> <input type="checkbox"/> Ward <input type="checkbox"/> Semi private <input type="checkbox"/> Private <input type="checkbox"/> Isolation <input type="checkbox"/> Other (specify): _____ <input type="checkbox"/> Co-payment fees reviewed (where appropriate)	
<b>Additional referral comments</b>	
<b>Completed by:</b>	<b>Phone:</b>
	<b>Date:</b>

<sup>1</sup> Ready for rehab: Refer to Inpatient Rehab/LTLD Referral Guidelines GTA Rehab Network 2009, <http://www.gtarehabnetwork.ca/referral-guidelines>

## ACUTE CARE TO INPATIENT REHAB/CCC REFERRAL FORM

### SECTION 3: SOCIAL INFORMATION

To be completed by Social Worker

**Patient's Name:** \_\_\_\_\_

PERSONAL CARE	FINANCES
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**Who manages the patient's PERSONAL CARE decisions now?**  
 Self       A substitute decision maker       Power of Attorney  
 Guardian       Public Guardian/Trustee       Others       Don't know

**If other than Self, list contact information, PERSONAL CARE**  
 Name: \_\_\_\_\_  
 Relationship to patient:  Spouse     Partner     Son/Daughter  
 Sibling     Parent     Relative     Friend     Appointed     Other

**Who manages the patient's FINANCES now?**  
 Same as contact person, PERSONAL CARE    **or**  
 Self       A substitute decision maker       Power of Attorney  
 Guardian       Public Guardian/Trustee       Others       Don't know

**If other than Self or Personal Care decision maker, list Contact Person and contact information, FINANCES**  
 Name: \_\_\_\_\_  
 Relationship to patient:  Spouse     Partner     Son/Daughter  
 Sibling     Parent     Relative     Friend     Appointed     Other

Address: \_\_\_\_\_ City/Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Address: \_\_\_\_\_ City/Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

**Financial Information: (Adapted from CIHI NRS)**  
 WSIB     EI     STD     LTD     CPP     OAS     ODSP  
 Ontario Works     Self-Employed     Employed     Veteran  
 No income       Auto Insurance (provide name of insurance co., adjustor): \_\_\_\_\_

**Marital Status:**  
 Single                                       Separated                       Unknown  
 Married                                       Divorced  
 Common Law                               Widowed

**Home living situation, living with: (Adapted from CIHI-NRS)**  
 Spouse/Partner                               Living Alone  
 Family (including extended family)       Not applicable  
 Others     Unknown

**Support required before admission to acute care:**  
 None     Spouse/Partner  
 Family support (including extended family)     Roommate or others  
 Attendant care                                       CCAC  
 Privately-funded care                               Other (Specify): \_\_\_\_\_

**Pre-Admission Accommodation:**  
 House                       Long-term Care Home       Homeless/Hostel  
 Apartment Building     Rooming House               Unknown  
 Retirement Home       Residential Group Home  
 Other (Specify): \_\_\_\_\_

**Describe accommodation barriers that must be dealt with in order for patient to return home:**  
 No barriers                                       Stairs to bedroom  
 Stairs into dwelling                               Don't know  
 Stairs to bathroom                               Other (list): \_\_\_\_\_

**Caregiver support post-rehab can be provided by: (Check all that apply)**  
 None     Spouse/Partner  
 Family support (including extended family)     Roommate or Others  
 Attendant care                                       CCAC  
 Privately-funded care                               Other (Specify): \_\_\_\_\_

**Expected discharge destination post rehab:**  
 Home     LTC     CCC     Assisted Living (e.g. seniors building)  
 Shelter/Hostel     Don't know     Other (specify) \_\_\_\_\_  
 Has discharge plan been discussed with client/family?     Yes       No  
 Have back-up plans been discussed?     No     Yes    If yes, specify: \_\_\_\_\_

**Comments regarding social situation/issues:**     Social Work Report Attached

<b>Completed by:</b> _____	<b>Telephone:</b> _____	<b>Date:</b> _____
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## ACUTE CARE TO INPATIENT REHAB/CCC REFERRAL FORM

### SECTION 4: ACUTE CARE MEDICAL ASSESSMENT

To be completed by Physician or Physician Designate

**Patient's Name:** \_\_\_\_\_

**Primary Diagnosis:** \_\_\_\_\_

**Past and relevant surgical history:**  No  Yes If yes, specify: \_\_\_\_\_

**Current surgical intervention(s) with date(s):** \_\_\_\_\_

**Clinical course in hospital (e.g. infections, surgical complications):** \_\_\_\_\_

**Past & relevant medical history (e.g. cardiovascular conditions, orthopaedic conditions or other):** \_\_\_\_\_

**Relevant psychiatric history:**  No  Yes If yes, describe history, current status, attach recent consult notes and provide details of follow-up arrangements: \_\_\_\_\_

Head CT Scan Results	Other CT Scan Results	MRI Results
<input type="checkbox"/> N/A <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal -- attach results	<input type="checkbox"/> N/A <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal -- attach results	<input type="checkbox"/> N/A <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal -- attach results

**Medication: Attach MAR. Is patient receiving atypical/study drugs?**  No  Yes If yes, please specify drug(s), availability and costs: \_\_\_\_\_

**Weight bearing status:**  No restrictions

Left:  As tolerated  Partial \_\_\_\_\_ lbs  Touch weight bearing  Non weight bearing.  
 Precautions and restrictions: \_\_\_\_\_ Date to become weight bearing: \_\_\_\_\_

Right:  As tolerated  Partial \_\_\_\_\_ lbs  Touch weight bearing  Non weight bearing.  
 Precautions and restrictions: \_\_\_\_\_ Date to become weight bearing: \_\_\_\_\_

**For Oncology Patients only:**

**Summary of current cancer picture:**  Radiotherapy Specify start date, duration & frequency: \_\_\_\_\_  
 Chemotherapy (Specify):  Oral  IV  Other (Attach protocol, lab monitoring requirements, anticipated side effects and other clinical impacts.)

**Haemoglobin and White Blood Cell Count done within last week?**  Yes  No **Results:** \_\_\_\_\_

**Have end of life care issues been discussed with:** Patient?  Yes  No Family?  Yes  No  N/A

Please specify any issues/concerns: \_\_\_\_\_

**Referring Physician/Designate:** I authorize a referral for this individual for the hospital/agency/program specified.  
 Name: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## ACUTE CARE TO INPATIENT REHAB/CCC REFERRAL FORM

### SECTION 5: CARE REQUIREMENTS

To be completed by Nursing

<b>Patient's Name:</b>	<b>Smoker:</b> <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Independent/Safe		
<b>Weight:</b> <input type="checkbox"/> 300 lbs (136 Kg) or more	<b>Height:</b> _____ <input type="checkbox"/> Inches <input type="checkbox"/> Centimetres <input type="checkbox"/> Unknown		
<b>Hearing:</b> <input type="checkbox"/> Intact, can hear routine conversation <input type="checkbox"/> Intact, with hearing aid <input type="checkbox"/> Reduced hearing <input type="checkbox"/> Completely impaired <input type="checkbox"/> American Sign Language			
<b>Vision:</b> <input type="checkbox"/> Intact <input type="checkbox"/> Intact with visual aid <input type="checkbox"/> Visual field deficit <input type="checkbox"/> Double vision <input type="checkbox"/> Completely impaired			
<b>Allergies:</b> <input type="checkbox"/> NKDA <input type="checkbox"/> Yes If yes, list allergies:			
<b>Diet:</b> <input type="checkbox"/> Regular <input type="checkbox"/> Kosher <input type="checkbox"/> Diabetic <input type="checkbox"/> Renal <input type="checkbox"/> Low Sodium <input type="checkbox"/> Other (specify):			
<b>Fully Oriented?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No If no, specify below: <b>Oriented to:</b> <input type="checkbox"/> Person <input type="checkbox"/> Place <input type="checkbox"/> Time	<b>Comments:</b>		
<b>Behavioural Issues:</b> <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, please describe or <input checked="" type="checkbox"/> if supplemental information attached <input type="checkbox"/> (For ABI patients, see ABI functional section for more information.)			
<b>Infection Control - Does individual currently have:</b> MRSA: <input type="checkbox"/> No <input type="checkbox"/> Yes Location: _____ VRE: <input type="checkbox"/> No <input type="checkbox"/> Yes Location: _____ C-Difficile: <input type="checkbox"/> No <input type="checkbox"/> Yes Other: (Specify) _____			
<b>Safety Support required:</b> <input type="checkbox"/> N/A <input type="checkbox"/> Requires bed rails <input type="checkbox"/> Requires Geri chair <input type="checkbox"/> Requires Hoyer/Mechanical lift			
<b>Wandering risk:</b> <input type="checkbox"/> N/A <input type="checkbox"/> Indoor <input type="checkbox"/> Outdoor <input type="checkbox"/> Wander guard <input type="checkbox"/> Exit Seeker			
<b>Restraints used:</b> <input type="checkbox"/> N/A <input type="checkbox"/> Physical <input type="checkbox"/> Chemical <input type="checkbox"/> Lap belt <input type="checkbox"/> Wrist restraint <input type="checkbox"/> One-to-one <input type="checkbox"/> Other	<b>Reason:</b> <input type="checkbox"/> Exit-seeking, at risk for elopement <input type="checkbox"/> Agitated, may harm self or others <input type="checkbox"/> Safety (e.g. at risk for falls) <b>Frequency:</b> _____		
<b>Falls:</b> <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, specify: <input type="checkbox"/> home/community <input type="checkbox"/> hospital <b>History &amp; Frequency:</b> <input type="checkbox"/> Frequent <input type="checkbox"/> Rare <input type="checkbox"/> Intermittent			
<b>Reason for fall:</b> <input type="checkbox"/> Balance <input type="checkbox"/> Vision <input type="checkbox"/> Strength <input type="checkbox"/> Fatigue <input type="checkbox"/> Decreased insight/judgment <input type="checkbox"/> Unknown <input type="checkbox"/> Other (list):			
<b>SPECIAL NEEDS:</b> Indicate the special needs of the patient.			
<b>Tracheostomy:</b> <input type="checkbox"/> N/A <input type="checkbox"/> Cuffed <input type="checkbox"/> Uncuffed Size: _____ Brand _____ Frequency of suctioning _____	<b>Intravenous:</b> <input type="checkbox"/> N/A <input type="checkbox"/> Central Line <input type="checkbox"/> Peripheral Line <input type="checkbox"/> Portacath <input type="checkbox"/> Other _____		
<b>Oxygen:</b> <input type="checkbox"/> N/A <input type="checkbox"/> Intermittent Oxygen _____ L/min <input type="checkbox"/> Constant Oxygen _____ L/min <input type="checkbox"/> O2 at rest _____ L/min <input type="checkbox"/> O2 at exercise _____ L/min BIPAP <input type="checkbox"/> CPAP	<b>Enteral Feeding:</b> <input type="checkbox"/> N/A <input type="checkbox"/> NG Tube <input type="checkbox"/> GJ Tube <input type="checkbox"/> J Tube <input type="checkbox"/> G Tube Specify type & rate of feeds:		
<b>Dialysis:</b> <input type="checkbox"/> N/A <input type="checkbox"/> Peritoneal Dialysis <input type="checkbox"/> Hemodialysis <b>Accessibility to Dialysis Centres:</b> <input type="checkbox"/> Family drives <input type="checkbox"/> Volunteer drives <input type="checkbox"/> Wheel-Trans <input type="checkbox"/> Other _____ <b>Treatment Dates/Times/Location</b> (specify):			

## ACUTE CARE TO INPATIENT REHAB/CCC REFERRAL FORM

### SECTION 5: CARE REQUIREMENTS (cont'd)

To be completed by Nursing

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<b>Patient's Name:</b>
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<b>Ventilation:</b> <input type="checkbox"/> N/A <span style="margin-left: 150px;"><input type="checkbox"/> Chest Tube</span> <input type="checkbox"/> Ventilation Specify type of vent:
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<b>Skin condition:</b> <input type="checkbox"/> Intact <span style="margin-left: 50px;"><input type="checkbox"/> Not intact</span> <span style="margin-left: 50px;"><input type="checkbox"/> One Site</span> <span style="margin-left: 50px;"><input type="checkbox"/> Multiple Sites</span> <span style="margin-left: 50px;"><input type="checkbox"/> Vac Therapy</span> <span style="margin-left: 50px;"><input type="checkbox"/> Burn</span>
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<b>Location</b>
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<b>Braden staging grade</b>	<b>Size</b>
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<b>Treatment Details</b>
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<b>Equipment Needs:</b> <input type="checkbox"/> N/A
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<input type="checkbox"/> Bariatric <input type="checkbox"/> Special Bed <input type="checkbox"/> Special Mattress <input type="checkbox"/> Other (specify):	<b>Equipment details/procedures</b>
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<b>Bladder Management:</b> <input type="checkbox"/> N/A
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<input type="checkbox"/> Indwelling catheter <input type="checkbox"/> Intermittent catheterization <input type="checkbox"/> Condom catheter <input type="checkbox"/> Using incontinent product <input type="checkbox"/> Toileting assistance required <input type="checkbox"/> Occasional incontinence <input type="checkbox"/> Total incontinence <input type="checkbox"/> Bladder retention/Bladder scanned	<b>Treatment details/procedures</b>
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<b>Bowel Management:</b> <input type="checkbox"/> N/A
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<input type="checkbox"/> Toileting assistance required <input type="checkbox"/> Occasional incontinence <input type="checkbox"/> Total incontinence <input type="checkbox"/> Using incontinent product	<b>Treatment details/procedures</b>
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<b>Ostomy:</b> <input type="checkbox"/> N/A <input type="checkbox"/> Yes
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<b>Ability to care for ostomy:</b> <input type="checkbox"/> Independent <input type="checkbox"/> Total care <input type="checkbox"/> Requires supervision	<b>Type/brand and care/products required</b>
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<b>Completed by:</b>	<b>Phone:</b>	<b>Date:</b>
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## ACUTE CARE TO INPATIENT REHAB/CCC REFERRAL FORM

### SECTION 6: CONSENT TO DISCLOSE PERSONAL HEALTH INFORMATION

**To be completed for all referrals** (by Social Worker/Discharge Planner/Case Manager):

I agree that \_\_\_\_\_  
*(Name of facility disclosing information)*  
 may release my personal health information to make a referral.

**Organizations referred to:**

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Baycrest                   | <input type="checkbox"/> Markham Stouffville Hospital | <input type="checkbox"/> St. John's Rehab Hospital     | <input type="checkbox"/> West Park Healthcare Centre |
| <input type="checkbox"/> Bridgepoint Health         | <input type="checkbox"/> Providence Healthcare        | <input type="checkbox"/> Toronto East General Hospital | <input type="checkbox"/> William Osler Health Centre |
| <input type="checkbox"/> Credit Valley Hospital     | <input type="checkbox"/> Rouge Valley Health System   | <input type="checkbox"/> Toronto Grace Health Centre   | <input type="checkbox"/> York Central Hospital       |
| <input type="checkbox"/> Halton Healthcare Services | <input type="checkbox"/> Runnymede Healthcare Centre  | <input type="checkbox"/> Toronto Rehab/UHN             | <input type="checkbox"/> Other (specify): _____      |
| <input type="checkbox"/> Lakeridge Health           | <input type="checkbox"/> St. John's Rehab Hospital    | <input type="checkbox"/> Trillium Health Centre        |  |

**To be completed for all referrals:**

Print Name of Patient: \_\_\_\_\_

Signature of Patient/Substitute: \_\_\_\_\_ Date:(YYYY/MM/DD) \_\_\_\_\_

Name of Substitute: \_\_\_\_\_  
 (print name)

Relationship to patient, if signed by Substitute: \_\_\_\_\_

- Yes, an interpreter was used when consent was obtained.  
 No interpreter was required.