

Where are we located → 2 sites**University Centre**

- Downtown Toronto at University and Elm Street (north of Dundas)
- 550 University Avenue

**Rumsey Neuro**

- Bayview & Eglinton - just south of Sunnybrook Hospital
- 345 Rumsey Road

**Who to refer:**

- Clients with a recent (onset within 24 months) acquired brain injury that is not degenerative/progressive in nature with imaging findings on CT or MRI
- Those 18 years of age or older
- Clients who are medically, psychiatrically / behaviourally stable
- Clients who have clearly defined rehab goals and the potential to achieve them – we address physical, perceptual, cognitive, communicative and social issues
- Clients who require at least two therapy services (we do not provide single services)
- Clients who are able and willing to participate, and able to learn and carryover information taught
- Clients who are able to get to our centre independently and toilet on their own OR have family member/ friend to assist with this

How to refer & what to include:

- Referrals must come via the Toronto ABI Network *community referral form* www.abinetwork.ca → referrals → community form
- Referrals should include the following:
 - ☐ MD signature – please ensure that the name of the most responsible physician is clearly on the form, so that we know who to reply back to
 - ☐ Hospital Admission / Discharge notes
 - ☐ MRI/CT scan results
 - ☐ Allied health notes
 - ☐ Consultant notes (e.g. Neuropsychiatrist, ENT)
- Including the above information ensures more timely review of referrals

Who to contact for more information:

 Outpatient ABI Service Coordinator 416-597-3422 x5321

What services are available:

We work in inter-professional teams in a client-centred and goal-based manner. Our team is made up of:

- Occupational Therapy
- Physiotherapy
- Speech Therapy
- Social Work
- Neuropsychologist & Psychometry (for assessment only, not counselling)
- Psychiatrist
- Neuropsychiatry

Admission Process:

- Service Coordinator reviews the referral
- Service Coordinator calls client/family and/or referral source
- If client meets admission criteria they will attend an intake assessment with our physiatrist and members of our allied health team
- If appropriate for our program, client is offered an admission to our program. There is a waitlist to start with the services recommended

How should I prepare my clients for rehab:

- Inform them of the above process
- Ensure they have reliable transportation
- Let them know that, if accepted, they will attend two to three times per week during the hours of 9 am – 4pm
- Ask them to start thinking about rehab goals and to write down things they are finding difficult to do
- Length of stay depends on client goals and how much they are benefiting from the program

What can clients expect:

- In the first two weeks, the team will assess the client and help to develop goals
- At the end of the two weeks, the team will meet with the client and family at a Care Conference. A tentative discharge date is set at the care conference.
- Client continues to be seen by the team as necessary until discharge
- Telephone follow-up call will be made approximately 2 months post-discharge