



# **Remote Care Monitoring Program**

The Remote Care Monitoring (RCM) program is a partnership between Toronto Grace Health Centre (TGHC) and GRT Health. This program uses a broad range of technology to support clients in remaining safe at home, while collaborating with other service providers, such as Ontario Health atHome, primary care, community responders, and hospitals.

#### Goals

- Support clients to live safely and independently at home
- Provide support to families/caregivers
- Reduce hospitalizations and/or delay admission to long-term care

#### **RCM Devices**

There is **no cost** to the client to participate in the RCM program.



Pendant (Odyssey Go)



Medication Dispensing Device (Karie/Spencer)

#### SOS/Falls/GPS Locating Pendant (OdysseyGo)

- Provides escalation for falls and SOS (non-falls-related emergency) alerts
- Canada-wide coverage (dependent on cellular signal)
- GPS locating and geofence (virtual perimeter) features for clients with a wandering history





## **Medication Dispensing Device (Karie/Spencer)**

- Provides a secure means to manage medications by dispensing appropriate medications at the prescribed time
- Device will alert clients to take medications at the prescribed time using a flashing light and chime
- If a client does not dispense the medication within a set period of time, the TGHC team will notify clients and/or assigned caregivers, so the issue can be quickly addressed
- Please note that although the RCM Team can determine whether someone dispensed the medications, we do not know if the client ingested them

#### **Eligibility Criteria**

Referrals must be submitted using our online referral form by a healthcare professional or individual who is working with the client in a formal capacity (e.g. Ontario Health atHome, community responders, etc.).

The RCM team will assess a client for their eligibility based on the following criteria:

- 60+ years of age
- Valid OHIP coverage
- Requires support to maintain safety and independence in the home (e.g., fall risk, wandering history, forgetfulness with medications, etc.
- Have an escalation point while in the community (e.g., caseworker, OHaH care coordinator, family member, friend, etc.), whereby the RCM team can communicate non-urgent concerns.
- Stable housing/living environment
- Due to cellular and magnetic features, individuals with cardiac implantation devices (e.g. pacemakers) are ineligible for the SOS/Falls/GPS Locating Pendant (OdysseyGo). Other devices offered by the program do not have an impact and can still be considered.

### **Contact Information**

For additional information, feel free to visit our website or reach out to our team.

RCM Website: <a href="https://www.torontograce.org/programs-services/remote-care-monitoring/">https://www.torontograce.org/programs-services/remote-care-monitoring/</a>

Email: rcmteam@torontograce.org

Phone Number (non-emergency): (647)-660-8233