

Cleaning Urine Drainage Bags

When using a drainage bag, you need to clean it regularly. This helps prolong the life of your bag and prevent infection. Cleaning your bag is easy and can be done with a vinegar solution. Clean your bag every 2 to 3 weeks.

Procedure

Wash your hands before and after cleaning the drainage bag. To help fill the bags with cleaning solution, use a plastic squirt bottle or a funnel. Fill leg bags through the connector and night bags through the top tubing.

Cleaning Solution: Mix one part vinegar with three parts tap water. For example, 250mL (1 cup) of vinegar can be mixed with 750mL (3 cups) tap water.

1. Disconnect the drainage bag and empty the urine.
2. Rinse the bag with 200 mL of cold tap water two times. Each time, shake the water around for a few seconds. Empty the water into through the bag's spout.
3. Put about 30 ml (1oz) of cleaning solution into the bag and shake it around. Make sure that the solution touches the entire inner surface of the bag. Let the bag soak for 20 minutes. Drain the cleaning solution.
4. Rinse the bag with another 200mL of tap water.
5. Hang the bag on a hook and allow to air dry until the next use.
6. Before connecting the tubing, wipe the connectors with an alcohol swab.



Keep your bag clean by rinsing the tube and bag in the shower. Run hot water through the bag 2 to 3 times.

Contact your Nurse for more information.

MEDICAL

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