

# Suppository Use After Spinal Cord Injury

After a spinal cord injury, your bowels may not work as they used to. Your Doctor has prescribed a suppository as part of your bowel routine (going poo). A suppository is a medication that works by tightening the muscles in your bowels to move the stool (poo) out of your body. You can have a bowel movement within an hour of using this medication.

Your Doctor will order a suppository for you called **Dulcolax**. For some people this medication may not work very well. If Dulcolax does not work, your doctor will order the Magic Bullet. **Magic Bullet** works *faster* than **Dulcolax** because it melts faster. It has the same medication.

## Drug coverage

**Dulcolax** is covered by the Ontario Government drug plans and by Non-Insured Health Benefits (NIHB) program. The NIHB is a plan for eligible First Nations and Inuit peoples.

- Check with your insurance provider to see if it is covered by your insurance plan.
- You will need a doctor's prescription if covered by your insurance plan.
- You can buy this medication at all pharmacies without a prescription.

**Magic Bullet** is **not** covered by the Ontario Government drug plans. NIHB will pay for this medication.

- Check with your insurance provider to see if it is covered by your insurance plan.
- You will need a doctor's prescription if covered by your insurance plan.
- This medication must be purchased from specific bladder supplies vendors (see chart below). It is **not** available at pharmacies.
- Buy this medication without a prescription.

Contact your Doctor or Nurse for more information.

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www.SpinalCordEssentials.ca  
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Bladder supplies vendor	Phone number	Approximate price for a box of 100 Magic Bullet suppositories (please call for most updated price)
<b>D&amp;C Mobility Solutions</b> www.dcmobilitysolutions.com	1-866-456-1623	\$105 + tax
<b>LESLAM Company Limited</b> www.leslam.com	647-748-4388	Approximately \$127 + tax
<b>SCI Supply</b> www.scisupply.ca	1-877-363-2284	Approximately \$123 + tax
<b>WHYP Inc.</b> www.whyp.com	1-888-696-9497	\$120 + tax

**Important:** This is not a full list of vendors. UHN does not recommend one company or person over another and is not responsible for the care and services provided. Contact vendors directly to make sure the information is correct or to find out more about their products. Websites and web links may change.

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