



INTIMACY AFTER STROKE

Area(s) of interest and referral checklist

Topic	Specific area(s) of interest	(Referrals-circle) Comments
General Questions	<input type="checkbox"/> Interest in contraceptive options <input type="checkbox"/> Fertility <input type="checkbox"/> Safe sex <input type="checkbox"/> Risk of another stroke with sex <input type="checkbox"/> Risk of a heart attack with sex <input type="checkbox"/> Risk of injury with sex	(MD; PT; OT; Pharmacy)
Sex Drive/Interest	<input type="checkbox"/> Decrease or loss in sexual interest/sexual desire <input type="checkbox"/> Changes to sexual behavior	(SW; Behavior Therapy)
Sexual Functioning	<input type="checkbox"/> Difficulty achieving or maintaining an erection <input type="checkbox"/> Decreased vaginal lubrication <input type="checkbox"/> Decreased frequency and/or intensity of orgasm	(MD; Pharmacy)
Motor/Sensory Changes	<input type="checkbox"/> Difficulty with positioning <input type="checkbox"/> Difficulty with intercourse <input type="checkbox"/> Equipment (walkers, wheelchairs, canes...) <input type="checkbox"/> Altered or impaired genital sensation, including numbness, pain, burning, or discomfort	(PT; OT; MD)
Bladder/Bowel	<input type="checkbox"/> Bladder incontinence <input type="checkbox"/> Bowel incontinence <input type="checkbox"/> Internal and external dwelling catheters	(Nurse; MD)
Sexual/self-esteem	<input type="checkbox"/> Changes in self-image/body image <input type="checkbox"/> Changes in Mood (e.g., depression, anger...) <input type="checkbox"/> Feeling less sexy or attractive <input type="checkbox"/> Fear of being rejected sexually	(SW; Spiritual Care)
Partnership Issues	<input type="checkbox"/> Fear of never finding a partner <input type="checkbox"/> Fear of being rejected by partner <input type="checkbox"/> Worries about sexually satisfying partner <input type="checkbox"/> Feeling disconnected with partner	(SW; Spiritual Care)
Communication	<input type="checkbox"/> Difficulty speaking (aphasia) <input type="checkbox"/> Difficulty understanding <input type="checkbox"/> Difficulty communicating with partner	(SLP; SW)

Please share any other questions/concerns regarding intimacy after stroke: _____