

Spirometry

Spirometry with Bronchodilator

Spirometry and Lung Volumes

Instructions for patients

You will do this test at the Pulmonary Function Lab:

Toronto General Hospital

585 University Avenue, Norman Urquhart Building, 10th floor, room1018

📞 Phone: 416 340 4086

What is a spirometry test?

It is a quick breathing test. You may repeat the same test after receiving a bronchodilator (a type of medicine). This lets us check if your breathing improves after taking the medicine. This test takes about 30 minutes to complete.

How do I prepare for the test?

- Bring your health card (OHIP card) to the appointment.
- Don't wear any scented products. For example, don't wear perfume or lotion.
- Stop taking the medicines below for a certain time before your test, unless your doctor gave you different instructions.

Type of medicine	Examples	When to stop taking it
Short-Acting inhalers	Airomir (Salbutamol) Bricanyl (Terbutaline) Ventolin (Salbutamol)	6 hours before the test
	Atrovent (Ipratropium)	12 hours before the test
Long-Acting inhalers	Advair (Salmeterol) Alupent (Orciprenaline) Breo Ellipta (Vilanterol) Brovana (Arformoterol) Foradil (Formoterol) Oxeze (Formoterol) Onbrez Breezhaler (Indacaterol) Servent (Salbutamol) Striverdi Respimat (Olodaterol) Symbicort (Formoterol) Zenhale (Formoterol)	36 hours before the test