

# Pulmonary Function Tests

Instructions for patients

## You will do this test at the Pulmonary Function Lab:

### Toronto General Hospital

585 University Avenue, Norman Urquhart Building, 10<sup>th</sup> floor, room 1018

📞 Phone: 416 340 4086

## What are pulmonary function tests?

These are different kinds of breathing tests. You may do tests like Spirometry, Spirometry with bronchodilator, diffusion and lung volumes. A pulmonary function test can take up to 1 hour to complete.

## How do I prepare for the tests?

- Bring your health card (OHIP card) to the appointment.
- Don't wear any scented products. For example, don't wear perfume or lotion.
- Don't smoke for 2 hours before your test.
- If this is your first appointment at Toronto General, stop taking the medicines below for a certain time before your test, unless your doctor gave you different instructions.

Type of medicine	Examples	When to stop taking it
Short-Acting inhalers	Airomir (Salbutamol) Bricanyl (Terbutaline) Ventolin (Salbutamol)	6 hours before the test
	Atrovent (Ipratropium)	12 hours before the test
Long-Acting inhalers	Advair (Salmeterol) Alupent (Orciprenaline) Breo Ellipta (Vilanterol) Brovana (Arformoterol) Foradil (Formoterol) Oxeze (Formoterol) Onbrez Breezhaler (Indacaterol) Servent (Salbutamol) Striverdi Respimat (Olodaterol) Symbicort (Formoterol) Zenhale (Formoterol)	36 hours before the test