Protein Bars

Choose Protein Bars With:

- Less than **250 calories**
- Less than **10 grams of sugar**
- More than **14 grams protein**

☆ Always double check your Nutrition Facts table as the nutritional content of a product can change.

Where to Buy:

- Costco
- Walmart
- Shoppers Drug Mart
- GNC
- Popeyes
- Whole Foods
- Healthy Planet
- Your local grocery store
- Your local health food store
- Online
Pure Protein

Kirkland Signature Protein Bar

Presidents Choice High Protein Bar

Isofemme

Smart For Life

Quest Bar

Simply Bar

Promax Low Sugar

Atkins