<table>
<thead>
<tr>
<th>Program</th>
<th>Information</th>
<th>Eligibility</th>
<th>Contact Information</th>
<th>Fee</th>
</tr>
</thead>
</table>
| Community Care Access Centre (CCAC)         | Limited physiotherapy services available in the home.                       | - No specific requirements, but clients are prioritized based on need and availability of service  
- Doctor’s referral NOT required                  | EMAIL: frontdeskservices@ccac-ont.ca \nWEBSITE: [http://www.ccac-ont.ca](http://www.ccac-ont.ca) to find your local CCAC office  
TELEPHONE: 416-750-1720 or 310-CCAC           | No |
| Toronto Rehab Ambulatory musculoskeletal and oncology programs | - Assessment by a team of health care professionals to address issues in mobility and overall function caused by a cancer diagnosis and/or treatment | - Any patient with a diagnosis of cancer, who has identified goals for therapy  
- Doctor’s referral required                     | Find the referral form here:  
[http://www.uhn.ca/TorontoRehab/Health_Professionals/Referrals/Pages/dr_referral_musculoskeletal_outpatient_rehabilitation.aspx](http://www.uhn.ca/TorontoRehab/Health_Professionals/Referrals/Pages/dr_referral_musculoskeletal_outpatient_rehabilitation.aspx)  
ADDRESS: 550 University Avenue, Toronto, ON M5G 2A2  
TELEPHONE: 416-597-3422 ext. 4514  
FAX: 416-597-7174 | No |
| Toronto Rehab Geriatric Day Program         | Assessment by a team of health care professionals to address issues with mobility and function as a result of a number of issues such as recent hospitalization, falls, multiple, complex medical issues. | - Patients over the age of 65  
- Must be able to participate in therapy  
- Must have own transportation, or be willing to access services such as Wheel Trans  
- Doctor’s referral required                     | TELEPHONE: 416-597-3422 ext 3065  
EMAIL: michelle.cordeiro@uhn.ca  
WEBSITE: [http://www.uhn.ca/TorontoRehab/PatientsFamilies/Clinics_Tests/Geriatric_Day_Hospital](http://www.uhn.ca/TorontoRehab/PatientsFamilies/Clinics_Tests/Geriatric_Day_Hospital) | No |
| College of Physiotherapists of Ontario (CPO) | You can search for a registered Physiotherapist in Ontario using the “Find a Physiotherapist” function of the CPO website | All patients accepted May need a doctor’s referral, depending on insurance coverage Search for physiotherapists by location, language of practice and/or certain areas of practice | WEBSITE: [http://publicregister.collegept.org/PublicServices/Start.aspx](http://publicregister.collegept.org/PublicServices/Start.aspx) | Yes – varies by location |
| Canadian Physiotherapy Association | -The professional association of physiotherapists offers a Find a Physiotherapist option on its website -Can search by geographical location, or area of practice (for example, can select cancer care) | -All patients accepted -May need a doctor’s referral depending on insurance coverage -May not include all physiotherapists in an area – only those who have joined the association. -Physiotherapists self-report, meaning they can indicate an interest in cancer care, but this does not guarantee they have experience in this area. | WEBSITE: [http://www.opa.on.ca](http://www.opa.on.ca) Click “Find a Physiotherapist” | Yes – varies by location |
| OHIP physiotherapy clinics | Some clinics in Ontario have a special license which allows a portion of their fee to be covered by OHIP | To be covered for physiotherapy services at a publicly-funded physiotherapy clinic, you require a referral and: - Be 19 years old or younger or - Be 65 years old or older or - Be receiving benefits under the Ontario Disability Support Program or Family Works or - Have been overnight in hospital for a condition that now requires physiotherapy treatment | Check the Government of Ontario website for an up-to-date list of clinics providing OHIP funding near you. Please note these clinics do not necessarily have any experience with treating patients who have had cancer: WEBSITE: [http://www.ontario.ca/page/get-physiotherapy](http://www.ontario.ca/page/get-physiotherapy) | Partially covered by OHIP |
| LifeMark Cancer | LifeMark clinics (part of Centric) | -Any patient with a cancer diagnosis | Various locations throughout the | Yes - $90 |

Updated October 2015
| C.A.R.E program | Health) are a group of privately funded clinics throughout the province. They have 35 locations trained in the Cancer C.A.R.E program across Ontario. The Cancer C.A.R.E program provides Client-centered, Active Rehabilitation and Empowerment during and after cancer treatment. | -Doctor’s referral may be required depending on insurance coverage
-Indicate you would like a Cancer C.A.R.E. trained therapist when booking | GTA WEBSITE: [https://www.lifemark.ca/services/speciality-programs/cancer-rehabilitation](https://www.lifemark.ca/services/speciality-programs/cancer-rehabilitation)
FACEBOOK: [https://www.facebook.com/CancerRehabCanada](https://www.facebook.com/CancerRehabCanada)
TELEPHONE: 1-888-997-2298 | for 1 hr initial session and $65 for a 30 minute follow up session. Some locations may offer OHIP funding, please inquire when booking. |
|---|---|---|---|---|
| Lindsey Davey, MScPT Toronto Physiotherapy | Offers specialized rehabilitation services to help patients overcome the physical side effects of cancer and cancer treatment, including: pain, weakness and lethargy, scarring, acute swelling, decreased range of motion, neuropathy (nerve irritation), lymphedema (chronic swelling), and axillary web syndrome. All services are provided one-on-one with a Registered Physiotherapist or Massage Therapist (for certain services) who has received post-graduate training in cancer rehabilitation and | -Any patient with a cancer diagnosis
-Doctor’s referral may be required, depending on your insurance | Toronto Physiotherapy
2 locations: 741 Broadview Ave, Suite 206, Toronto, ON OR 1246 Yonge St, Suite 306, Toronto, ON
TELEPHONE:: 416.792.5115 FAX: 647.436.1926
EMAIL: info@torontophysiotherapy.ca
WEBSITE: [http://www.TorontoPhysiotherapy.ca](http://www.Torontophysiotherapy.ca) | Yes, though ADP application for compression garments can be completed free of charge |
| Cancer Care Rehab (Daniel and Aviva Devere) | In home cancer rehabilitation for all cancer diagnoses, and lymphedema management for breast cancer diagnoses. | -Doctor’s referral may be required, depending on your insurance | No physical location – in home treatment only. TELEPHONE: 647-220-4000 WEBSITE: [www.cancercarerehab.ca](http://www.cancercarerehab.ca) EMAIL: cancercarerehab@gmail.com | Yes |
| Kathryn Zbarsky, Physiotherapist, Mount Sinai Rehab and Wellbeing Centre | Experience in adult and pediatric cancer, including bone marrow transplant, leukemia and lymphoma, osteo- and Ewing Sarcoma (including post limb reconstruction and | -Any patient with a cancer diagnosis -Doctor’s referral may be required, depending on your insurance | ADDRESS: Rehab and Wellbeing Centre, Mount Sinai Hospital 600 University Ave, 11th floor, Room 1181 Toronto, ON TELEPHONE: 416-619-5546 | Yes |
amputation) and Neuro-oncology issues including spinal and brain tumours and peripheral neuropathies.

CancerSmart Rehab at MedFit Rehab

A holistic approach to ensure we progressively engage the mind, body, and spirit as we strive to improve client strength, range of motion, endurance, and overall quality of life, especially when performing activities of daily living. Clients get the best of both worlds: individual attention and support while in a dynamic group environment. Sessions are supervised by various medical rehab professionals: Exercise Rehab Specialists, Medical Exercise Specialists, Kinesiologists, and Gerontologists. Heart rate, fatigue level and blood pressure are monitored regularly. Includes:
- Group Interval Training
- Nutrition Programs
- Online Exercise and Nutrition Support
- Personal Training
- Off-Site and In-Home Visits
- Gentle yoga and Pilates
- Local Community

-Any patient with a cancer diagnosis
-Doctor’s referral may be required, depending on your insurance

WEBSITE: 
http://www.medfitrehab.com

ADDRESS: 1701A Avenue Road
Toronto, Ontario M5M 3Y3

TELEPHONE: 647.348.9150

EMAIL: 
inquiry@medfitrehab.com

Yes
<table>
<thead>
<tr>
<th><strong>Initiatives</strong></th>
<th><strong>Description</strong></th>
<th><strong>Contact Information</strong></th>
<th><strong>Eligibility</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Personal Best Independence and Wellness Centre at Sunnybrook Health Sciences Centre</strong></td>
<td>Offer two therapists who have worked within Sunnybrook for many years and have experience treating clients with shoulder issues post-surgery, or as preparing for/recovering from radiation. There is also a trained Combined Decongestive Therapist on staff who treats patients with lymphedema.</td>
<td>ADDRESS: Sunnybrook Health Sciences Centre U Wing, Ground Floor 2075 Bayview Avenue Toronto ON TELEPHONE: 416-480-4429 FAX:416-480-4057 EMAIL:<a href="mailto:info@pbiwc.com">info@pbiwc.com</a></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Clover O’Brien, Physiotherapist, St. George Physiotherapy</strong></td>
<td>Clover has experience with the management of scar tissue restrictions post abdominal or breast surgeries; patients who need a guided return to physical activity post cancer therapy; patients requiring core strengthening post abdominal surgeries, neck &amp; shoulder strengthening post neck dissection, or shoulder rehabilitation post mastectomy.</td>
<td>ADDRESS: 1202-180 Bloor St W, Toronto, Ontario TELEPHONE: 416 921 4587 WEBSITE: <a href="http://www.stgeorgephysio.ca">http://www.stgeorgephysio.ca</a> EMAIL: <a href="mailto:info@stgeorgephysio.ca">info@stgeorgephysio.ca</a></td>
<td>Yes, contact clinic for OHIP coverage information</td>
</tr>
</tbody>
</table>