Library Corner

By Michelle Snow, BSc, MISt, Librarian, Cancer Education Program, Princess Margaret Cancer Centre

It can be hard to talk to children about a cancer diagnosis. The Princess Margaret Patient and Family Library has a wide range of children’s books for patients and their families to borrow. You can find all the books listed below and many more at the library located on the main floor.

The Grog Family: Moma Grog gets sick (ages 2 – 5) by Gretchen Huntley

When Someone You Love Has Cancer: A guide to help kids cope (Ages 2 – 5) by Alaric Lewis

Mom and the Polka-Dot Boo-Boo: A gentle story explaining breast cancer to a young child (ages 2 – 10) by Eileen Sutherland

Our Dad is Getting Better (ages 5 – 10) by Alex, Emily and Anna Rose Silver

Our Mom has Cancer (ages 5 – 10) by Abigail and Adrienne Ackermann

The Cancer That Wouldn’t Go Away: A story for kids about metastatic cancer (ages 10 and up) by Hadassa Field
World Cancer Day is a global event that takes place every year on February 4. This event unites the world’s population in the fight against cancer. It aims to save millions of preventable deaths each year by raising awareness and by providing education about cancer, asking governments and individuals across the world to take action. The Union for International Cancer Control (UICC) is responsible for coordinating World Cancer Day globally.

The theme for 2017 is – “We Can. I Can”. World Cancer Day 2016-2018 will explore how everyone can do their part to reduce the global burden of cancer.

World Cancer Day is a chance to reflect on what you can do to take action to reduce the impact that cancer has on communities, families and individuals.

Some of the key messages this year are:

- Share my story
- Create healthy environments
- Love, and be loved
- Shape policy change
- Support others
- Make healthy lifestyle choices
- Make the case for investing in cancer control
- Challenge perception
- Prevent cancer
- Ask for support
- Inspire action, take action
- Work together for increased impact
- Be myself
- Speak out
- Take control of my cancer journey
- Understand that early detection saves lives

On February 4, stop by the Patient & Family Library on the main floor at Princess Margaret Cancer Centre on to learn more about World Cancer Day. Listed below are resources that you can find in the library that will help to support these key messages so that more lives are saved.

- Reduce Your Risk of Breast Cancer
- Reduce Your Risk of Colorectal Cancer
- A Pap Test Could Save Your Life
- Reduce Your Risk of Skin Cancer
- Preventing Cancer
- Eating Well with Canada’s Food Guide
AYA is Accepting Nominations for the Michael Kamin Hart Award

Mehwish Syed, CFRE, Manager, Leadership Giving, The Princess Margaret Cancer Foundation

The Adolescent and Young Adult (AYA) Program is currently accepting nominations for the 2017 Michael Kamin Hart Award. This award is offered annually in memory of Michael, a young man previously diagnosed with lymphoma and recognizes an employee or volunteer at The Princess Margaret who has had an exceptional impact on the experience and care of an AYA patient (ages 39 and under). Nominations will be accepted from patients, family and friends, and health care providers by Friday, March 17, 2017.

To nominate, please provide us with the following information:

1. Basic information about nominator (your name, email and phone contact, relationship to nominee) and nominee (name, job title, and department).

2. Tell us why this nominee should be recognized for excellence in AYA oncology care. This can be done as a story (max 500 words), video or audio clip (1 to 3 mins), drawing or photograph with description (max 500 words).

3. Submissions can be sent via:
   - Email at aya@uhn.ca
   - Message or post on our Facebook: AYA Program at Princess Margaret
   - Message or tweet us on Twitter: @ayaprogram

For additional questions, please connect with us through email or any one of our social media platforms. We look forward to hearing from you!
“When you’ve had cancer, every day is a gift.” – Chris Taylor

“When you’ve had cancer, every day is a gift.”

“Thanks to the groundbreaking research, the care of Dr. Messner and the compassion of the whole team at The Princess Margaret, I'm here today.”

A gift left in your Will can save lives.
If cancer is your cause, support one of the top 5 cancer research centres in the world. To learn more about planning your gift, call 416-946-2295 or email legacy@thepmcf.ca

See Chris Taylor’s story at www.thepmcf.ca

The Princess Margaret Cancer Foundation UHN

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