

Patient Education at Princess Margaret Cancer Centre

Patients with cancer require a high level of information, education and support across the continuum of care. A person-centred approach to the provision of patient education in cancer care, including well-planned education and support, can help patients cope with the effects of their illness, increase their sense of self-efficacy, and can lead to improved understanding, lower anxiety, improved health outcomes, and quality of life.

Integrating effective therapeutic patient education into models of care addresses deficits in health literacy, facilitates the adoption of self-management behaviors, and supports patients and families in being engaged, empowered partners in their care.

Patients will be provided with general information on treatments and possible side-effects. In some cases, additional information specific to disease sites and/or procedures will be provided to patients.

Princess Margaret Cancer Centre follows guidelines and practices as outlined by Cancer Care Ontario (CCO):

- [Effective Teaching Strategies and Methods for Patient Education \(Dec 2009\)](#)
- [Establishing Comprehensive Cancer Patient Education Services \(Aug 2006\)](#)