





Why Freeze Eggs?

- ## When to Freeze?

- ## How Long Does It Take?

- ## Overview of Process

- 1** You, the **Patient**, are asked if fertility preservation is important to you.
If yes → AYA is contacted


 - 2** AYA meets with the you, explains the process & associated costs.
A referral to a fertility clinic is sent


 - 3** The fertility clinic contacts you to begin baseline investigations in an appointment (blood work and a transvaginal ultrasound)


 - 4** You attend the fertility clinic visit


 - 5** If you would like to continue with the egg retrieval process, you will be instructed on how to self-administer hormonal injections for ovarian stimulation. You will have to come back to the fertility clinic during this process often, so that they can monitor your response


 - 6** When your eggs are considered mature, the egg retrieval procedure will be booked


 - 7** Your eggs are frozen and stored for future use - contact the fertility clinic to discuss initiating the IVF process


 - 8** One round of IVF is covered under OHIP

