

Adolescent and Young Adult Program

AYA Newsletter





ROM March 13th





Email aya@uhn.ca to get tickets for this Month's ROM Passes

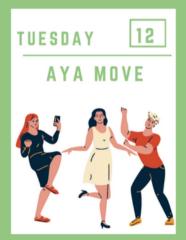
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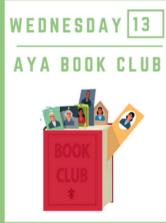


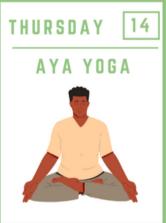
MARCH 2024









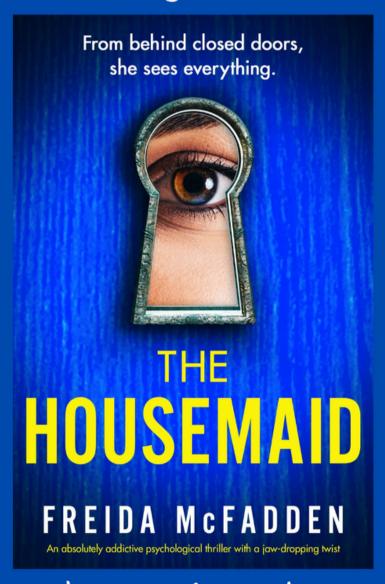








AYA BOOK CLUB READ March



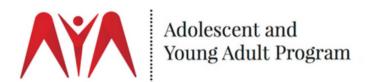
ABSOLUTELY &

JAW DROPPING

PSYCHOLOGICAL THRILLER

DATE: MARCH 13TH @ 6PM

Meet-Ups



VIRTUAL MEET-UP









TUESDAY MARCH 12 6-7:30PM THURSDAY MARCH 28 6-7:30PM VIRTUAL MS TEAMS

WEBINAR SERIES

#Cancer & Fertility: Unfiltered

Hosted by Mount Sinai Fertility, Women's College Hospital, Princess Margaret Cancer Centre's Adolescent and Young Adult and Psychosocial Oncology programs

Information for New Diagnosis: Those with Testes



Date

January 31, 2024

06:00pm - 07:30pm

Abha Gupta, MD

Princess Margaret Cancer Centre Jennia Michaeli, MD

Mount Sinai Fertility

Leia Spencer, RN

Information for New Diagnosis: Those with Ovaries



February 28, 2024

06:00pm - 07:30pm

Abha Gupta, MD

Princess Margaret Cancer Centre

Jennia Michaeli, MD

Mount Singi Fertility

Nicola Farnell, NP Mount Sinai Fertility

Menopause & Hormones



March 27, 2024

06:00pm - 07:30pm

With

Iliana Lega, MD

Womens College Hospital

Jennifer Catsburg, CNS

Princess Margaret Cancer Centre

Managing Uncertainty Around Fertility



April 24, 2024

06:00pm - 07:30pm

Aliza Panjwani, PhD CPsyc Princess Margaret Cancer Centre

Jennifer Catsburg, CNS

Princess Margaret Cancer Centre

How To Manage Grief/Anticipatory Grief around Fertility



May 22, 2024

06:00pm - 07:30pm

With

Aliza Panjwani, PhD CPsyc Princess Margaret Cancer Centre

Simone Kurup, MSW

Princess Margaret Cancer Centre

Sofi Canales-Albarran, MD

Princess Margaret Cancer Centre

Alternatives for Growing Your Family After Treatment



June 26, 2024

06:00pm - 07:30pm

Abha Gupta, MD

Princess Margaret Cancer Centre

Jodi Goldstein, MSW

Mount Sinai Fertility

MUST ENROLL TO RECEIVE PRIVATE LINK FOR THESE SESSIONS EMAIL: aya@uhn.ca





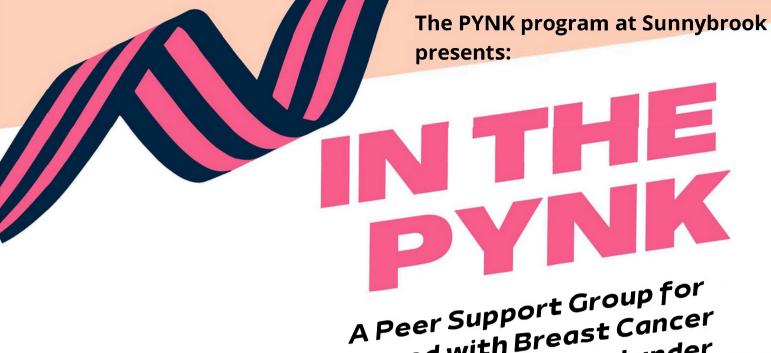




You're invited to attend our Local Socials in Toronto this Spring! Join us to connect with other incredible young women who understand the journey of facing cancer — they promise laughter, connection and forever friendships!

Here's what's coming up:
March 18th ~ Snakes and Lattes at 7pm
April 9th ~ Snakes and Lattes at 7pm
May 8th ~ Walk in High Park at 7pm

RSVP to community@pinkpearlcanada.org at least one week prior to the Local Social. This program is free to attend, and is open to self-identifying women facing any type of cancer between the ages 18-40+.



Women Diagnosed with Breast Cancer



MODERATORS:

Sandy Vuong, CCPA, PYNK Physician Assistant Brooke MacDonald, MSW, RSW

Monthly Peer support groups

Wellspring Westerkirk House at Sunnybrook 105 Wellness Way

Register at: https://bit.ly/pynk-support-groups



For more information, email: sandy.vuong@sunnybrook.ca





Living Well with PYNK

Facilitated by Brooke Macdonald, Social Worker & Sandy Vuong, Physician Assistant

An online support group for young women living with metastatic breast cancer

Over a set of 6 sessions, we will present information on relevant topics followed by open peer discussion

6 sessions, biweekly Starting on Friday Feb 9, 2024 12.00–1.00 PM



ZOOM

Minimum of 5 participants to run



QUESTIONS? EMAIL PYNKPROGRAM@SUNNYBROOK.CA