

AYA NEWSLETTER



Adolescent and
Young Adult Program

MAY 2022

NEXT AYA MEET-UP

Join us every 4th
Thursday of the month
to chat and connect
with other AYAs!

THURSDAY MAY 26 2022

WANT TO REGISTER?

Please email aya@uhn.ca for
registration and to receive the
Meeting Link for MTeams!

IMPORTANT NOTE:

MS Teams link will be sent out a
few days prior to the meet-up



CHECK OUT OUR SOCIAL MEDIA PAGES

 @ayaprogram

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THIS MONTH'S THEME IS:

Support For AYA's Kids



SPECIAL LISTEN



**Celebrating Mothers and
Caregivers with Lisa Garland**

podcasts.google.com

Join us for this very special podcast on Mother's Day as we talk to mom Lisa about her experience being a caregiver to her two sons, Matteo and Nicco, while they both battled cancers at very young ages.



UPCOMING EVENTS

KIDS' GRIEF EDUCATION DAY (MAY 18, 2022)

KIDS' GRIEF EDUCATION DAY

Wednesday, May 18th 2022 9:00 AM-4:30 PM ET

\$145 (+HST)



ANDREA WARNICK, RN, MA, REGISTERED PSYCHOTHERAPIST

Good Grief! Laying a Foundation for a Healthy Grief Process in Children & Youth



SIMONE KURUP, EDUCATION COORDINATOR (MSW STUDENT)



LISA ROBINSON, MSW, REGISTERED SOCIAL WORKER

When Grief & Anxiety Intersect: Strategies for Supporting Grieving Children and Youth who are Also Experiencing Anxiety

PETRA KOVACS, BHSC (MSW STUDENT)

GROW-vid 19: What we've lost, What we've learned: Helping youth process their experience of these unique and unprecedented times



BRIAN DOUGLAS, MSW, REGISTERED SOCIAL WORKER

Gaming & Grief: Creative ways to bring gaming into grief work with children and youth

**NICKI GALLO AFFLECK, CERTIFIED PLAY THERAPIST (CPT)
REGISTERED PSYCHOTHERAPIST (QUALIFYING)**

Virtual Play Therapy & Grief: Exploring the Oaklander Model, online sand trays, dollhouse and puppets when working with grieving children.



COLLEEN MOUSSEAU, M.ED, REGISTERED PSYCHOTHERAPIST

Grief & Complex Needs: Ways to communicate and support grief in children and youth with an Autism Spectrum Disorder and other Developmental Disabilities

**CLICK TO
REGISTER!**

UPCOMING EVENTS

CAMP
QUALITY



**GILDA'S CLUB
GREATER TORONTO**

An Affiliate of the
CANCER SUPPORT COMMUNITY

campquality.org

Grow Where You Are (A Garden Party)

May 26th 2022

In this session, we'll learn all about starting seeds, and growing and maintaining plants.

<https://www.campquality.org/breaking-borders>

Kids Talk Out- Older School Age Children (9-12)

This group will provide children with an opportunity to connect with peers, share experiences around cancer and how it has affected them and their families

<https://www.gildasclubtoronto.org/event/kids-talk-out-older-school-age-children-9-12-4/2022-05-17>

Monthly Webinar Series

How do I explain medical assistance in dying to my 13-year-old?

Should I talk about death with a preschooler?

How do you explain cremation?

KidsGrief Q&A

Children's grief expert **Andrea Warnick RN, MA** answers your questions. Visit KidsGrief.ca to register for the next webinar.



CANADIAN
VirtualHospice

Kids Grief Q&A

Andrea Warnick, children's grief therapist answers your questions.

Sign Up Link: <https://virtualhospice.us1.list-manage.com/subscribe?u=c07fa235771066576396bbc7a&id=99ed3d82b7>