

AYA NEWSLETTER

Next AYA Meetup

Date/time: February 25th
2021 6-7:30pm

Please email aya@uhn to register and to receive the meeting link.

Save the date! Upcoming AYA Symposium

Date/time: April 8th 2021
9-5:30pm

This symposium will aim to highlight new advances in AYA oncology from both researchers and community partners.

Register here: <https://www.eventbrite.ca/e/caring-for-the-future-adolescent-and-young-adult-symposium-registration-127076730923>



Let's talk about sex

Your sexual health is an important part of being human. We know that it can sometimes be difficult to talk about intimate topics with a partner, a friend, or even your healthcare provider.

However, the AYA team is here to help support you in taking care of all aspects of your wellbeing. Do you have a specific topic that you'd like to read about? We encourage you to explore the sexual health resources that are on our AYA website!

Prefer listening to Podcasts? We can recommend a fantastic one hosted by Dr. Kelly Casperson. Her Podcasts cover just about every sexual health topic imaginable, including sex and cancer. You can find them here: <https://podcasts.apple.com/us/podcast/you-are-not-broken/id1495710329>.

Presented by:



THINK
beyond
LOVE
PINK



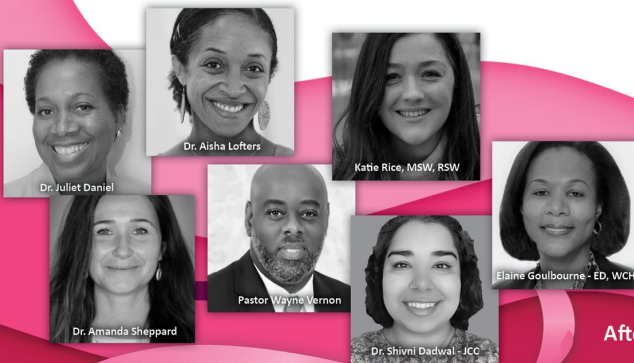
Saturday February 6th 2020
10:00am to 1:00pm

A Conversation to Listen and Learn about Diversity & Women's Health

Join The Olive Branch of Hope and Pink Pearl Canada for a unique, collaborative Zoom Session to learn from leading experts and patients on how to understand others in the context of diversity in health within our **Community-Care-Culture**

Register in advance for this meeting:
<http://bit.ly/2Leg5nC>

After registering, you will receive a confirmation email containing information about joining the meeting.



Other panelists include:
Shawn Hercules - Researcher Ph.D Candidate McMaster

LOOK GOOD FEEL BETTER

Online Teen Hangout

Special topic: Contouring

Feel like a little getaway?

Wellness goes beyond medicine and a diagnosis. Join us for a free Look Good Feel Better workshop and you'll see what we mean.

Whether you're new to the hangout or a regular, during each LGFB workshop, you'll get

- Tricks for how to use makeup, skincare and sun care to feel your best in the face of treatment
- A demo of all the cute and creative styles out there for caps, wraps, and hair alternatives
- Demo on our special topic of the month
- A whole lot of free goodies!

Most of all, you get the chance to learn and laugh with others who understand what you're going through.

WHAT YOU'LL NEED!

If you're a regular, use the kit you already received. If you're joining us for the first time, one will be shipped to you.

Register for a workshop online at lgfb.ca/workshop or call 1-800-914-5665

Sunday, February 21st, 2pm-3:15pm EST

Register before Friday, February 12th to ensure you receive your kit (if applicable) in time for the session. Registrations after this are still welcome!



[f](#) [t](#) [@](#) @LGFBCanada

Financial Planning and Budgeting *Virtual Workshop*

Tips and Strategies to Strive during a Health Pandemic

DATE | Saturday, Feb. 27, 2021

TIME | 2pm to 3:30 p.m.

Brought to you by...



To Register:

<https://bit.ly/3oCamWg>

Sponsored by...



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