AYA NEWSLETTER

ADOLESCENT AND YOUNG ADULT (AYA) PROGRAM NEWSLETTER

SEPTEMBER 2019

2019 Michael Kamin Hart Scholarship Winners!













This past August, the AYA program announced the winners of this year's Michael Kamin Hart Scholarship award. Each candidate has demonstrated outstanding academic perseverance and excellent leadership skills while dealing with the effects of cancer. Gadiel Flores, one of the recipients of the award, states: "Because of my cancer, my life was put to a pause, including my final year of high school. This scholarship means a lot to me because it is helping me get back on track financially. Thank you Michael Kamin Hart Scholarship Committee."

WHAT IS THE MICHAEL KAMIN HART **SCHOLARSHIP AWARD?**

The Michael Kamin Hart Scholarship is an annual award that was created to honour the memory of Michael Kamin Hart, who was a vibrant, intelligent and compassionate young man, completing his Masters degree in Biochemistry at the Michael G. DeGroote Institute for Infectious Disease Research at McMaster University. In his memory, the Michael Kamin Hart Scholarship recognizes other young people who are pursuing their studies and have undergone treatment or are currently being treated for cancer.

"Thank you to the Kamin Hart family and the AYA Program at PMH for supporting my education as I study towards my Masters of Social Work at the University of Toronto. The financial toxicity faced by young adults after a cancer diagnosis is a scary thing. This scholarship helps empower me to continue my work supporting the AYA cancer community and also find meaning after my diagnosis."

> -Danielle Taylor, MKH Scholarship Recipient

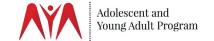
















AYA PROGRAM UPDATES



AYA MEET-UPS RESUME THIS MONTH

The AYA meet-up will take place on Thurs, September 26 from 6 to 7:30 PM on the 16th floor, Room 726 at the Princess Margaret Cancer Centre. Patients MUST register in advance of the meet-up with their MRN by emailing aya@uhn.ca. Pizza will be provided.

NEW AYA SURVIVORSHIP CLINIC

Starting September 6, 2019, the AYA Program will be launching a new clinic to support younger adults diagnosed at less than 40 years of age who have completed their cancer treatment. The clinic will be located at Princess Margaret Cancer Center, on the 2nd floor in the Lungs/Sarcoma department on Fridays from 1pm-4pm. For more information, email aya@uhn.ca





CALL FOR PROPOSALS: MKH RESEARCH AWARD

The Michael Kamin Hart Research Award in AYA Oncology is an award designed to foster research that aims to improve the quality of the cancer journey for adolescents and young adults (AYA) with cancer. For more information, visit https://bit.ly/2kJdogf Deadline to apply: December 2nd, 2019.

COMMUNITY EVENTS & UPDATES

PINK PEARL: SCHOLARSHIP AWARD

Pink Pearl would like to help alleviate your stresses at a college/university by granting a \$1,000 scholarship to a Canadian woman facing cancer.

For more information and to apply, visit: https://bit.ly/2mdKKo6

Deadline to apply: March 4th, 2020

PINK PEARL: RETREAT @ THE DRAKE DEVONSHIRE



Join Pink Pearl for a Retreat in Canada! Their Kingston Day-Long Retreat will be held November 9th at The Drake Devonshire. Retreat applications are due September 20, 2019*If you live east of Port Hope, you are attend this retreat

To submit your application, visit: https://bit.ly/2kxejk8

WELLSPRING: 2019 PELOTON CHALLENGE



Join the team that will cycle from Oakville to San Antonio (September 21, 2019 — September 28, 2019), completing a 3000 km, 8 day, 7 night, 24/7 adventure in support of Wellspring Cancer Support Foundation. Be part of the Wellspring Peloton Challenge! It's an epic life adventure, an adrenaline kick, it's friends for life and it's the thrilling challenge of the body, mind and spirit, all coming together to achieve a milestone.

For more information, visit: https://bit.ly/2ILfVGU

RETHINK BREAST CANCER: SEXUALITY AND BODY IMAGE POST CANCER FORUM

Rethink Breast Cancer is hosting a Sexuality and Body Image Post Cancer Forum at Alliance Francaise Theatre in Toronto on October 29 at 6pm. The panel will be comprised of experts in this field and also women who have been diagnosed with cancer. Follow @rethinkbreastcancer to stay current about this exciting event!



MONTHLY COMMUNITY UPDATES

SURVIVE & THRIVE Cancer Programs

Free Weekend Retreats for Young Adults with Cancer and their supporters. Next retreat:

November 1-3, 2019

Location: Water Valley, AB



Looking for adventure? The next YACC event marks the 20th year of the Climb, and they are taking on Signal Hill on September 22, 2019.

To register, visit: https://bit.ly/2kiR8d8

To sign up, visit: http://www.survivethrive.org/application-form/

