

# E- 学智健康 线上讲座 (华语)

## 讲座一：预防跌倒

介绍简单方法帮助您减少跌倒风险，提升日常安全。

 日期: 4月29日 (星期三)

 时间 : 2:00pm- 3:00pm



立即报名，为自己和家人的健康与安全升级！

## 讲座二：您的健康与人工智能

了解 AI 如何应用在健康管理及使用AI 的注意事项。

 日期: 8月4日 (星期二)

 时间: 2:00pm- 3:00pm

## 讲座三：如何寻找家庭医生与其他基层医疗服务

介绍可获得基层医疗的地点，以及如何寻找家庭医生。

 日期: 9月8日 (星期二)

 时间: 10:00am- 11:00am



# SMART E-HEALTH LEARNING ONLINE TALK (MANDARIN)

## Talk 1: Fall Prevention

Simple ways to help you reduce the risk of falling.

 Date: April 29 (Wednesday)

 Time : 2:00pm- 3:00pm



Scan QR code to register!

## Talk 2: Your Health and AI

How AI is used in health care and key safety tips.

 Date: August 4 (Tuesday)

 Time: 2:00pm- 3:00pm

## Talk 3: How to Find Family Doctor and Other Primary Care Provider

Introduce where primary healthcare is available and how to find a family doctor.

 Date: September 8 (Tuesday)

 Time: 10:00am- 11:00am

