

Stroke Prevention: Online Resources

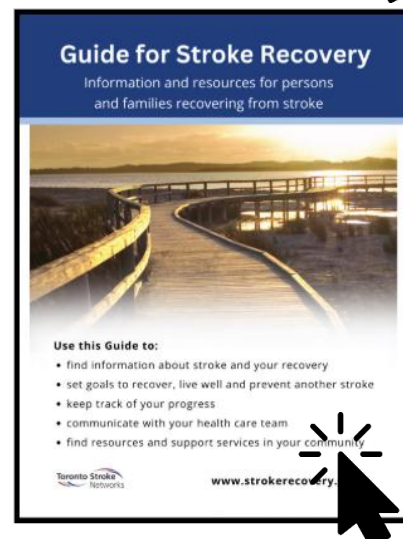
Access Sinai Health's **video series** by clicking on the picture to the right. → →



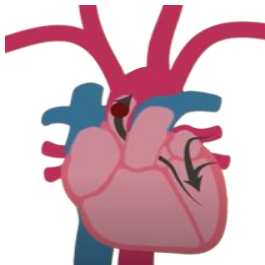








Access the online version of the **Guide for Stroke Recovery** by:

- Clicking on the picture to the right →
- Or typing **[strokerecovery.org](http://www.strokerecovery.org)** into any web browser

Here are some of the topics we discussed today. **Click** on the text or image for the related website.



Stroke & Signs of a Stroke 	Risk Factors 	Atrial Fibrillation 
Smoking 	High Blood Pressure 	Cholesterol 
Diabetes 	Eating Habits 	Sleep Apnea 

Video series credit: Sinai Health's Recovery from Stroke