

Substance Use and Addictions Resources



Information for patients and families

Read this information to find out a list of resources that can help you with substance abuse and addiction. They can provide services like:

- information and referrals
- treatment and withdrawal programs
- counselling
- self-help groups



Information and referrals

211 Community Helpline

Phone: 211 or 1 888 340 1001

24-hour information and referral service to different kinds of community resources

Centre for Addiction and Mental Health (CAMH)

Phone: 416 595 6111 (info line)

Connex Ontario Health Services Information

Phone: 1 800 565 8603

24-hour information about drug, alcohol, gambling and mental health services in Ontario

Metro Addiction Assessment Referral Service (MAARS)

Phone: 416 599 1448

Website: www.camh.ca

Coordinated Access to Addiction Services Toronto

Phone: 1 855 505 5045

Call to get more information about services.

The Access Point: Toronto Mental Health and Addictions Access Point

Phone: 416 640 1934

Centralized place to apply for individual mental health and addictions support services and housing.

Non-medical withdrawal management services

Central Access

Phone: 416 864 5040 or 1 866 366 9513

Connects you to withdrawal management services in the Greater Toronto Area

Toronto Western Hospital Women's Own

Phone: 416 603 1462

Residential, day and community withdrawal services for women

Toronto Western Hospital, Ossington

Phone: 416 533 7945

Residential withdrawal services for men

St. Joseph's Health Centre

Phone: 416 530 6400

Residential and day withdrawal services

St. Michael's Hospital

Phone: 416 864 5078

Residential withdrawal services for men. Day withdrawal services for women and men.

Toronto East General Hospital

Phone: 416 461 2010

Residential withdrawal services for men and day withdrawal services for women and men

Medical withdrawal management services

Centre for Mental Health and Addiction (CAMH)

Phone: 416 535 8501 extension 36071

Humber River Regional Hospital

Phone: 416 242 1000 extension 4303

Addiction medicine services

Centre for Addiction and Mental Health (CAMH) – Addiction Medicine Service

Phone: 416 535 8501 option 2

Women’s College Hospital – Substance Use Service

Phone: 416 323 7559 extension 6

RAAM (Rapid Access Addiction Medicine drop-in clinics)

- Toronto Western Hospital, West Wing –
1st Floor (Room 414) Phone: 416 503 2581
- St. Joseph Health Centre
Phone: 416 530 6486 extension 3969
- St. Michael’s Hospital Phone: 416 864 3082
- Women’s College Hospital
Phone: 416 323 7559 extension 6
- Michael Garron Hospital
Phone: 416 461 8272 (main switchboard)
- Sunnybrook Health Science Centre
Phone: 416 480 6100 extension 6736
- Anishnawbe Health Toronto
Phone: 416 657 0379

True North Medical – Methadone/Suboxone program to treat opioid dependence and chronic pain

Phone: 1 888 TRUE (8783)-563 many locations
After hours: 888 TRUE(8783)-563 ext. 1

Ontario Addiction Treatment Centre (OATC)

Phone: 647 748 6282
Large network of Methadone Treatment Centres. Call for treatment centre locator.

Counselling programs

Toronto Western Hospital, Addictions Outpatient Services

Phone: 416 603 5735

Canterbury Clinic

Phone: 416 961 8282

COPA – Community Outreach Programs in Addictions

Phone: 416 526 2982
Counselling for people 55 years old and older

St. Josephs Health Centre – Toronto Centre for Substance Use During Pregnancy

Phone: 416 530 6860

The Jean Tweed Centre

Phone: 416 255 7359 extension 248
Services for women.

Residential and day treatment programs

Centre for Addiction and Mental Health

Grant House

Phone: 416 967 0133 extension 29
4-month residential treatment program for women.

Harbour Light Ministries/The Salvation Army

Phone: 416 363 6880 extension 2503, or 416 366 2733
Treatment program for men.

Homestead/The Salvation Army

Phone: 416 921 9533
Treatment program for women

Humber River Regional Hospital Bridgeway Chemical Dependency Program

Phone: 416 658 2029
Outpatient programs

North York General Hospital

Phone: 416 633 9420 extension 2554
Outpatient programs

Renascent

Phone: 416 927 7649 or 1 866 232 1212
Residential treatment programs

St. Michael's Residential Treatment Program

Phone: 416 535 3131
Treatment program for men

The Jean Tweed Centre

Phone: 416 255 7359 extension 248
Treatment program for women

Other drug and alcohol resources

Alcoholics Anonymous (AA)

Phone: 416 487 5591

AA Agnostics

Al-Anon/Alateen

Phone: 416 410 3809

Cocaine Anonymous (CA)

Phone: 416 927 7858

Double Recovery

Phone: 416 323 0223 extension 310

For people living with substance use and mental health problems.

Marijuana Anonymous

Narcotics Anonymous (NA)

Phone: 1 888 696 8956

SMART Recovery

An online self-help service.

Important: This is not a full list of agencies or organizations. The University Health Network does not recommend one organization or person over another and is not responsible for the care and services provided. Please contact the organizations directly to make sure the information is correct or to find out more about their services.

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