

Rapid Ambulatory Program for Interventions and Diagnosis in Heart Failure (RAPID-HF)



For patients who have been discharged from hospital or the Emergency Department with congestive heart failure

This pamphlet has information about:

- Why it's important to go to your clinic appointment
- What the clinic does
- How the clinic can help you

I have been told I need to go to the RAPID-HF Clinic. Why?

You have been asked by your doctor to go to the RAPID-HF Clinic for urgent follow-up care.

You need to go to this clinic because you were discharged from the Emergency Department or hospital with a medical condition known as **congestive heart failure**.

It is very important that you go to your Rapid-HF Clinic appointment to make sure that your heart condition is cared for right away.

What is congestive heart failure?

Congestive heart failure is a heart condition that happens when:

- Your heart muscle either cannot pump or relax properly.
- When this happens, your heart cannot send blood to meet the demands of your body.
- Since your heart cannot pump or relax well, blood and fluid back up into your blood vessels or another part of your body. This is called “congestion” and may cause you to have shortness of breath, a cough, feel very tired, or all of these symptoms.

How will the Rapid-HF Clinic help me?

The Rapid-HF Clinic will call you and make an urgent appointment to see you within 72 hours after your discharge from hospital or the Emergency Department. The clinic team will make sure you are getting the right treatment to manage your heart condition.

The clinic team will follow you for up to 30 days. They will work with you to give you medical care, help you learn about your heart condition and offer self-management support to make sure you are stable until your heart doctor or family doctor can take over your care. If you do not have either a heart or family doctor, we will find one for you.

When is the clinic open and how can I call my RAPID-HF health care team?

The RAPID-HF Clinic hours are:

Monday, Wednesday and Fridays

1:00 pm to 3:30 pm

Where to find us:

Toronto General Hospital

200 Elizabeth St, Toronto ON

5NU – Cardiac Ambulatory Clinic

☎Phone: 416 340 4800 ext. 6974

(Monday-Friday: 8:30 am to 4:30 pm)

✉E-mail: rapidhf@uhn.ca

How do I get to the clinic?

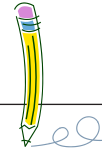
When you get to the hospital, go to 5NU – Cardiac Ambulatory Clinic.

To get there:

1. Take the Munk Building elevators to the 5th floor.
2. Follow the left hand hall.
3. The clinic is the first door on your left.

When is my appointment?

Please write down your clinic appointment date and time here:



Day of my appointment:	Date of my appointment:	Time of my appointment:
Monday <input type="checkbox"/>		1:00 pm <input type="checkbox"/>
Wednesday <input type="checkbox"/>		1:45 pm <input type="checkbox"/>
Friday <input type="checkbox"/>		2:30 pm <input type="checkbox"/>