

The Edmond J. Safra Program in Parkinson's Disease and the Morton & Gloria Shulman Movement Disorders Clinic



Information for patients and families

Read this information to learn about:

- The Edmond J. Safra Program in Parkinson's Disease and the Morton and Gloria Shulman Movement Disorders Clinic (the TWH Movement Disorders Clinic (MDC))
- What the MDC does and how they can help
- How to contact your MDC health care providers
- Where it is located

What does The Edmond J. Safra Program in Parkinson's Disease and the Morton & Gloria Shulman Movement Disorders Clinic do?

The Movement Disorders Clinic (MDC) provides special care and treatment to people with movement disorders like:

- Parkinson's Disease
- Tremors
- Dystonia
- Huntington's Disease
- or other movement disorders

The MDC has experienced staff that includes neurologists, fellows, a nurse practitioner and nurses. They have been specially trained to diagnose and treat movement disorders.

The MDC houses the surgical program for movement disorders which includes Deep Brain Stimulation (DBS) and Duodopa treatments.

Our staff:

- combines training and research to give you the best clinical care
- uses the newest technology to help find the causes of your movement disorder
- provides treatment that is specially designed for you
- develops and evaluates new kinds of treatments and may ask you if you want to be part of new studies or trials
- listens carefully to your concerns and answers any questions you may have
- includes your family members in your treatment if you like

While we work with you, we also encourage you to keep in contact with your primary care and referring doctors.

Do I need an appointment to see the staff at MDC?

Yes, you need to have a scheduled appointment.

To be seen in the clinic, your doctor will need to fax a referral to our office. Referrals can be faxed to **416 603 5004**. Our staff will contact you or your referring doctor's office with an appointment date and time.

To ask about your referral, please call the **MDC main line** at **416 603 6422**. Please also call this number to let us know if you can't make it to an appointment.

How can I contact my MDC health care providers?

You can call the MDC main line at **416 603 6422** and leave a message for your doctor. To contact your DBS doctor you can call the **DBS line** at **416 603 5800, ext 5729**.

Clearly say your name, phone number, medical record number (if you have it). Briefly describe your problem and the doctor will return your call as soon as they can.

To speak to the MDC clinic nurse, call **416 603 5875, ext 1**.

To speak with a DBS nurse, call **416 603 5800, ext 2356**.

To speak with a Duodopa nurse, call **416 603 5800, ext 2637**.

If your problem is urgent or serious, please go to your nearest emergency room or call your family doctor.

How do I renew my medicines?

- Ask your pharmacist to fax a renewal request to the MDC fax number: **416 603 5004**, or
- Ask your health care provider for a written prescription every time you have an appointment.

In order to provide you with excellent care, the MDC:

- does not provide advice about general medical problems or vaccines. Please talk to your family doctor about these topics.
- does not provide emergency services. Please call your family doctor or go to the nearest emergency department.

You may need forms or assessments completed by our doctors for insurance or benefits. These forms are not covered by OHIP and take a long time for our doctors to complete.

There is a cost to have these forms completed. Ask your doctor for more information about costs.

Where is the Movement Disorders Clinic?

The Clinic is located at the Toronto Western Hospital on the 7th floor of the McLaughlin Pavilion. You can take the MAIN elevators to the 7th floor and turn right when you get off the elevator.

Please check-in with reception. You will need your health card (OHIP card). If you do not have an OHIP card, please bring another form of government-issued photo ID (such as a driver's license, passport, or other provincial health card).

If this is your first visit to our clinic, you will need to register at the Admitting Department on the 1st floor before your appointment.

How can I get there?

The Clinic is located at Toronto Western Hospital (TWH)
399 Bathurst Street, Toronto, ON M5T 2S8

By TTC:

The Dundas 505 and Bathurst 511 streetcars will take you to TWH. If you take the subway, get off at Bathurst Station and take the Bathurst streetcar south to Nassau St. If you get off at Dundas Station, take the Dundas streetcar west to Bathurst St.

Parking:

Paid hospital parking, including disabled parking, is available in the surface parking lot at the corner of Nassau and Bathurst Streets, and surface parking lot on the corner of Leonard and Nassau Streets, entering off Nassau Street.

Wheelchairs (Transportation Chairs):

Wheelchairs are available at the hospital's main entrance, the Emergency entrance and the Leonard Avenue entrance. There is a \$1.00 refundable deposit to use them.

Shuttle Bus Service:

A free hospital shuttle bus runs between TWH (at the Leonard Avenue entrance) and Toronto General Hospital (University Avenue entrance)

Monday to Friday, leaving every 15 minutes, from 8:00 am to 5:00 pm
Shuttle service leaves every 30 minutes, 6:30 am to 8:00 am and
from 5:00 pm to 8:00 pm.

Where can I fill my prescriptions?

You can fill your prescription at any pharmacy close to your home.
Or, go to Shopper's Drug Mart on the 1st floor of the Atrium at TWH.

The store is open:

Monday to Friday from 8:30 am to 7:00 pm

Saturday from 9:00 am to 5:00 pm

Sunday from 10:00 am to 5:00 pm

Phone: 416 603 5686

Where can I stay if I need to stay overnight?

Some hotels in the area offer reduced rates to patients that come to medical appointments at TWH.

For information about nearby places to stay, please ask one of our staff or visit our [website](#).

Where can I eat in the hospital?

A food court is located in the TWH lobby. Most services are open from 7:00 am to 10:00 pm. There are vending machines in areas throughout the hospital. There are also many restaurants within a short walking distance.



Where can I get more information?

[Movement Disorders Clinic website](#)

If you have any more questions or need more information, please call:

Movement Disorders Clinic Main Line: 416 603 6422

To make or cancel appointments

Movement Disorders Clinic Nurse: 416 603 5875, ext. 1

To ask questions or get advice about medicines

**For information about the Surgical Program for Movement Disorders
please call: 416 603 5800, ext. 5729**

Patient Relations: 416 340 4907

To give compliments or complaints