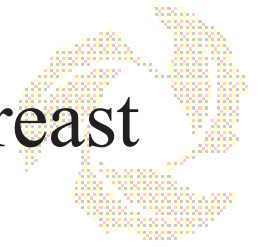


Know where to buy bras and breast prostheses after breast surgery



Princess Margaret

For women who are having or have had breast surgery

Read this resource to learn:

- What stores sell bras and breast prostheses in Ontario
- What types of products each store carries
- Programs that help cover the cost of bras and breast prostheses after surgery

Important: This is not a full list of vendors. The University Health Network does not recommend one company or person over another and is not responsible for the care and services provided. Please contact the vendors directly to make sure the information is correct or to find out more about their products.

Please visit the UHN Patient Education website for more health information: www.uhnpatienteducation.ca
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Know the stores in Ontario

Most stores on this list can help you with bra-fitting, prosthesis-fitting and ordering from manufacturers (people that make bras and breast prostheses).

Some can also help you in different languages, home service and fitting for custom-made prostheses. Contact the stores directly for more details.

To know what bras and breast prostheses to use after breast surgery, read the pamphlet called “Your guide to bras and breast prostheses after breast surgery (with drains put in)”, or “Your guide to bras and breast prostheses after breast surgery (without drains)”.

Ask your health care team for a copy, or pick one up from the Patient & Family Library (main floor of the Princess Margaret).

Visit these web pages to read the pamphlets online:

<http://www.uhn.ca/PatientsFamilies/Health Information/Health Topics/Documents/Your Guide to Bras after breast surgery with drains.pdf>

<http://www.uhn.ca/PatientsFamilies/Health Information/Health Topics/Documents/Your Guide to Bras after breast surgery without drains.pdf>

Aurora

Custom Comfort

15150 Yonge St. L4G 1M2

Local phone: 905 841 5337

Toll-free phone: 1 866 391 5337

Website: www.customcomfort.biz

- Compression garments
- Front-closure bras
- Leisure bras
- Lumpectomy and mastectomy bras
- After-surgery/surgical bras
- Prostheses

Barrie

Brabary

12 Commerce Park Dr., Unit J

L4N 8X1

Phone: 705 792 9242

Website: www.brabary.com

- Prostheses
- Lingerie
- Swimsuits
- Bra fitting

Bravo Fine Lingerie

84 Dunlop Street E

L4M 1A4

Phone: 705 739 0990

Email: info@bravolingerie.com

- Lingerie
- Prosthetics
- Accessories

Naturally You Mastectomy Boutique

21 Commerce Park Dr., Unit D

L4N 1X8

Phone: 1 866 493 2844

Website: www.naturallyyou.ca

- Swimwear
- Breast prosthesis
- Active wear
- Mastectomy bras

Bolton

Mille Notte Lingerie

4 Queen St., North

L7E 1C8

Phone: 905 857 6489

Website: www.millenotte.com

- Lingerie
- Mastectomy
- Bra fitting

Brampton

Astra Healthcare
2130 North Park Dr., Unit 231
L6S 0C9
Phone: 905 458 3400
Website: www.astrahealthcare.ca

- Mastectomy
- Bra fitting

Dianne's Mastectomy
48 Haggert Ave., North
L6X 1Y3
Phone: 905 454 5710
Website: www.diannesmastectomy.com

- Mastectomy forms
- Mastectomy prostheses
- Bras

Burlington

Best Alternative
2144 Maplewood Dr.
L7R 2C5
Phone: 905 333 9626
Website: www.bestalternative.ca

- Breast prosthesis
- Mastectomy
- Bra fitting

Brant Arts Dispensary
672 Brant St.
L7R 2H3
Phone: 905 637 9355
Website: www.brantsarts.ca

Contact the store directly to learn about the products they offer.

Shapings Inc
570 Plains Road, East
L7T 2E5
Phone: 905 637 4273
Website: www.shapings.com

Contact the store directly to learn about the products they offer.

Uplift Custom Bras
2-3016 Palmer Dr.
L7M 1L2
Phone: 905 331 3362

Contact the store directly to learn about the products they offer.

Etobicoke

Glen Cade Ida Pharmacy

290 The West Mall

M9C 1C6

Phone: 416 622 2111

Website: www.glencadepharmacy.ca

Contact the store directly to learn about the products they offer.

Linea Intima

250 Wincott Dr.

M9R 2R5

Phone: 416 245 3633

Website: www.lineaintima.com

- Lumpectomy and mastectomy bras
- Pockets and accessories
- After surgery camisoles
- Prostheses
- Swimwear

Medichair Etobicoke

154 Norseman St.

M8Z 2R4

Phone: 416 237 9654

Website: www.medichair.com

- Mastectomy prostheses
- Mastectomy bras

Shoppers Home Health Care

5230 Dundas St. West

M9B 1A8

Phone: 416 236 1201

Website: www.shoppershomehealthcare.ca

Contact the store directly to learn about the products they offer.

Simply Chic Fine Lingerie

2912 Bloor St. West

M8X 1B6

Phone: 416 233 2900

Website: www.simplychicfinelingerie.com

- Mastectomy prostheses
- Mastectomy bras
- Lingerie

Etobicoke

Solace
#3 62 Marine Parade Dr.
Toronto, ON
M8V 0B7
Phone: 647 360 1731

- Lumpectomy and mastectomy bras
- Post-operative bras
- Compression garments
- Prostheses
- Wigs and head coverings

Twin Sister's Mastectomy Boutique
440 Browns Line, Suite L101
M8V 3V2
Phone: 416 259 1328
Website: www.tsmastectomy.com

- Lumpectomy and mastectomy bras
- Prostheses

Georgetown

Heart in Hand Boutique
15-318 Guelph St.
L7G 4B5
Phone: 647 239 6773
Website: www.heartinhandboutique.com

- Mastectomy bras

Maple

Care Forever
12-2563 Major Mackenzie Dr. West
L6A 2E8
Phone: 905 832 4988
Website: www.careforeverdepot.com

Contact the store directly to learn about the products they offer.

Markham

H&P Breast Care Services
4 Mallory Ave.
L3R 6P7
Phone: 416 856 0988
Website: www.hpbreastcare.com

- Breast forms
- After surgery bras
- Camisoles
- Swimwear
- Partial breast forms
- Compression garments

Markham

Lindt Lingerie
8360 Kennedy Rd, Unit 71
L3R 9W5
Phone: 905 477 0010

Contact the store directly to learn about the products they offer.

Pink Ribbon Boutique
377 Main St. North
L3P 1Z3
Phone: 905 201 7371
Website: www.pinkribbonboutique.ca

- Mastectomy forms
- Mastectomy prostheses

Milton

Adjust To Home Health Care
108 - 400 Bronte Street South
L9T 0H7 Adjust To Home Health Care
Phone: 905 878 1142
Website: www.adjusttohome.com

- Compression garments

Shapings Inc
15 Martin St., Unit 3
L9T 2R1
Phone: 905 636 9992

Contact the store directly to learn about the products they offer.

Mississauga

John S Orthopedic Specialties
304-2300 Eglinton Ave. West
L5M 2V8
Phone: 905 820 8330

Contact the store directly to learn about the products they offer.

Medical Mart Supplies Ltd
550 Matheson Blvd. West
L5R 4B8
Phone: 905 624 2011
Website: www.medimart.com

Contact the store directly to learn about the products they offer.

Mississauga

Private Moments
259 Lakeshore Rd, East
L5G 1G8
Phone: 905 278 8055
Website: www.privatemoments.ca

- Lingerie

Susan's Fine Lingerie & Swim
1224 Dundas St. West
L5C 4G7
Phone: 905 275 1224
Website: www.susansfinelingerie.com

- Lingerie
- Swimwear
- Bra fitting

Newmarket

Changes Lingerie Boutique
189 Main St. South
L3Y 3Y9
Phone: 905 853 4673

Contact the store directly to learn about the products they offer.

Shoppers Home Healthcare
17725 Yonge St.
L3Y 7C1
Phone: 905 953 9907
Website: www.shoppershomehealthcare.ca

Contact the store directly to learn about the products they offer.

North York

GraceMD
4915 Bathurst Street (Ground Floor)
M2R 1X9
Toll-free: 1 800 408 0625
Phone: 647 748 6098
Website: www.gracemd.ca

- Breast forms – mastectomy, lumpectomy and reconstruction
- Mastectomy bras (after-surgery cotton bras)
- Mastectomy swimwear
- Lymphedema compression garments
- Wig, hat and turban for hair loss

North York

Main Drug Mart
1100 Sheppard Ave. East
M2J 1G3
Phone: 416 221 1700

Contact the store directly to learn about the products they offer.

Soft Touch Mastectomy
3077 Bathurst St. Suite 203
M6A 1Z9
Phone: 416 782 5353
Email: info@softtouchmastectomy.com
Website: www.softtouchmastectomy.com

- Post surgical – prosthetics
- Breast forms, bras, camisole compression tops
- Lymphedema compression garments ready made and custom made
- Lymphedema compression therapy – Lympha-Press Pumps ADP, ODSP certified vendor / fitter

Thomas Specialty Health Care
2546 Weston Rd.
M9N 2A7
Phone: 416 242 3374

- Mastectomy forms
- Partial breast forms
- Short-term breast forms
- Swimwear
- Compression garments

Oakville

CIMS Medical
1235 Trafalgar Rd.
L6H 3P1
Phone: 905 845 0800

Contact the store directly to learn about the products they offer.

Goodnight Goodmorning
100 Bronte Rd.
L6L 3B7
Phone: 905 847 1512
Website: www.goodnightgoodmorning.ca

- Lingerie
- Swimwear
- Mastectomy forms
- Mastectomy prostheses

Oakville

Linea Intima

196 Lakeshore Rd. East

L6J 1H6

Phone: 289 291 3388

Website: www.lineaintima.com

- Bra fitting
- Mastectomy
- Lingerie

Shoppers Home Health Care

448 Speers Rd.

L6K 2G3

Phone: 905 844 1445

Website: www.Shoppershomehealthcare.ca

Contact the store directly to learn about the products they offer.

Orangeville

The Scented Drawer

143 Broadway

L9W 1K2

Phone: 1 877 441 9941

Website: www.thescenteddrawerltd.ca

- Lingerie
- Sleep wear
- Yoga wear
- Mastectomy

Pickering

CIMS Home Healthcare

106-1355 Kingston Rd.

Pickering Town Centre

L1V 1B8

Phone: 905 839 0364

Contact the store directly to learn about the products they offer.

Richmond Hill

Med+
Medical Equipment Distribution
16-563 Edward Ave.
L4C 9W7
Phone: 905 770 3556
Website: <http://www.medplushealth.ca/>

Contact the store directly to learn about the products they offer.

Total Health Home Health Care
250 Harding Blvd. West
L4C 9M7
Phone: 905 737 8602

Scarborough

Apothecary Medical Shop
842 Markham Rd.
M1H 2Y2
Phone: 416 438 7000

- Mastectomy forms
- Mastectomy prostheses
- Breast prostheses

Amherst All Care Home Health
3462 Kingston Rd.
M1M 1R5
Phone: 416 261 6409
Website: www.yellowpages.ca

- Compression garments
- Front-closure bras
- Leisure bras
- Lumpectomy and mastectomy bras
- After surgery bras
- Prostheses
- Swimwear

Mastectomy Services By Helen
46 Corinne Cres.
M1K 2Y9
Phone: 416 750 0920

- Bra fitting
- Mastectomy

Scarborough

Shoppers Home Health Care

685 McCowan Rd.

M1J 1K2

Phone: 416 431 4621

Website: www.Shoppershomehealthcare.ca

- Compression garments
- Lumpectomy and mastectomy bras
- Prostheses
- Swimwear (limited range)

St. Catharine's

Charlotte Boutique

33 Lakeshore Rd.

L2N 7B3

Phone: 905 934 7303

Website: www.charlotteboutique.ca

Contact the store directly to learn about the products they offer.

Thornhill

Judy's Lingerie Boutique

248 Steeles Ave. West

L4J 5R4

Phone: 905 731 5585

Website:

www.judyslingerieboutique.com

- Lingerie
- Mastectomy forms
- Mastectomy prostheses
- Breast prostheses

Toronto

Ability Healthcare Supplies Inc

220 Lesmill Rd.

M3B 2T5

Phone: 416 444 4470

Contact the store directly to learn about the products they offer.

The Bay

176 Yonge ST

M5C 2L7

Phone: 416 861 6618

Website: www.hbc.com

Contact the store directly to learn about the products they offer.

Toronto

Brava Boutique

25 King St West

M5L 2A1

Phone: 416 363 1843

Website: www.bravaboutique.ca

- Compression garments
- Front-closure bras
- Leisure bras
- Lumpectomy and mastectomy bras
- After surgery bras
- Prostheses
- Swimwear

CIMS Drug Mart & Home Health Care

1901 Yonge ST

M4S 1Y6

Phone: 416 483 1665

Contact the store directly to learn about the products they offer.

CIMS Home Health Care

1788 Avenue Rd. Unit 1

M5M 3Z1

Phone: 416 787 5550

Contact the store directly to learn about the products they offer.

Fitting Image Custom Breast

Prostheses Ltd.

62 Caistock Drive

M9V 1H2

Local phone: 416 740 3400

Toll-free phone: 1 877 740 3400

Website: www.fittingimage.ca

- Mastectomy forms
- Mastectomy prostheses

Healthtime Living Specialties

1340 Danforth Ave

M4C 1K4

Phone: 416 693 7676

Website: www.healthtime.me

- Mastectomy
- Stockings

Toronto

Legs Plus Inc.
5867 Leslie St.
M2H 1W8
Phone: 416 497 2350

Contact the store directly to learn about the products they offer.

Linea Intima- in Andrews
55 Avenue Road
M5R 3L2
Phone: 416 640 9225
Website: www.lineaintima.com

- Lingerie
- Bra fitting

Linea Intima
1925 Avenue Rd
M5M 4A2
Phone: 416 780 1726
Website: www.lineaintima.com

- Lingerie
- Bra fitting

Linea Intima - Bayview Village
35A-2901 Bayview Ave
M2K 1E6
Phone: 416 221 9225
Website: www.lineaintima.com

- Bra fitting
- Lingerie

Mansueta Medical Garment Fitters
700 University Ave
M5G 1Z5
Phone: 416 591 0006
Website: www.mansuetamedical.com

- Been-A-Boobs
- Compression garments
- Lumpectomy and mastectomy bras
- Prostheses
- Sports bras
- Swimwear

New Attitude Custom Breast Prosthesis
910 Queen St. West Suite B06
M6J 1G6
Toll-free phone: 1 866 788 4188
Website: www.new-attitude-inc.com

- Custom made breast prostheses
- Custom made partial breast prostheses
- Custom made nipple prostheses

Toronto

Nordstrom
CF Toronto Eaton Centre
260 Yonge St, Toronto, ON
M5B 2L9
Phone: 416 552 2900

- Lumpectomy and mastectomy bras
- Post-operative bras

Premier Jour Lingerie and Swimwear
1288 St. Clair Avenue West
M6E 1C1
Phone: 416 654 1868
Website: www.pjlingerie.com/toronto

- Compression garments
- Lumpectomy and mastectomy bras
- Prostheses
- After surgery bras
- After surgery camisoles
- Swimwear

Shoppers Home Health Care
(Lawrence Plaza)
16-528 Lawrence Ave West
M6A 3C9
Phone: 416 789 3368
Website:

- Compression garments
- Lumpectomy and mastectomy bras
- Prostheses
- Swimwear

www.Shoppershomehealthcare.ca

Sophia's Lingerie
527 Danforth Avenue
M4K 1P7
Phone: 416 461 6113

Contact the store directly to learn about the products they offer.

The Therapy Studio
138 Main St
M4E 2V8
Phone: 647 825 3432

Contact the store directly to learn about the products they offer.

Website: www.thetherapystudio.ca

Unionville

Linea Intima
178 Main St.
L3R 2G9
Phone: 905 947 1744
Website: www.lineaintima.com

Contact the store directly to learn about the products they offer.

Vaughan

Justy Home Care Medical Supplies
60-3175 Rutherford Rd.
L4K 0A3
Phone: 905 532 9899
Website: www.justyhomecare.com

- Medical equipment and supplies
- Mastectomy forms
- Mastectomy prostheses

Woodbridge

AP Hayward Ltd
50 Villagewood Crt.
L4L 8V9
Phone: 905 851 7297

- Mastectomy forms
- Mastectomy prostheses

Lovely Lingerie
7600 Weston Rd.
L4L 8B7
Phone: 905 850 4067
Website: www.lovelylingerie.ca

- Lingerie
- Mastectomy forms
- Mastectomy prostheses
- Bras

Programs that help cover the cost of these products

Some organizations help pay for mastectomy bras, prostheses, and swimwear. Read the section below to learn about each type. Ask a member of your health care team to speak with a social worker if you have any money-related concerns.

If you have private health insurance, check to see if they cover the costs for these

products before you contact the programs below.

Ministry of Health and Long-Term Care

Breast prostheses

The Assistive Devices Program (ADP) covers part of the cost of breast prostheses for people who live in Ontario. This grant covers both ready-made and custom-made silicone breast prostheses and is given every 2 years.

The ADP gives 2 grants to women who had a double mastectomy (surgery to remove both breasts).

If you have private health insurance coverage that does not cover the full cost, the ADP may give you:

- \$195.00 if you buy a breast prosthesis
- \$135.00 if you buy a partial breast prosthesis

If you are on Ontario Works or the Ontario Disability Support Program, your case worker can help you apply to get the full cost covered.

ADP does not help cover the cost of:

- swimwear
- swim prostheses
- nipple prostheses
- postsurgical bras
- garments

How to apply:

To get the grant:

1. Buy the custom-made or ready-made breast prosthesis first.
2. Then, mail in the original receipt for buying the prosthesis with the ADP Breast Grant form to the Ministry of Health and Long-Term Care:

Ministry of Health and Long-Term Care

Assistive Devices Program

5700 Yonge Street, 7th floor

Toronto ON M2M 4K5

Download the form here:

www.health.gov.on.ca/en/public/programs/adp/publications/breast.aspx

Private Insurance

Ready-made breast prostheses

Most private health insurance companies cover some of the cost of the ready-made breast prostheses. Some companies may even cover the full cost.

If you already have an ADP grant, you will need to submit those forms to your insurance company. Private insurance may help cover the cost left over. Save all receipts and records for what you bought.

Custom-made breast prostheses

Private health insurance companies may also cover custom-made, outside breast prostheses. Your insurance company will need to pre-approve your coverage and price of the prosthesis.

Before asking for pre-authorization:

1. Ask for a prescription from your doctor.

Visit the specialist who will be doing the custom-made breast prosthesis to talk about what documents you will need. The specialist you choose will know what to send to your insurer. They can help you prepare all the documents.

Make sure the specialist gives you:

- a quote for the custom made breast prosthesis along
- a detailed treatment plan to send to your insurer

If the insurance company declines your request, go back to the specialist who is making the custom-made breast prosthesis (Certified Clinical Anaplastologist).

The specialist can help you provide more information to the insurance company. Insurance companies often approve you with more information from the specialist.

Bras

Some private health insurance companies cover part of the cost of lumpectomy/mastectomy bras. Check with your insurance company to find out what costs you are covered for.

For details about what you are covered for, contact either:

- your insurance company
- your employer's Human Resources department

Community Organizations

Some non-government groups help cover costs not covered by government programs. Some will also provide gently used prostheses, bras and undergarments to women who need them. Contact the organizations directly to learn more.

After Breast Cancer
1288 St. Clair Avenue West
Toronto, Ontario, M6E 1C1
Phone: 416 654 1868
Website: www.afterbreastcancer.ca

After Breast Cancer helps women with fewer resources. They provide gently used bras, camisoles, and prostheses at no cost. This service is offered through Premier Jour.

Canadian Breast Cancer
Support Fund
39 Old Mill Road, Suite #1002
Toronto, Ontario, M8X 1G6
Email: info@cbscf.ca
Website:
<http://breastcancersupportfund.ca/>

The Canadian Breast Cancer Support Fund provides short-term support for women with fewer resources. They will help with costs not covered or not fully covered by:

- health insurance
- social assistance or family income

Community Organizations

Hearth Place Cancer Support Centre
86 Colborne Street West
Oshawa, Ontario, L1G 1L7
Phone: 1 905 579 4833
Email: hearthplace@hearthplace.org
Website: www.hearthplace.org

Hearth Place can help women with fewer resources. They provide gently used bras and prostheses at no cost.

Kelly Shires Breast
Cancer Foundation
523 Elizabeth Street, Suite #203
Midland, Ontario, L4R 2A2
Local phone: 705 528 1053
Toll free phone: 1 877 4366467
Email: info@breastcancersnowrun.org
Website: www.kellyshiresfoundation.org

The Kelly Shires Breast Cancer Foundation helps women in active treatment cover expenses that are not covered by their private health insurance program. This includes:

- prosthetics
- specialized lingerie
- wigs

Willow Breast Cancer Support Canada
30 St. Patrick Street, 4th Floor
Toronto, Ontario, M5T 3A3
Local phone: 416 778 5000
Toll free phone: 1 888 778 3100
Email: info@willow.org
Website: www.willow.org

Willow can give you information about organizations in your area that:

- offer money-related help
- provide gently used bras/prostheses