

Know Where to Buy Bras and Breast Prostheses After Breast Surgery

For patients who are having or have had breast surgery

Read this resource to learn:

- What stores sell bras and breast prostheses in Ontario
- What types of products each store carries
- Programs that help cover the cost of bras and breast prostheses after surgery

Important: This is not a full list of vendors. The University Health Network does not recommend one company or person over another and is not responsible for the care and services provided. Please contact the vendors directly to make sure the information is correct or to find out more about their products.



Know the stores in Ontario

Most stores on this list can help you with bra-fitting, prosthesis-fitting and ordering from manufacturers (people that make bras and breast prostheses).

Some can also help you in different languages, home service and fitting for custom-made prostheses. Contact the stores directly for more details.

To know what bras and breast prostheses to use after breast surgery, read the pamphlet called “Your guide to bras and breast prostheses after breast surgery (with drains put in)”, or “Your guide to bras and breast prostheses after breast surgery (without drains)”.

Ask your health care team for a copy, or pick one up from the Patient & Family Library (main floor of the Princess Margaret).

Visit these web pages to read the pamphlets [PDF] online:

https://www.uhn.ca/PatientsFamilies/Health_Information/Health_Topics/Documents/Going_home_breast_surgery_with_drains.pdf

https://www.uhn.ca/PatientsFamilies/Health_Information/Health_Topics/Documents/Going_Home_after_Breast_Surgery_without_Drain.pdf

Stores in Ontario

Aurora

Custom Comfort

15150 Yonge St. L4G 1M2

Local phone: 905 841 5337

Toll-free phone: 1 866 391 5337

Website: www.customcomfort.biz

- Compression garments
- Front-closure bras
- Leisure bras
- Lumpectomy and mastectomy bras
- After-surgery/surgical bras
- Prostheses

Barrie

Brabary

12 Commerce Park Dr., Unit J

L4N 8X1

Phone: 705 792 9242

Website: www.brabary.com

- Prostheses
- Lingerie
- Swimsuits
- Bra fitting

Bravo Fine Lingerie

84 Dunlop Street E

L4M 1A4

Phone: 705 739 0990

Website: www.bravolingerie.com

Email: info@bravolingerie.com

- Lingerie
- Prosthetics
- Accessories

Naturally You Mastectomy Boutique

21 Commerce Park Dr., Unit D

L4N 1X8

Phone: 1 866 493 2844

Website: www.naturallyyou.ca

- Swimwear
- Breast prosthesis
- Active wear
- Mastectomy bras

Bolton

Bolton

Mille Notte Lingerie

4 Queen St., North

L7E 1C8

Phone: 905 857 6489

Website: www.millenotte.com

- Lingerie
- Mastectomy
- Bra fitting

Stores in Ontario

Brampton

Astra Healthcare
2130 North Park Dr., Unit 231
L6S 0C9
Phone: 905 458 3400
Website: www.astrahealthcare.ca

- Mastectomy
- Bra fitting

Dianne's Mastectomy
48 Haggert Ave., North
L6X 1Y3
Phone: 905 454 5710
Website: www.diannesmastectomy.com

- Mastectomy forms
- Mastectomy prostheses
- Bras

Burlington

Best Alternative
2144 Maplewood Dr.
L7R 2C5
Phone: 905 333 9626
Website: www.bestalternative.ca

- Breast prosthesis
- Mastectomy
- Bra fitting

Brant Arts Dispensary
672 Brant St.
L7R 2H3
Phone: 905 637 9355
Website: <http://brantarts.ca>

Contact the store directly to learn about the products they offer.

Shapings Inc
570 Plains Road, East
L7T 2E5
Phone: 905 637 4273
Website: www.shapings.com

Contact the store directly to learn about the products they offer.

Uplift Custom Bras
2-3016 Palmer Dr.
L7M 1L2
Phone: 905 331 3362

Contact the store directly to learn about the products they offer.

Stores in Ontario

Etobicoke

Glen Cade Ida Pharmacy
290 The West Mall
M9C 1C6
Phone: 416 622 2111
Website: www.glencadepharmacy.ca

Contact the store directly to learn about the products they offer.

Linea Intima
250 Wincott Dr.
M9R 2R5
Phone: 416 245 3633
Website: www.lineaintima.com

- Lumpectomy and mastectomy bras
- Pockets and accessories
- After surgery camisoles
- Prostheses
- Swimwear

Medichair Etobicoke
154 Norseman St.
M8Z 2R4
Phone: 416 237 9654
Website: www.medichair.com

- Mastectomy prostheses
- Mastectomy bras

Shoppers Home Health Care
5230 Dundas St. West
M9B 1A8
Phone: 416 236 1201
Website: www.shoppershomehealthcare.ca

Contact the store directly to learn about the products they offer.

Simply Chic Fine Lingerie
2912 Bloor St. West
M8X 1B6
Phone: 416 233 2900
Website: www.simplychicfinelingerie.com

- Mastectomy prostheses
- Mastectomy bras
- Lingerie

Stores in Ontario

Etobicoke (continued)

Twin Sister's Mastectomy Boutique
440 Browns Line, Suite L101
M8W 3T9
Phone: 416 259 1328
Website: www.tsmastectomy.com

- Lumpectomy and mastectomy bras
- Prostheses
- Swimwear, swim forms
- Chemo caps
- Compression bras
- Post-op camisoles with pockets for drainage tubes
- Recovery bras

Georgetown

Heart in Hand Boutique
15-318 Guelph St.
L7G 4B5
Phone: 905 643 2265

- Mastectomy bras

Maple

Care Forever
12-2563 Major Mackenzie Dr. West
L6A 2E8
Phone: 905 832 4988
Website: www.careforeverdepot.com

Contact the store directly to learn about the products they offer.

Markham

H&P Breast Care Services
4 Mallory Ave.
L3R 6P7
Phone: 416 856 0988
Website: www.hpbreastcare.com

- Breast forms
- After surgery bras
- Camisoles
- Swimwear
- Partial breast forms
- Compression garments

Stores in Ontario

Markham (continued)

Lindt Lingerie
8360 Kennedy Rd, Unit 71
L3R 9W5
Phone: 905 477 0010

Contact the store directly to learn about the products they offer.

Pink Ribbon Boutique
79 Main St. North
L3P 1X3
Phone: 905 201 7371
Website: www.pinkribbonboutique.ca

- Mastectomy forms
- Mastectomy prostheses
- Recovery care
- Swimwear

Milton

Adjust To Home Health Care
108 - 400 Bronte Street South
L9T 0H7 Adjust To Home Health Care
Phone: 905 878 1142
Website: www.adjusttohome.com

- Compression garments

Shapings Inc
15 Martin St., Unit 3
L9T 2R1
Phone: 905 636 9992

Contact the store directly to learn about the products they offer.

Mississauga

John S Orthopedic Specialties
304-2300 Eglinton Ave. West
L5M 2V8
Phone: 905 820 8330

Contact the store directly to learn about the products they offer.

Medical Mart Supplies Ltd
550 Matheson Blvd. West
L5R 4B8
Phone: 905 624 2011
Website: www.medimart.com

Contact the store directly to learn about the products they offer.

Stores in Ontario

Mississauga (continued)

Private Moments • Lingerie
259 Lakeshore Rd, East
L5G 1G8
Phone: 905 278 8055
Website: www.privatemoments.ca

Susan's Fine Lingerie & Swim • Lingerie
1224 Dundas St. West • Swimwear
L5C 4G7 • Bra fitting
Phone: 905 275 1224
Website: www.susansfinelingerie.com

Newmarket

Changes Lingerie Boutique Contact the store directly to learn
189 Main St. South about the products they offer.
L3Y 3Y9
Phone: 905 853 4673

Shoppers Home Healthcare Contact the store directly to learn
17725 Yonge St. about the products they offer.
L3Y 7C1
Phone: 905 953 9907
Website:
www.shoppershomehealthcare.ca

North York

GraceMD • Breast forms – mastectomy,
4915 Bathurst Street (Ground Floor) lumpectomy and reconstruction
M2R 1X9 • Mastectomy bras (after-surgery
Toll-free: 1 800 408 0625 cotton bras)
Phone: 647 748 6098 • Mastectomy swimwear
Website: <https://gracemd.ca> • Lymphedema compression
garments
• Wig, hat and turban for hair loss

Stores in Ontario

North York (continued)

Bra Boutique

5867 Leslie Street, Toronto M2H 1J8

Phone: 416 497 2350

Website: www.braboutique.com

Email: shop@braboutique.com

- Front closure bras
- Leisure bras and leisure forms
- Lumpectomy and mastectomy bras
- Post-surgical bras
- Camisoles
- Prosthesis
- Swimwear
- Bra fitting

Main Drug Mart

1100 Sheppard Ave. East

M2J 1G3

Phone: 416 221 1700

Contact the store directly to learn about the products they offer.

Soft Touch Mastectomy

3077 Bathurst St. Suite 203

M6A 1Z9

Phone: 416 782 5353

Email:

info@softtouchmastectomy.com

Website:

www.softtouchmastectomy.com

- Post surgical – prosthetics
- Breast forms, bras, camisole compression tops
- Lymphedema compression garments ready made and custom made
- Lymphedema compression therapy – Lympha-Press Pumps ADP, ODSP certified vendor / fitter

Thomas Specialty Health Care

2546 Weston Rd.

M9N 2A7

Phone: 416 242 3374

Email:

info@thomasspecialtyhealthcare.ca

- Mastectomy forms
- Partial breast forms
- Short-term breast forms
- Swimwear
- Compression garments

Stores in Ontario

Oakville

CIMS Medical
1235 Trafalgar Rd.
L6H 3P1
Phone: 905 845 0800

Contact the store directly to learn about the products they offer.

Goodnight Goodmorning
100 Bronte Rd.
L6L 3B7
Phone: 905 847 1512
Website:

www.goodnightgoodmorning.ca

- Lingerie
- Swimwear
- Mastectomy forms
- Mastectomy prostheses

Linea Intima
196 Lakeshore Rd. East
L6J 1H6
Phone: 289 291 3388
Website: www.lineaintima.com

- Bra fitting
- Mastectomy
- Lingerie

Shoppers Home Health Care
448 Speers Rd.
L6K 2G3
Phone: 905 844 1445
Website: www.Shoppershomehealthcare.ca

Contact the store directly to learn about the products they offer.

Orangeville

The Scented Drawer
143 Broadway
L9W 1K2
Phone: 1 877 441 9941
Website:

www.thescenteddrawerltd.ca

- Lingerie
- Sleep wear
- Yoga wear
- Mastectomy

Stores in Ontario

Pickering

CIMS Home Healthcare
106-1355 Kingston Rd.
Pickering Town Centre
L1V 1B8
Phone: 905 839 0364

Contact the store directly to learn about the products they offer.

Richmond Hill

Total Health Home Health Care
250 Harding Blvd. West
L4C 9M7
Phone: 905 737 8602

Scarborough

Apothecary Medical Shop
842 Markham Rd.
M1H 2Y2
Phone: 416 438 7000

- Mastectomy forms
- Mastectomy prostheses
- Breast prostheses

Amherst All Care Home Health
3462 Kingston Rd.
M1M 1R5
Phone: 416 261 6409
Website: www.yellowpages.ca

- Compression garments
- Front-closure bras
- Leisure bras
- Lumpectomy and mastectomy bras
- After surgery bras
- Prostheses
- Swimwear

Med+
Medical Equipment Distribution
Phone: 416 477 5960
Website: www.medplushealth.ca

Contact directly to learn about the products they offer.

Stores in Ontario

Scarborough (continued)

Mastectomy Services By Helen
46 Corinne Cres.
M1K 2Y9
Phone: 416 750 0920

- Bra fitting
- Mastectomy

Shoppers Home Health Care
685 McCowan Rd.
M1J 1K2
Phone: 416 431 4621

- Compression garments
- Lumpectomy and mastectomy bras
- Prostheses
- Swimwear (limited range)

Website:

www.Shoppershomehealthcare.ca

St. Catharine's

Charlotte Boutique
33 Lakeshore Rd.
L2N 7B3
Phone: 905 934 7303

Contact the store directly to learn about the products they offer.

Website: www.charlotteboutique.ca

Toronto - Princess Margaret Cancer Centre

Princess Margaret Wig Salon & Accessories Boutique (also known as the PM Boutique)
610 University Avenue
3rd Floor Room 3-642
M5G 2M9
Phone: 416 946 6596
Email: PMBoutique@uhn.ca

- After surgery bras, camisoles
- Post-surgical supportive garments and belts
- Breast forms and prostheses
- Lumpectomy and mastectomy bras
- Compression sleeves, stockings
- Custom compression garments

PM Boutique is owned and operated by UHN. We have a Certified breast prosthesis and compression garment fitter available for personalized consultations. **100% of proceeds support UHN!**

Stores in Ontario

Toronto

Ability Healthcare Supplies Inc
220 Lesmill Rd. M3B 2T5
Phone: 416 444 4470

Contact the store directly to learn about the products they offer.

Brava Boutique
25 King St West
M5L 2A1
Phone: 416 363 1843
Website: www.bravaboutique.ca

- Compression garments
- Front-closure bras and leisure bras
- Lumpectomy and mastectomy bras
- After surgery bras
- Prostheses
- Swimwear

Breast Shape 360
910 Queen St. West Suite B06
Toronto, M6J 1G6
Phone: 416 845 6390 or
1 866 788 4188
Website: www.breastshape360.com

- Free breast prostheses for eligible Ontario residents
- Pre-surgical and post-surgical bras and camisoles
- Mastectomy bras
- Breast prostheses for full and partial mastectomy

CIMS Drug Mart & Home Health Care
1901 Yonge St. M4S 1Y6
Phone: 416 483 1665

Contact the store directly to learn about the products they offer.

CIMS Home Health Care
1788 Avenue Rd. Unit 1
M5M 3Z1
Phone: 416 787 5550

Contact the store directly to learn about the products they offer.

Fitting Image Custom Breast
Prostheses Ltd.
62 Caistock Drive M9V 1H2
Phone: 416 740 3400
Toll-free phone: 1 877 740 3400
Website: www.fittingimage.ca

- Mastectomy forms
- Mastectomy prostheses

Stores in Ontario

Toronto (continued)

Healthtime Living Specialties
1340 Danforth Ave
M4C 1K4
Phone: 416 693 7676
Website: www.healthtime.me

- Mastectomy
- Stockings

Legs Plus Inc.
5867 Leslie St.
M2H 1W8
Phone: 416 497 2350

Contact the store directly to learn about the products they offer.

Linea Intima - in Andrews
55 Avenue Rd. M5R 3L2
Phone: 416 640 9225
Website: www.lineaintima.com

- Lingerie
- Bra fitting

Linea Intima
1925 Avenue Rd. M5M 4A2
Phone: 416 780 1726
Website: www.lineaintima.com

- Lingerie
- Bra fitting

Linea Intima - Bayview Village
35A-2901 Bayview Ave.
M2K 1E6
Phone: 416 221 9225
Website: www.lineaintima.com

- Bra fitting
- Lingerie

Melmira
3319 Yonge St.
M4N 2L9
Website: <https://melmira.com>

- Complimentary consultations before surgery
- Personalized fittings for after surgery compression
- Comfort bras
- Camisoles
- Breast forms

Stores in Ontario

Toronto (continued)

New Attitude Custom Breast
Prosthesis
910 Queen St. West Suite B06
M6J 1G6
Phone: 416 534 2762
Website: www.newattitudebreasts.ca

- Custom breast prostheses
- Custom partial breast prostheses
- Custom nipple prostheses
- Custom silicone inserts to increase symmetry after breast reconstruction

Premier Jour Lingerie and Swimwear
1288 St. Clair Avenue West
M6E 1C1
Phone: 416 654 1868
Website: www.pjlingerie.com/toronto

- Compression garments
- Lumpectomy and mastectomy bras
- Prostheses
- After surgery bras
- After surgery camisoles
- Swimwear

Shoppers Home Health Care
(Lawrence Plaza)
16-528 Lawrence Ave W M6A 3C9
Phone: 416 789 3368
Website: <https://shop.wellwise.ca>

- Compression garments
- Lumpectomy and mastectomy bras
- Prostheses
- Swimwear

Sophia's Lingerie
527 Danforth Ave M4K 1P7
Phone: 416 461 6113

Contact the store directly to learn about the products they offer.

The Therapy Studio
138 Main St M4E 2V8
Phone: 647 825 3432
Website: www.thetherapystudio.ca

Contact the store directly to learn about the products they offer.

Stores in Ontario

Unionville

Linea Intima

178 Main St.

L3R 2G9

Phone: 905 947 1744

Website: www.lineaintima.com

Contact the store directly to learn about the products they offer.

Vaughan

Justy Home Care Medical Supplies

60-3175 Rutherford Rd.

L4K 0A3

Phone: 905 532 9899

Website: www.justyhomecare.com

- Medical equipment and supplies
- Mastectomy forms
- Mastectomy prostheses

Woodbridge

AP Hayward Ltd

50 Villagewood Crt.

L4L 8V9

Phone: 905 851 7297

- Mastectomy forms
- Mastectomy prostheses

Divine Lingerie

7766 Martin Grove Rd, Unit 18

L4L 2C7

Phone: 905 266 0036

- Front closure bras
- Leisure bras
- Lumpectomy and mastectomy bras
- Post surgical bras
- Surgical bras
- Prosthesis are by appointment

Lovely Lingerie

7600 Weston Rd.

L4L 8B7

Phone: 905 850 4067

Website: www.lovelylingerie.ca

- Lingerie
- Mastectomy forms
- Mastectomy prostheses
- Bras

Programs that help cover the cost of these products

Some organizations help pay for mastectomy bras, prostheses, and swimwear. Read the section below to learn about each type. Ask a member of your health care team to speak with a social worker if you have any money-related concerns.

If you have private health insurance, check to see if they cover the costs for these products before you contact the programs below.

Ministry of Health and Long-Term Care

Breast prostheses

The Assistive Devices Program (ADP) covers part of the cost of breast prostheses for people who live in Ontario. This grant covers both ready-made and custom-made silicone breast prostheses and is given every 2 years.

The ADP gives 2 grants to women who had a double mastectomy (surgery to remove both breasts).

If you have private health insurance coverage that does not cover the full cost, the ADP may give you:

- \$195.00 if you buy a breast prosthesis
- \$135.00 if you buy a partial breast prosthesis

If you are on Ontario Works or the Ontario Disability Support Program, your case worker can help you apply to get the full cost covered.

ADP does **not** help cover the cost of:

- swimwear
- postsurgical bras
- swim prostheses
- garments
- nipple prostheses

How to apply:

To get the grant:

1. Buy the custom-made or ready-made breast prosthesis first.
2. Then, mail in the original receipt for buying the prosthesis with the ADP Breast

Grant form to the Ministry of Health and Long-Term Care:

Ministry of Health and Long-Term Care

Assistive Devices Program

5700 Yonge Street, 7th floor

Toronto ON M2M 4K5

Download the form here:

www.health.gov.on.ca/en/public/programs/adp/publications/breast.aspx

Private Insurance

Ready-made breast prostheses

Most private health insurance companies cover some of the cost of the ready-made breast prostheses. Some companies may even cover the full cost.

If you already have an ADP grant, you will need to submit those forms to your insurance company. Private insurance may help cover the cost left over. Save all receipts and records for what you bought.

Custom-made breast prostheses

Private health insurance companies may also cover custom-made, outside breast prostheses. Your insurance company will need to pre-approve your coverage and price of the prosthesis.

Before asking for pre-authorization:

1. Ask for a prescription from your doctor.

Visit the specialist who will be doing the custom-made breast prosthesis to talk about what documents you will need. The specialist you choose will know what to send to your insurer. They can help you prepare all the documents.

Make sure the specialist gives you:

- a quote for the custom made breast prosthesis along
- a detailed treatment plan to send to your insurer

If the insurance company declines your request, go back to the specialist who is making the custom-made breast prosthesis (Certified Clinical Anaplastologist).

The specialist can help you provide more information to the insurance company. Insurance companies often approve you with more information from the specialist.

Bras

Some private health insurance companies cover part of the cost of lumpectomy/ mastectomy bras. Check with your insurance company to find out what costs you are covered for.

For details about what you are covered for, contact either:

- your insurance company
- your employer's Human Resources department

Community Organizations

Some non-government groups help cover costs not covered by government programs. Some will also provide gently used prostheses, bras and undergarments to women who need them. Contact the organizations directly to learn more.

After Breast Cancer
1288 St. Clair Avenue West
Toronto, Ontario, M6E 1C1
Phone: 416 654 1868
Website: www.afterbreastcancer.ca

This service is offered through Premier Jour.

Breast Cancer Support Fund
39 Old Mill Road, Suite #1002
Toronto, Ontario, M8X 1G6
Phone: 416 233 7410
Email: info@breastcancersupportfund.ca
Website: www.breastcancersupportfund.ca

The Breast Cancer Support Fund provides short-term support for women with fewer resources. They will help with costs not covered or not fully covered by:

- health insurance
- social assistance or family income

Hearth Place Cancer Support Centre
86 Colborne Street West
Oshawa, Ontario, L1G 1L7
Phone: 1 905 579 4833
Email: hearthplace@hearthplace.org
Website: www.hearthplace.org

Hearth Place can help women with fewer resources. They provide gently used bras and prostheses at no cost.

Kelly Shires Breast Cancer Foundation
523 Elizabeth Street, Suite #203
Midland, Ontario, L4R 2A2
Local phone: 705 528 1053
Toll free phone: 1 877 4366467
Email: info@breastcancersnowrun.org
Website: www.kellyshiresfoundation.org

The Kelly Shires Breast Cancer Foundation helps women in active treatment cover expenses that are not covered by their private health insurance program. This includes:

- prosthetics
- specialized lingerie
- wigs

Canadian Cancer Society
National Office, 55 St Clair Avenue West, Suite 500
Toronto, Ontario M4V 2Y7
Local phone: 416 961 7223
Toll free phone: 1 888 939 3333
Website: www.cancer.ca

Canadian Cancer Society is a national, community-based organization and can direct cancer patients to various organizations for financial assistance.

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