

Buying Incontinence Products After Radical Prostatectomy Surgery

For patients returning to their urologist to have a catheter removed after radical prostatectomy surgery

After your radical prostatectomy surgery, you will go back to your urologist to have the catheter removed. We will give you an appointment before you leave the hospital. **This appointment is usually 10 to 14 days after surgery.** Please let us know if you will have your catheter removed somewhere else.

What is stress incontinence?

Most people have some stress incontinence after the catheter is taken out. Stress incontinence includes dribbling or leaking of urine and can last for a few weeks to a few months. It is usually caused by pressure on the bladder, like when you cough or sneeze.

How should I prepare for my appointment?

Before your appointment to remove the catheter:

- buy some incontinence products (pads)
- bring a pad with you to the appointment (or a few pads if you have to travel far)

Where can I buy them?

You can buy incontinence products at any drug store or grocery store.

What kind should I get?

We suggest buying the newborn baby diapers as they are cheaper and less bulky. There are also a variety of incontinence products on the market. Some examples include Depend, Tena and Poise.



Important disclaimer: The University Health Network does not recommend one brand over another and is not responsible for any products listed. Please contact each company directly to find out more about their products.



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