

# A Roadmap to your Discharge from the Hospital

After hospital stays, many patients can continue their recovery at home with appropriate home care services. This approach to care is called **Home First**, and UHN is committed to working with **Ontario Health atHome** to ensure patients receive the right care at the right time and in the right place.

Here is an overview of what to expect from admission to discharge. Please note that every patient's care journey is different, and some details may not apply to you.

