



# Going Home after Areola Tattoo

UHN

## For patients who had breast surgery

Read this pamphlet to learn more about:

- What you need to know when you go home
- How and when to change your dressing
- Who to call if you have questions

Please visit the UHN Patient Education website for more health information: [www.uhnpatienteducation.ca](http://www.uhnpatienteducation.ca)  
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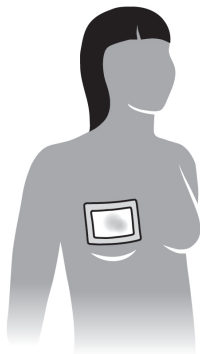




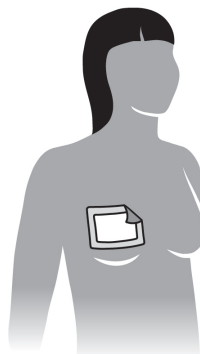
## How to take care of myself at home



- You can shower 24 hours after the procedure. Your dressing is waterproof, but try not to get the dressing wet.
- Gently pat it dry. Do not rub it.



- Some oozing where you had the tattoo is normal. It will dry up on its own.



- If the dressing starts to peel off, do not remove or change it. Secure it with tape. Apply gauze if it's oozing.

Follow any other instructions that your surgeon or nurse gave to you at the hospital.



## How to to change my dressing

- After the procedure, a nurse puts a dressing over the wound. You need to keep this dressing on for **7 days**.
- If the dressing smells bad, gets dirty or bloody, you may change it. Many people need to change their dressing half way through the week.

You will be given dressing supplies when you go home. You can also buy dressing supplies at your local pharmacy or health supply store.

- After 7 days, you can remove the dressing yourself.
- Let the scab fall off on its own. When it dries, do not peel it.

## What if I have questions?

Call your surgeon's office if you have any questions or concerns.

You can also call the Clinical Nurse Coordinator at:  
416-340-4800 extension 5161.