

Crisis Services



For patients and families

Contact these services to find the help you need, 24 hours a day.



Patient Education



UHN

Toronto General
Toronto Western
Princess Margaret
Toronto Rehab
Michener Institute

These resources may be able help you by phone, in your home, or in your community. Call each service to find out more details.

Community Helpline

Phone: 211 or 416 397 4636

- This is a free, 24 hour information and referral service. It can give you information about many different community resources, including housing, financial aid and other services.

Crisis Services

Centre for Addiction and Mental Health (CAMH)

Emergency Department, 250 College Street, Toronto Ontario

- This emergency department provides 24 hour, 7 days a week emergency assessment and treatment for adults with mental health and substance use problems. This service is not for medical emergencies.

Psychiatric Emergency Services, Toronto Western Hospital

399 Bathurst Street, Toronto Ontario

Phone: 416 603 5800 extension 2453

Pager: 416 790 6972

Urgent Care Clinic: 416 603 5809

St. Michael's Psychiatric Emergency Services

30 Bond Street, Toronto Ontario

Phone: 416 864 5346

Withdrawal Management/Central Access

Phone: 1 866 366 9513 or 416 864 5040

Distress Centre Crisis Line

Phone: 416 408 4357

Gerstein Centre Crisis Line/Mobile Unit

100 Charles Street East, Toronto Ontario

Phone: 416 929 5200

St. Joseph's Hospital/14 and 11 Division Mobile Crisis Team

Phone: 416 808 1400 or 416 808 1100

- Phone are answered from about 1:00 pm to 11:00 pm every day.

Assault and/or Abuse Resources

Assaulted Women's Helpline

Phone: 416 863 0511

Kids Help Phone

Phone: 1 800 668 6868

Rape Crisis Line

Phone: 416 597 8808

Toronto Police Victim Services

Phone: 416 808 7066

Child Abuse or Neglect Resources

Catholic Children's Aid Society

Phone: 416 395 1500

Children's Aid Society

Phone: 416 924 4646

Jewish Family and Child Services

Phone: 416 638 7800

Public Guardian and Trustee (PGT) Urgent Investigations Unit

Phone: 416 327 6348



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