

Chiropody Services at TW Family Health Team – Garrison Creek

Learn more about the foot care services our Chiropodists offer:

- prevention of foot conditions
- treatment of various foot problems
- nail care body

Contact us or for more information:

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What is Chiropody?

Chiropody is a health care profession that assesses and treats foot diseases or disorders.

What can a Chiropodist do for me?

Chiropodists are primary health care providers. We offer general and preventative foot care for many different foot conditions. We treat all parts of the foot, from skin infections to joint pain.

Chiropodists are trained to treat many different foot problems, including:

- thickened and ingrown toenails
- fungal nail or skin conditions
- foot, ankle, knee, hip or back pain
- corns, calluses and plantar warts
- diabetes related wounds
- arthritis related foot problems
- bunions and other toe deformities, congenital foot deformities
- dry and cracked skin
- neuromas and peripheral neuropathies
- sports injury and repetitive strain injuries

What might my treatment involve?

Your first visit will include a full foot exam to help us develop the best plan to meet your foot care needs. We may provide:

- footwear advice
- custom orthotics
- steroid injection or oral medicines
- minor procedures
- nail and skin management

Who needs foot care?

Chiropodists can help people of all ages. For example:

Children

- in toeing out toeing
- tired legs, asks to be carried
- painful, slow developing foot complications

Older adults

- corns and calluses
- nail care
- rheumatoid and osteoarthritis

Athletes

- repetitive strain injuries

People with diabetes

- risk of developing foot problems
- wound prevention and wound care

People with injury

- rehabilitation from injuries
- support of damaged joints

People with painful feet

- heel and arch pain
- fallen arches

Nail care services

For many people, the basic nail and foot care that our Chiropractors provide is enough. This includes cutting nails, filing, and teaching you how to properly care for your feet at home. Our basic nail care service can help people who have trouble reaching their feet, or people with thickened nails and less severe callouses.

Basic nail care services are available to all FHT patients and to the community.

People with diabetes often have trouble with their feet and need special care. The good news is that you can prevent serious foot problems caused by diabetes with regular nail care.

Is there a cost for nail care?

Yes, each nail care visit with a Chiropractor costs \$25.00.

This service is not covered under OHIP.



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