

Auricular Acupuncture

Acupuncture for Addictions Service

Toronto Western Hospital
399 Bathurst Street
Toronto, ON M5T 2S8
East Wing – 9th Floor

Office hours

Monday to Friday
8:30 am to 4:30 pm

Walk-in clinic hours

8:30 am to 10:30 am
2:00 pm to 4:30 pm
Phone: 416 603 5774
Fax: 416 603 5490



What we do

The Acupuncture for Addictions offers **auricular acupuncture**. Acupuncture is a healing practice based on the principles of traditional Chinese medicine.

Auricular acupuncture for addictions is based on the NADA protocol (National Acupuncture Detoxification Association) that involves placing 5 sterilized, disposable needles into specific sites on each ear. This type of treatment can help you if you are struggling with alcohol and substance use and works well together with other types of addiction treatments such as individual and group counselling.

To learn more about NADA visit:
www.acudetox.com/about-nada

Auricular acupuncture may reduce some symptoms such as:

- withdrawal
- cravings
- insomnia (trouble sleeping)
- anxiety

Who we serve

Our services are available to women and men over the age of 18.

The treatment is covered through OHIP. Treatment is voluntary, confidential and covered through OHIP.

The referral process

Self-referrals and professional referrals are accepted.

If you would like to refer yourself:

Please call us at 416 603 5774. A staff member will ask you a few brief questions over the phone. All our new clients must attend an orientation class. You can book the time for your orientation class when you call.

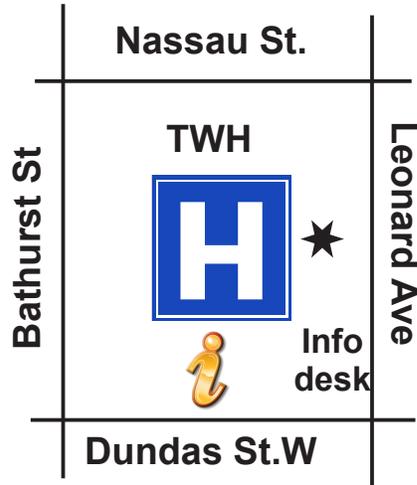
For professional referrals:

Please call the Administrative Assistant at 416 603 5774 for a Referral Form. Once it is completed, please fax it to 416 603 5490.

What to do when you arrive

- Go to the Community Mental Health and Addictions Program at Toronto Western Hospital. Take the East elevators to the 9th floor (see map on the back).
- Arrive at least 15 minutes before your appointment time to register. You must bring your health card (OHIP). If you do not have an OHIP card, please bring another form of government-issued photo ID (such as a driver's license, passport, or other provincial health card).
- If you need to register, go to Admitting, which is located on the 1st floor of the hospital. Please ask the information desk if you need help finding it.

Toronto Western Hospital



★ Take East elevators
to the 9th floor

How to find us

By subway: Exit at Bathurst station on the Bloor line and take the Bathurst streetcar south to Dundas Street West.

By car from the north: Take the Don Valley Expressway. Exit at Spadina Avenue and travel northbound to Dundas Street. Turn west and drive until Bathurst Street.

By car from the south: Take the Gardiner Expressway, exit on Spadina Avenue and travel northbound to Dundas Street. Turn west and drive until you reach Bathurst Street.

Parking

Parking is available in the Nassau Street lot.

Visit www.uhnpatienteducation.ca for more health information.

Contact us to provide feedback or request this brochure in a different format, such as large print or electronic formats: pfep@uhn.ca

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