

Your Complex Brain - Season 2

Well, it's no surprise. Since last season, our brains haven't gotten any less complex! But that just means there are even more stories to share about the mysteries, myths and science behind how our brains work, and what keeps our brains healthy and fit.

On Season 2 of our popular podcast Your Complex Brain, we'll highlight the latest research, technology and innovations in brain science by speaking with thought leaders & experts, as well as patients, their families and the dedicated care teams on the front lines of keeping our brains healthy - and fixing them when illnesses arise.

This season, we'll be looking for answers to some pretty big questions – such as, 'Is stress contagious?' 'Why are many women living with brain disease experiencing a delay in diagnosis?' And, 'How could advances in technology improve outcomes for patients who undergo deep brain stimulation?'

And those are just the first three episodes!

There are a million amazing things to know about your complex brain – and we couldn't be more excited to explore them with you.