











# **Toronto Central CCAC Planning for Long Term Care**





#### **CCACs - Who We Are**

#### 14 CCACs across Ontario that align with LHINs





Single point of access to community-based health care

Supporting our people to navigate a complex system





Serve over 600,000 clients of all ages across Ontario annually

Funded by annual budget from MOHLTC through each LHIN



#### Vision:

Outstanding care - every person, every day

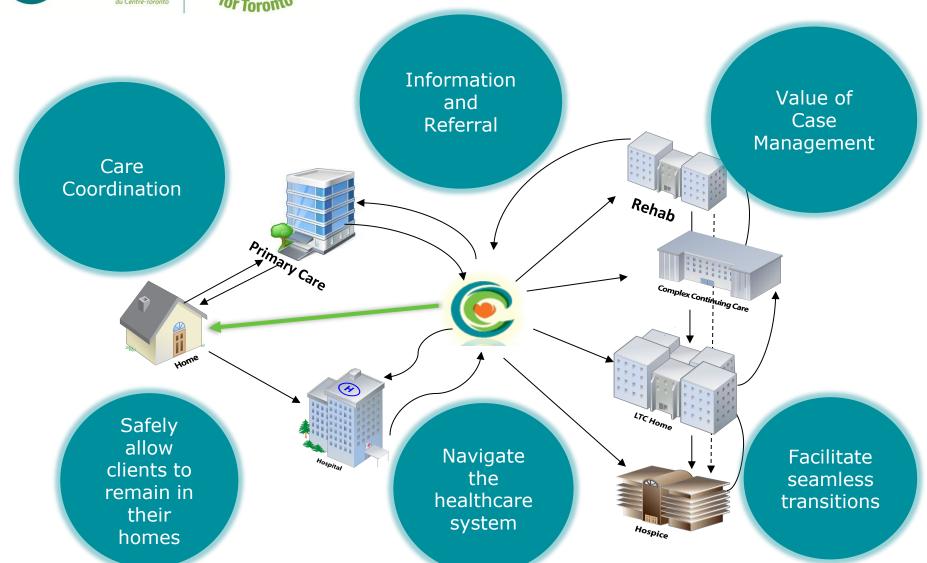
a seamless
experience through
the health system
for people in our
diverse
communities,
providing equitable
access,
individualized care
coordination and
quality health care

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#### What We Do







# When is a Long-Term Care Home necessary?

- Health condition requires a high level of personal support or ongoing nursing care
- Care needs exceed what can be provided by family and other services available in the community.





### What is the Placement/ Admission Process to LTCH?

Community Care Access Centres are the designated placement coordinators under the:

LONG TERM CARE HOMES ACT- 2007

This legislation regulates the various steps and activities in the placement process, leading to an admission to a LTCH





# What is Placement Services Responsible for?

- Counselling clients on the process of entry into Long-Term Care
- Determining eligibility for admission to LTC
- Determining priority for admission and placing all eligible applicants in the appropriate prioritization categories for the waiting list
- Keeping and managing the waiting lists for admission to LTC
- Authorizing admission to LTC
- Requesting approval from LTC home's for admission





# What is the Admission Process to a LTCH?

- **Step 1:** Enquiry
- **Step 2:** Provision of Information
- **Step 3:** Application Package and Assessment
- **Step 4:** Eligibility determination and priority category
  - assigned
- **Step 5:** Acceptance or Refusal of the application by clients
  - chosen LTC homes. Waiting for admission
- **Step 6:** Wait lists; Admission to Long-Term Care with
  - follow up





### **Step 2: Information**

A CCAC health care professional is available to work with you as you go through process of selecting a home. Factors which may inform your decision about which homes to apply to may include:

- Religious / Cultural needs
- Services offered to meet needs
- Location, proximity to visit / TTC
- Type of accommodation offered (basic, semi, private)
- Length of wait lists

The best way to make decisions about choices is to visit





#### **Step 3: Placement Application Process**

The application package consists of seven mandatory forms:

- 1. Application for Determination of Eligibility for LTCH
- 2. Evaluator Questionnaire and Rights Sheet
- 3. RAI-MDS Assessment
- 4. The Health Report
- 5. Behavioural Assessment (gathered through the RAI and or a separate assessment)
- 6. The LTCH choice sheet





#### **Step 4: Eligibility for Long-Term Care**

Eligibility is determined by the CCAC Care Coordinator when application package is complete

To be Eligible, the applicant must meet all of following:

- Applicant must be 18 years of age or over
- The applicant is insured under the Ontario Health Insurance Act
- The applicant's care requirements can be met in a LTC Home





#### **Step 4: Eligibility Criteria**

Applicant must meet One of the following:

- Applicant requires that nursing care be available on-site 24 hours per day
- Applicant requires assistance, at frequent intervals throughout the day, with activities of daily living
- Applicant requires on-site supervision or monitoring at frequent intervals throughout the day to ensure his or her safety or well-being
- Client applying as a Spouse/Partner or Veteran





#### **Step 4: Long-Stay Applications**

For long-stay applications, must meet one of following criteria:

- None of the publicly funded, community-based services available to the applicant and the other caregiving, support or companionship arrangements available to the applicant's requirements
- Applicant does not meet care need requirements for LTC but wishes to reside in a long-term care home with spouse/partner
- Applicant does not meet care need requirements for LTCH but is a Veteran





# Step 5: Acceptance or Refusal of Application

- Application package is forwarded to a maximum of five LTC homes chosen by the applicant
- According to legislation the LTCH must notify the applicant and the CCAC within 5 working days whether they accept or refuse the applicant
- In case of crises placements, LTC homes are encouraged to respond within a shorter period of time





#### **Step 6: Admission**

- Wait list times vary by LTCH, accommodation rate and level of care (vary from days, months to several years)
- Client and family are expected to be available for a bed offer at any time, and keep CCAC updated with contact information
- CCAC may ask for assistance in keeping assessments current every 6 months and required 3 months prior to admission
- When space available, CCAC will contact client /family member to make offer, response required by regulation within 24 hours
- Admission within 5 days, with accommodation rates to apply
- Refusal of offer results in file closure which includes removal from all wait lists, and can re-apply in 12. By assessment, may apply earlier if significant changes in health (i.e., crisis)





## **Long Term Care Fees**

- All licensed Long-Term Care Homes are legislated
- All fees for Long-Term Care are set by the Ministry of Health
- Subsidy is available for clients in Basic accommodation





#### **Crisis Placement**

Crisis category is defined in Regulations under the Long-Term Care Homes Act, 2007:

When a client is designated a crisis by the Care Coordinator:

Client requires immediate admission as a result of their condition or circumstances putting them at significant risk if they remain in their current environment





## **Short Stay - Convalescent**

Supportive and Rehabilitative care provided in selected LTCHs to help you regain strength before returning home after an illness or surgery

- Must be LTC eligible
- Goal oriented / time-limited
- Covered under OHIP
- Cannot exceed 90 days, and may be shorter if goals are achieved.
- Return to his/her residence





## **Short Stay - Respite Care**

Ideal if all you need is a brief stay in Long-Term Care Home while your caregiver is on vacation or taking a rest. There are select LTCHs that offer short stay respite and a daily rate applies. The maximum is 90 days within a calendar year. To be eligible:

- the applicant's caregiver requires temporary relief from caregiving activities or requires temporary care in order to continue to reside in the community and is likely to benefit from a short stay in a home
- It is anticipated that applicant will be returning home 60 days after admission





# **Questions?**

Thank you

