

Applying for Ontario Disability Support Program



Applying to the Ontario Disability Support Program (ODSP) is now easier.

If you have a disability and need help with your living expenses, you may be eligible for the **Ontario Disability Support Program**.

ODSP offers:

- income support to help you and your family with monthly living expenses
- benefit for you and your family, including prescription drugs and vision care
- employment supports to help you finding and keep a job or advance your career.

To get ODSP you must be:

- at least 18 years old (If you're under 18, you can apply up to six months before your 18th birthday.)
- an Ontario resident
- in financial need
- meet the program's definition of a person with a disability or be a member of a prescribed class.

If you get a letter from a Developmental Services Ontario (DSO) office saying that **you are eligible for adult developmental services and supports**, this means that you may also be eligible for ODSP.

Be sure to keep the letter. It is an important part of your ODSP application.

What this means:

- You still have to **apply** for ODSP, but
- You **can skip the** disability determination stage.
- You **must also meet** all other ODSP eligibility conditions (listed above).

Even if you get a letter from the DSO **saying you are not eligible** for adult developmental services and supports, **you still can apply for ODSP**. You will need to submit a Disability Determination Package as part of your application.

How to apply for ODSP income support:

1. Online

By applying online, you can:

- Find out if you might be eligible for ODSP Income Support
- start the application process.

To find out more about the Online Application for Social Assistance, visit:

<https://www.ontario.ca/page/social-assistance>

2. In person

Contact your local ODSP office and ask to set up a meeting.

To find your local office visit:

<https://www.ontario.ca/page/ontario-disability-support-program>

If you can't get to the local ODSP office or the appointment, a meeting at another location can be arranged.

3. By phone

Call your local ODSP office to complete the application over the phone.

To find your local office visit:

<https://www.ontario.ca/page/ontario-disability-support-program>

