

UHN Memory Clinic – COVID-19 Resources for Patients and Caregivers

Visit the UHN.ca COVID-19 website for information about your care during the pandemic. If you are coming to the hospital, be sure to check the website for important updates about hospital access. <https://www.uhn.ca/covid19>

Telehealth Ontario

<https://www.ontario.ca/page/2019-novel-coronavirus>

Toronto Public Health

<https://www.toronto.ca/home/covid-19/>

Checklist: Thinking About Removing Your Loved One from Long-term Care During COVID-19?

Source: CanAge

[https://ddbfacb0-fa8a-4eb5-8489-](https://ddbfacb0-fa8a-4eb5-8489-86cf8fcc173.filesusr.com/ugd/f614ae_95b8c5dd5f3446fe821f4b166add0db9.pdf?index=true)

[86cf8fcc173.filesusr.com/ugd/f614ae_95b8c5dd5f3446fe821f4b166add0db9.pdf?index=true](https://ddbfacb0-fa8a-4eb5-8489-86cf8fcc173.filesusr.com/ugd/f614ae_95b8c5dd5f3446fe821f4b166add0db9.pdf?index=true)

During the COVID-19 pandemic, should I go to live elsewhere or stay in my retirement/assisted-living home?

Source: Decision Aid

<https://decisionaid.ohri.ca/docs/das/COVID-MoveFromRetirementHome.pdf>

Activities for Older Adults During COVID19 - A guide to online resources for those providing care for people with dementia

Source: The Health Innovation Network

<https://healthinnovationnetwork.com/wp-content/uploads/2020/04/Maintaining-Activities-for-Older-Adults-during-COVID19.pdf>

COVID-19 Messaging Boards - Memory Supports - for people with Dementia

Source: DementiAbility

https://www.dementiability.com/resources/2-COVID-19-Book%20for-Dementia-in-LTC-in_Canada.pdf

How to prevent and support delirium in an older adult in hospital or a care home, when you can't visit in person

Source: Regional Geriatric Program

<https://www.rgptoronto.ca/wp-content/uploads/2020/04/How-to-prevent-and-support-delirium-in-an-older-adult-when-you-can%E2%80%99t-visit-in-person.pdf>

Infographic on how to care for those living with dementia, stroke, and neurodegenerative disease during the COVID-19 pandemic

Source: Ontario Neurodegenerative Diseases Research Initiative (ONDRI)

<https://www.rgptoronto.ca/wp-content/uploads/2020/03/covid19-Final.png>

Alzheimer Society of Toronto online and virtual sessions

https://on.alz.to/site/SPageServer/?pagename=AST_Connections_that_Matter

Alzheimer Society of York: Living Safely - plus tips and resources to help during COVID-19

<https://alzheimer.ca/en/york/We-can-help/Living-Safely>

Alzheimer Society of Peel: Online Education Schedule for Caregivers

<https://alzheimer.ca/en/peel/We-can-help/Public%20Education/Upcoming%20Sessions>

Alzheimer Society of Durham: Public Education Online Sessions and Virtual Events

https://on.alz.to/site/SPageServer/?pagename=ASDR_Connections_that_Matter

CurePSP Resources for the Coronavirus Crisis

<https://www.psp.org/covidresources/>

Coronavirus tips for dementia care from the Alzheimer Association (US)

<https://alz.org/alzheimers-dementia/coronavirus-covid-19>

These COVID-19 resources were collected in collaboration with Behavioural Supports Ontario (BSO)

Source: BrainXchange

<https://brainxchange.ca/COVID-19.aspx>

COVID-19: CRITICAL FAQs from the Planning Network

<http://www.planningnetwork.ca/en-ca/resources/28358/COVID-19-FAQ?agilityts=20200407012735>

Exercises for Older Adults Who Were Previously Mobile and Able to Leave the Home

Source: Regional Geriatric Program

<https://www.rgptoronto.ca/wp-content/uploads/2020/04/COVID-19-Mobilization-in-older-adults-FINAL.pdf>

How Older Adults Can Stay Active Indoors During the Covid-19 Pandemic

Source: Regional Geriatric Program

<https://www.rgptoronto.ca/wp-content/uploads/2020/04/SLoT-Intervention-COVID19-2020-04-13.pdf>

COVID-19 and FTD

Source: The Association for Frontotemporal Degeneration

<https://www.theaftd.org/living-with-ftd/covid-19-and-ftd/>

COVID-19 Information and Services Guide

Source: Seniors Care Network

https://seniorscarenetwork.ca/wp-content/uploads/2020/06/SCN_Covid-19-Info-Guide_v2-050620.pdf