# Indigenous Patient Navigator

## Health Program

Indigenous

### How Our Navigators Help

Accompany community members to healthcare appointments and hospital stays, offering holistic support and guidance throughout the medical journey.

Assist community members in accessing essential hospital resources and connecting with external community support services.

Provide traditional medicines and cultural items to support healing and well-being.

Arrange cultural and spiritual practices, such as Smudging, Drumming, Pipe Ceremonies, and facilitate meetings with Elders, Healers, or Knowledge Keepers.

Support patients comprehensively, addressing physical comfort, emotional well-being, mental health, and spiritual needs during hospital visits.

#### Contact Us

Indigenous Patient Navigator (All Sites, excluding the Emergency Departments) 647-309-1794 Ext. 6247

Emergency Department Indigenous Patient Navigator - Toronto General 437-553-5453

Emergency Department Indigenous Patient Navigator - Toronto Western

437-246-4652

#### General Inquiries

416-340-4800 Ext. 7858

#### Email

IndigenousHealth@uhn.ca

Telephone or email referrals accepted through any of the contact details listed, or via Epic.