

2022 AT A GLANCE



3,484
Canadians waiting for a kidney or liver transplant
CIHI, 2022

OUR MISSION

To improve access to living organ donation for people who need a life-saving kidney or liver transplant and those who want to give a transformative gift of life.



JANUARY

Centre releases mental health resources
Covid, the holidays and the stress of dealing with major life changes and health issues take a toll. To support caregivers, transplant recipients and people on the waitlist, the Centre produced a series of webinars and resources on coping with grief, building resilience and the therapeutic benefits of expressive writing. All on @givelifeuhn.

FEBRUARY

Centre celebrates 100 anonymous living liver donors at UHN

Since 2005, more than 100 men and women have donated a part of their liver to someone on the transplant list they did not know. Their act of generosity has saved over 100 lives, many of them children. For research on why donors choose to remain anonymous, [click here](#).



MARCH

Centre Team grows

Multimedia storyteller and content creator, Samina Sultana joins team as Communications Assistant; and transplant advocate and living donor kidney recipient, Candice Coghlan, brings her expertise to the role of Education & Outreach Coordinator. Bios [here](#).



APRIL

Centre collaborates with ACB Organ Health YouTube Channel to promote organ donation

#BeADonor Month was busy. From a fun-filled Transplant Trivia episode hosted by entertainer and living kidney donor, Michael Teigen, to a touching livestream on Trust & Gratitude, to Green Table Talk episodes with VIPs, to public awareness on why and how to register to be an organ donor - we did it all!



MAY

Centre launches Storytelling Saturdays to give hope to people on transplant list

Every Saturday, a new story of generosity, perseverance and strength to inspire those newly diagnosed and everyone who wants to be part of their future. View the Storytelling Saturdays archive [here](#).



JUNE

Centre partners with Canadian Liver & Kidney Foundations on webinar series

Navigating the world of transplant can be difficult for patients and caregivers. We teamed up with partners on a topical webinar series to provide information and supports for people with kidney or liver failure and their families. Recordings are available on [YouTube](#) @givelifeuhn.



JULY

Season 3 of Living Transplant podcast opens with new format and new host

Listen in as Candice Coghlan and her guests explore pregnancy after transplant, go behind the scenes at Canada's leading research conference or delve into diabetes, cystic fibrosis, cancer, multi-organ transplant and more. A compelling story, a fun tidbit and information you can use in every episode. Listen [here](#).



AUGUST

Centre works to address the needs of patients from diverse communities

In addition to supporting the ACB Organ Health YouTube Channel, we held educational events on liver and kidney disease to address the needs of South Asian, Francophone, and Cantonese, Mandarin and Korean-speaking communities

SEPTEMBER

Communities across Canada celebrate Living Donation Week 2022

Over 25 landmarks across Canada lit up green and white between September 11 and 17. The week also featured a virtual Celebration Event and Gratitude Wall, webinar on how to find a donor, Living Transplant podcast episode and more. [Livingdonationweek.ca](#)



GREAT ACTIONS LEAVE A MARK

OCTOBER

Centre teams up with YE Agency & transplant partners on Great Actions campaign

Inspired by a mother's journey, Great Actions Leave A Mark highlights the stories of 40+ living kidney and liver donors and recipients from diverse communities and walks of life. [greatactions.ca](#)



NOVEMBER

Centre partners with Hope Air to provide top-up travel support and reduce financial barriers to living donation

The new GivelifeUHN Program delivered by Hope Air, arranges free travel & accommodation for living donors, their caregivers and recipients who have exhausted public funding sources. The initiative funded by the UHN Foundation, will help those traveling from the Ajmera Transplant Centre from northern & remote areas, or from out of province. [Learn more](#)

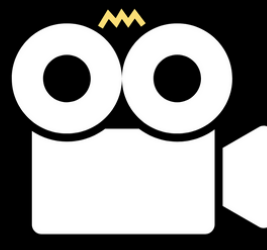


DECEMBER

#ShareTheShorts youth video competition promotes organ donation awareness

#ShareTheShorts is a short-form video competition open to youth ages 12-18 years in Canada & US. Up to \$30K in cash and prizes. Submissions due quarterly at [bit.ly/sharetheshorts](#). More info on [tiktok.com/@sharetheshorts](#).

#ShareTheShorts



164
Lives saved by living kidney & living liver donors at UHN in 2022



UHN

Centre for Living Organ Donation

BE PART OF THEIR FUTURE

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