



# Personalized education and support along your cancer journey

People with cancer face many short- and long-term health challenges before, during and after treatment.

*reach* is an online tool for cancer rehabilitation, designed by clinicians, researchers, and patients that empowers you to manage your side effects from treatment.

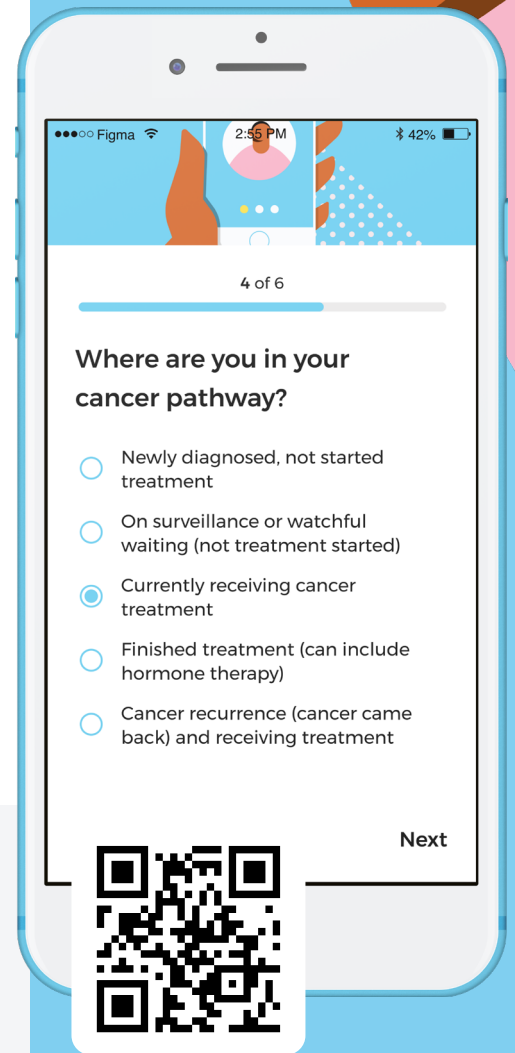
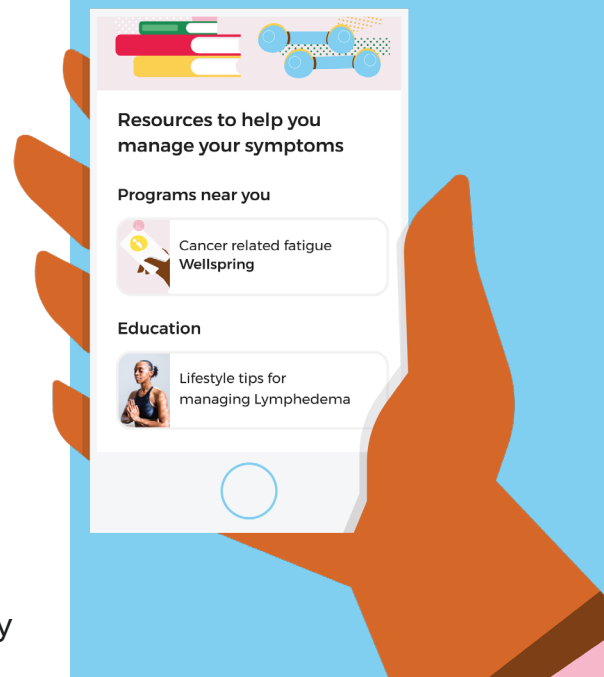
## How does *reach* work?

- 1 Create an account on *reach* using a personal email
- 2 Answer a few short questions about your physical symptoms during and after treatment
- 3 Receive personalized resources to help you manage your symptoms

## Register on [reach.uhn.ca](https://reach.uhn.ca)

Available for adults with breast, colorectal, lymphoma, or head and neck cancer.

*reach* is only available in English.



Scan the QR code to learn more about *reach* or contact us at [reach@uhn.ca](mailto:reach@uhn.ca)

